HEALTH VALUE DASHBOARD



APRIL 2023



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What is the Health Value Dashboard?

The Health Policy Institute of Ohio's Health Value Dashboard is a datarich tool to track Ohio's progress towards health value — a composite measure of population health outcomes and healthcare spending.

The Dashboard provides a picture of Ohio's performance compared to other states using the most recently available data. The Dashboard relies upon publicly available data from 77 sources. Most of the metrics in the Dashboard have data from 2020 onward, allowing for analysis of the impact of the COVID-19 pandemic.

For more information

Visit the **2023 Health Value Dashboard webpage** to access the following materials that provide additional detail about the Dashboard methodology and data:

- Process and methodology
- Frequently Asked Questions (FAQ)
- Ranked metric appendix with descriptions, years, sources and Ohio data
- Equity metric appendix with descriptions, years, sources and Ohio data

Note on language HPIO uses to describe populations and individuals HPIO follows the Associated Press Stylebook in descriptions of races and ethnicities. See HPIO's webpage for a more detailed explanation.



44 Ohio ranks 44th on health value out of 50 states and D.C.

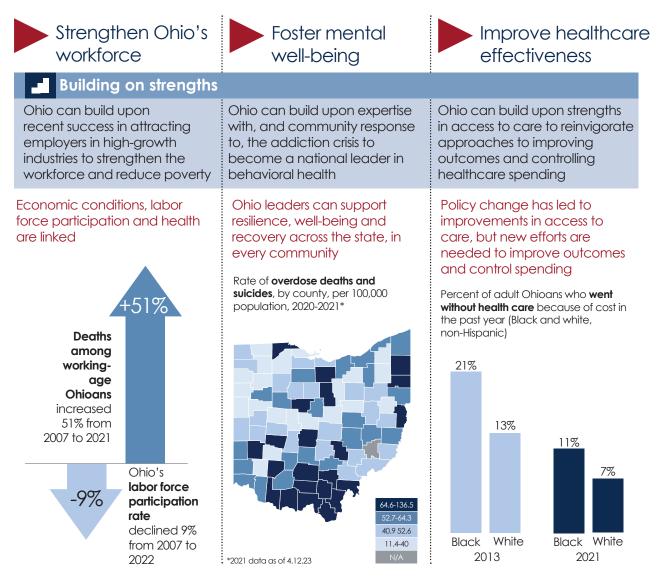
Health value = Population health metrics + healthcare spending metrics

What have we learned?

After compiling five editions of the Health Value Dashboard over the past 10 years, it is clear that Ohioans continue to live less healthy lives and spend more on health care than people in most other states.

How can Ohio improve?

Ohio policymakers have many options to build on Ohio's assets to create opportunities for prosperity and well-being throughout the state.



Data sources are available in data appendices posted on the **2023 Health Value Dashboard webpage.** For more information about how health value is calculated, see **methodology**.

NINE POLICIES THAT WORK

By adopting evidence-informed policies and working with private sector partners, policymakers can establish Ohio as a leader in health value. Below are examples of policy options to achieve this goal.

Strengthen Ohio's workforce

- Career technical education (CTE). Increase funding for CTE facilities and equipment and foster collaboration between K-12 CTE programs, Ohio Technical Centers, community colleges and employers. Sector-based workforce initiatives and work-based learning programs, such as the **Innovative Workforce Incentive Program**, can increase the number of industry-recognized credentials earned by Ohio students for in-demand jobs, as well as increase the variety of available credentials.
- **Childcare subsidy.** Expand initial eligibility for childcare subsidies to 200% of the federal poverty level (FPL) to provide access to child care for more families with low and moderate incomes, allowing them to enter or stay in the workforce.
- **Paid family leave**. Offer paid family leave benefits for 12 weeks or more and eliminate or mitigate the impact of waiting periods to access paid leave benefits (public and private employers), increasing the ability of workers with caregiving responsibilities to remain in the labor force.

Foster mental well-being

- Mental health and addiction workforce recruitment and retention. Establish a long-term, sustained state commitment to build the capacity of behavioral health providers, including tuition reimbursement, loan repayment, paid internships and pipeline training programs focused on underserved areas, and evaluate professional licensure laws to ease entry into professional jobs after graduation.
- Integration of mental and physical health. Expand statewide implementation of Certified Community Behavioral Health Clinics (CCBHC), a coordinated, comprehensive care model that includes medication-assisted treatment, crisis services, peer support, quality standards and other evidencebased approaches.
- **Recovery housing.** Increase the supply and quality of housing options for adults and families in recovery through partnerships between recovery housing operators and affordable housing developers and add requirements that residences be certified or accredited (as designated by the Ohio Department of Mental Health and Addiction Services [OhioMHAS]).

Improve healthcare effectiveness

- **Primary care workforce training.** Build on existing momentum toward increasing access to highquality, community-based primary care. Support the **Primary Care Workforce Initiative** to increase the capacity of Federally Qualified Health Centers, focusing on evidence-based chronic disease prevention and dental care in underserved areas.
- School-based health services. Extend the reach of primary care, dental and mental health services to children and families by funding expansion of school-based health services to more Ohio schools and exploring payment models that remove barriers to market entry and enhance school-based healthcare reimbursement.
- **Cost containment.** Provide strong state leadership to reinvigorate efforts focused on controlling healthcare spending. One option used by states with better performance on health value has been to set a **cost growth benchmark** an annual target for the state's overall per capita healthcare cost growth, supported by transparency, accountability and cost-growth-mitigation strategies.

Strengthen Ohio's workforce

The challenge

Ohio's workforce is facing serious challenges:

- Labor force participation continues its long-term decline¹, with Ohio falling behind most other states.
- Ohio has more barriers to employment and wage growth than most other states, such as lower rates of postsecondary education and higher rates of incarceration and child abuse and neglect.
- Deaths among working age Ohioans are **increasing**, driven by addiction, violence, suicide and chronic disease.
- Many working Ohioans do not earn enough to cover housing and child care costs, leaving too many families experiencing poverty, food insecurity and housing instability.

The opportunity

Ohio can build upon recent success in attracting new employers in high-growth industries to strengthen the workforce and reduce poverty:

- The state's strong manufacturing base, strategic location and educational infrastructure has attracted new investments from major employers, such as Intel, Honda, Ford and LG Energy Solutions.
- Further building upon these strengths including 200 corporate headquarters, 14 public universities and 23 community colleges — can lead to a robust workforce that meets the needs of employers and reinvigorates local communities.
- With strategic investments in vocational education and work supports, more Ohioans can join the labor force and increase their earnings, which will reduce poverty and improve health.

Connecting a stronger workforce to better health and equity

Leverage economic renewal

- Increase employment and income
- Reduce poverty

Improve health

- Stable employment and self-sustaining income contribute to healthcare access and healthier behaviors.
- Better health, in turn, supports higher income-earning potential because healthy workers are less likely to miss work or leave a job due to illness or death.
- Other factors like low educational attainment, trauma, incarceration and discrimination negatively affect both income and health.

Policies to drive improvement

- Career technical education (CTE). Increase funding for CTE facilities and equipment and foster collaboration between K-12 CTE programs, Ohio Technical Centers, community colleges and employers. Sector-based workforce initiatives and work-based learning programs, such as the Innovative Workforce Incentive Program, can increase the number of industry-recognized credentials earned by Ohio students for in-demand jobs, as well as increase the variety of available credentials.
- **Childcare subsidy.** Expand initial eligibility for childcare subsidies to 200% FPL to provide access to child care for more families with low and moderate incomes, allowing them to enter or stay in the workforce.
- **Paid family leave.** Offer paid family leave benefits for 12 weeks or more and eliminate or mitigate the impact of waiting periods to access paid leave benefits (public and private employers), increasing the ability of workers with caregiving responsibilities to remain in the labor force.

Foster mental well-being

••••••

The challenge

- Across the U.S. and in Ohio, the toll of behavioral health crises continues to rise, including increases in drug overdose and suicide deaths.
- Ohio performs worse than most other states on drug overdose, adult smoking and youth e-cigarette use rates.
- The adult depression rate has worsened, and significant disparities in depression rates persist for Ohioans with low incomes and those who are part of the LQBTQ+ community.
- Ohio's behavioral health workforce is not large enough to meet rising demand.

 Adult depression in Ohio, by annual household income, 2021

 Less than \$15,000

 \$15,000 - \$24,999

 \$25,000 - \$34,999

 \$25,000 - \$34,999

 \$26%

 \$35,000 - \$49,999

 \$20,000 - \$99,999

 \$100,000 - \$199,999

 \$200,000+

 \$200,000+

The opportunity

- Ohio has decades of expertise in responding to the addiction crisis and fighting stigma and is committed to building the behavioral health workforce for the future.
- There is strong support for leveraging telehealth services and medication-assisted treatment to address addiction.
- The state has also improved overall access to care over the past decade, which is an important advantage to getting more Ohioans the help they need.

Certified opioid treatment program sites in Ohio



Ohio now has more widespread access to medication for opioid use disorder than many other states. Progress also has been made in the use of telehealth, the launch of the 988 crisis line and other crisis system improvements, and training of Peer Recovery Supporters.

Connecting improved treatment to better well-being and health equity

Leverage Ohio's leadership and treatment assets Improve treatment and recovery outcomes Improve overall well-being and health equity

Policies to drive improvement

- Mental health and addiction workforce recruitment and retention. Establish a long-term, sustained state commitment to build the capacity of behavioral health providers, including tuition reimbursement, loan repayment, paid internships and pipeline training programs focused on underserved areas, and evaluate professional licensure laws to ease entry into professional jobs after graduation.
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- **Recovery housing.** Increase the supply and quality of housing options for adults and families in recovery through partnerships between recovery housing operators and affordable housing developers and add requirements that residences be certified or accredited (as designated by OhioMHAS).

Improve healthcare effectiveness

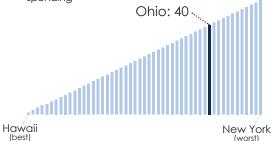
The challenge

- Ohioans have higher total out-ofpocket spending on health care than people in most other states, and per-person costs to Medicare and employers are also high.
- Ohioans live shorter lives than people in most other states, and life expectancy has declined in recent years.
- While factors outside of health care play a significant role in Ohioans' poor health, Ohio performs worse than other states on many metrics related to healthcare utilization and quality.

The opportunity

- Ohio can reinvigorate approaches to improving outcomes and controlling healthcare spending.
- Ohio's relatively low uninsured rate has reduced affordability barriers, and progress has been made toward more equitable access to care.
- Ohio can build upon the success of collaborative healthcare quality improvement projects² and advanced alternative payment models.
- Healthcare organizations, including Ohio's hospitals, local health departments, commercial insurers and Medicaid managed care plans, are well-positioned to lean into these strengths to improve outcomes.

Health Value Dashboard ranks for healthcare spending



Health Value Dashboard rank for primary care access subdomain



Connecting access to better health outcomes and reduced spending

Leverage access and primary care assets Provide leadership to control spending

- Improve healthcare outcomes
- Prevent need for costly downstream care and reduce spending growth

Policies to drive improvement

- **Primary care workforce training.** Build on existing momentum toward increasing access to highquality, community-based primary care. Support the **Primary Care Workforce Initiative** to increase the capacity of Federally Qualified Health Centers, focusing on evidence-based chronic disease prevention and dental care in underserved areas.
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PROGRESS TOWARD HEALTH VALUE

When looking at trends in individual metrics, Ohio saw slightly more improvement than worsening:



How policy change contributes to improvement The following examples illustrate ways that policy change contributes to progress:

Metric	Factors that likely contributed to progress		
Care within reach			
The percent of Ohioans unable to see a doctor due to cost declined from 12% in 2019 to 8% in 2021. Similarly, the percent of Ohioans without a usual source of care fell from 20% in 2019 to 14% in 2021.	Starting in 2020, the federal government prohibited states from removing enrollees from Medicaid as a requirement for receiving additional federal funds, which contributed to a 27.2% increase in the number of Ohioans covered by the program (from March 2020 to January 2023) and prevented the uninsured rate from rising due to job loss at the beginning of the pandemic. The continuous enrollment policy ended in April 2023.		
Hospital quality for m	others and infants		
Ohio's score on breastfeeding and infant care supports provided at hospitals and birthing facilities increased from 78 in 2018 to 84 in 2020 (out of 100 as the highest possible score).	Healthcare and public health organizations have led several efforts to increase breastfeeding in Ohio. For example, in 2015, the Ohio Department of Health and Ohio Hospital Association launched the Ohio First Steps for Healthy Babies program, which offers resources for hospitals and birthing centers to implement best practices to support breastfeeding. An evaluation found that longer participation in the program and achievement of more " baby-friendly " policy and practice steps was associated with increased breastfeeding rates. ³ As of early 2023, 99% of Ohio's delivery hospitals were participating. ⁴		
Health department q	juality		
As of January 2023, 70% of Ohio's local health departments were accredited through the national Public Health Accreditation Board (PHAB), up from 35% in November 2020.	Ohio is the only state with an accreditation requirement for local health departments. ⁵ Health departments report that the accreditation process catalyzes quality improvement, strengthens collaboration and improves efficiency. ⁶		
Better food access			
The percent of Ohioans who were food insecure fell from 14% in 2018 to 12% in 2020.	As part of the Families First Coronavirus Response Act of 2020, Congress authorized Supplemental Nutrition Assistance Program (SNAP) emergency allotments that increased nutrition assistance. These provisions ended in February 2023.		



Cleaner air

Outdoor air quality has been steadily improving for many years, including a 20% drop in average exposure of the general public to particulate matter air pollution (known as PM 2.5) from 2012-2014 to 2018-2020 in Ohio. The Clean Air Act, initially passed in 1970, regulates air pollutant emissions through air quality standards which are enforced by the state and federal governments. Improvements to energy production, vehicle emissions and use of renewable energy have contributed to a gradual reduction in air pollution.

Evidence-based addiction treatment

The estimated percent of outpatient substance use disorder treatment facilities that offer methadone/buprenorphine maintenance or naltrexone treatment increased from 45% in 2018 to 56% in 2020. OhioMHAS has leveraged federal grants to promote wider use of medication-assisted treatment (MAT) throughout the state by increasing the number of providers actively prescribing buprenorphine and paying for treatment and travel expenses when health insurance does not cover costs. In 2016, **Senate Bill 319** paved the way for a rapid expansion of Opioid Treatment Programs. This foundational change, combined with Ohio Medicaid's coverage of MAT since 2011, has led to improved access to evidence-based care.⁷ Medicaid is a major source of reimbursement for MAT.⁸

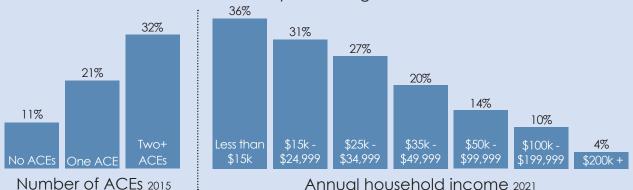
More progress needed to reduce tobacco use

Reducing tobacco use and nicotine dependence is a powerful way to improve health, advance health equity and reduce healthcare spending.

- While adult smoking rates decreased in Ohio from 2019 to 2021, the pace of improvement has been slower than in the U.S. overall.⁹
- Tobacco use is one of the key factors contributing to Ohio's poor performance on the Health Value Dashboard. Ohio's persistently poor rank on the adult smoking metric (44th in this edition) helps to explain why the state struggles to improve health and control spending relative to other states.¹⁰

Addressing the links between smoking, trauma and poverty is critical to make further progress.

- Trauma and toxic stress contribute to higher smoking rates among adults who have low incomes, have experienced childhood adversity and/or have poor mental health.¹¹
- HPIO analysis found that 33% of smoking in Ohio is attributable to adverse childhood experiences (ACEs). This means that doing more to prevent harms such as child maltreatment would lead to less smoking, saving an estimated \$2.2 billion dollars in tobacco-related healthcare costs each year.
- Tailored cessation services are also needed for people who face extra challenges to quitting, such as people with mental illness.¹²



Percent of Ohio adults who currently smoke cigarettes

Source: Behavioral Risk Factor Surveillance Survey

JLATION HEA HI

Contributes to health value rank

Ohio rank

Ohio's **population health** ranking 40 43 43 43 in previous Dashboard editions: 2014 2017 2019 2021

Ohio's rank	Metric			Most recent data	Trend*
48	Health beha	viors			
34	consuming more than occasion in the past 3	ercent of adults that report either n four (women) or five (men) alc 30 days, or heavy drinking, define drinks per week (2021). Rank out o	oholic beverages on a single ed as having seven or more (womer	18.2%	No change
33	•	Percent of youth, grades 9-12, the past 30 days (2019). Rank o	who used electronic vapor product ut of 43.	⁵ 29.8%	N/A
38		rcent of adults, ages 18 and olde st 30 days (2021). Rank out of 50.	er, reporting no leisure time physical	25.9%	Moderately improved
44	Adult smoking. Perce of 50.	nt of adults, ages 18 and older, v	vho currently smoke (2021). Rank ou	t 18%	Moderately improved
42	Conditions of	and diseases			
20	Suicide deaths. Numk (2020). Rank out of 51		100,000 population (age adjusted)	13.8	No change
31	•	cent of adults who have ever be n(2021). Rank out of 50.	en told by a health professional tha	t 22%	Moderately worsened
29		Number of deaths from COVID-1 ta current as of December 27th,		348	N/A
39		ent of adults, ages 18-64, who ha n or gum disease (2020). Rank ou	ave lost six or more teeth because o ut of 51.	f 10.8%	Moderately improved
40	Adult diabetes. Percent of adults who have ever been told by a health professional that they have diabetes (2021). Rank out of 51.				No change
41	Heart disease mortali (age adjusted) (2020)		art diseases, per 100,000 population	196.9	No change
47	including intentional of		g overdose, per 100,000 population, ths due to any drug or biological	47.2	Moderately worsened
41	Overall heal	th and well-being			
36	Overall health status. (2021). Rank out of 50		cellent, very good or good health	83.2%	Moderately improved
38		rth. Life expectancy at birth base (2020). Rank out of 50.	ed on current mortality data and	75.3	Moderately worsened
39	Premature death. Average number of years of potential life lost before age 75, per 100,000 population (2020). Rank out of 51.			9,187	Moderately worsened
41	Infant mortality. Number of infant deaths, per 1,000 live births (within one year) (2020). Rank out of 50.			k 6.7	No change
41	Limited activity due to health problems. Average number of days in the previous 30 days				
To	p quartile (best)	Second quartile	Third quartile	Bottom qua	rtile (worst)

Of the 50 states and D.C.

N/A Data not available for trend

* Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the 2023 Health Value Dashboard webpage.

Data sources are available in data appendices posted on the HPIO Health Value Dashboard webpage.

HEALTHCARE SPENDING

Contributes to health value rank

Ohio rank

Ohio's **healthcare spending** ranking in previous Dashboard editions: 2014 40 31 2017 2019 2019

Dhio's rank	Metric	Most recen data	Trend*
39	Out-of-pocket spending	I	I
31	Employer-sponsored health insurance out-of-pocket spending, per enrollee. spending, such as co-payments, co-insurance and deductibles, per enrollee in major employer-sponsored health insurance plans (2020). Rank out of 50.		No change
47	Total out-of-pocket spending. Percent of individuals who are in families wher pocket spending on health care, including premiums, accounts for more the of annual income (2020). Rank out of 51.		No change
41	Healthcare service area spending	· · · · · · · · · · · · · · · · · · ·	
19	Nursing home average daily cost, per capita. Average cost for an individual private pay cost for a shared room in a nursing home (i.e., without insurance (October 2021). Rank out of 51.		No chang
28	Employer-sponsored health insurance prescription drug spending, per enroll on pharmacy claims for prescription drugs and devices, per enrollee under or major employer-sponsored health insurance plans (2020). Rank out of 50.		2 Moderate increased
38	Hospital adjusted expenses per inpatient day. Adjusted expenses per inpatie community hospitals (2020). Rank out of 51.	ent day for \$3,226	Moderate
41	Employer-sponsored health insurance outpatient spending, per enrollee. Specoutpatient services, per enrollee under age 65, in major employer-sponsored insurance plans (2020). Rank out of 50.		9 No chang
34	Private health insurance spending		
16	Employee contributions to employer-sponsored insurance premiums. Emplo contributions to employer-sponsored health insurance premiums as a percent median income (2020). Rank out of 51.		No chang
29	Total employer-sponsored health insurance spending, per enrollee. Total spe medical and pharmacy claims, per enrollee under age 65, in major employe health insurance plans (2020). Rank out of 50.		1 No chang
46	Average monthly marketplace premium. Average monthly premium for entre federal Affordable Care Act health insurance marketplace or state-based end after application of an advanced premium tax credit (2022). Rank out of 49.	exchanges \$230	No chang
25	Medicare spending	· · · ·	
18	Average total cost, per Medicare beneficiary without chronic conditions. Average total cost, per Medicare beneficiary without chronic conditions (2021). Rank out of		No chang
18	Average total cost, per Medicare beneficiary with one chronic condition. Av cost per Medicare beneficiary with one chronic condition (2021). Rank out c		Moderate decrease
20	Average total cost, per Medicare beneficiary with two chronic conditions. Average total cost, per Medicare beneficiary with two chronic conditions (2021). Rank out of the conditioner (2021) with two chronic conditions (2021).	- + + + + + + + + + + + + + + + + + + +	Moderate decrease
38	Average total cost, per Medicare beneficiary with three or more chronic cor Average total cost per Medicare beneficiary with three or more chronic cor Rank out of 51.		Moderate decrease
42	Total Medicare spending, per beneficiary. Total Medicare reimbursemer Medicare beneficiary (Parts A and B), ages 65-99 (2019). Rank out of 51.		2 Moderate
72		I	1

Of the 50 states and D.C.

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Data sources are available in data appendices posted on the HPIO Health Value Dashboard webpage.

Ohio's access to care ranking in previous Dashboard editions: 25 17 18 2019 2021

Ohio's rank	Metric			Most recent data	Trend*
16	Coverage a	nd affordability			
10	Employer-sponsored	health insurance coverage. Perc nealth insurance to its employees		87.3%	No change
20	Unable to see doctor cost in the past year (o went without care because of	8.2%	Greatly improved
21	Uninsured , non-elder (2021). Rank out of 51	 Percent of population ages 64 	and under who are uninsured	7.8%	No change
8	Primary care	e access			
4		cent of adults, ages 65 and olde utine checkup in the past 12 mor		95.6%	No change
15			18 and older, who do not have a are provider (2021). Rank out of 5		Greatly improved
20	nurse, have a usual so	ource for sick care, receive family rals and receive effective care co	7, who have a personal doctor or -centered care, have no problen pordination when needed (2020-	ns 50.1%	Moderately worsened
18	Behavioral h	ealth			
12			ent substance use treatment facil r naltrexone treatment (2020). Rai		Moderately improved
23	Unmet need for mental health treatment, adults. Percent of adults, ages 18 and older, with any mental illness who had a need for mental health treatment or counseling and did not receive it in the past year (2018-2019). Rank out of 51.			Greatly worsened	
29	who received treatm		n. Percent of children, ages 3-17, nealth professional when needed	81.8%	No change
41	Oral health			·	
31		ar, adults. Percent of adults, ages or dental specialist within the past	18 and older, who have visited a year (2020). Rank out of 51.	65.3%	Moderately worsened
50	Preventive dental care, children. Percent of children, ages 1-17, who have seen a dentist or other oral health care provider for preventive dental care, such as check-ups, dental cleanings, dental sealants or fluoride treatments in the past year (2020-2021). Rank out of 51.			Greatly worsened	
30	Workforce				
23	Underserved , mental health. Percent of need not met by current supply of mental health professionals in designated mental health agree professional shortage greas (October 12, 70.2%)				Greatly worsened
27		care physicians. Percent of new ns in designated primary care he ank out of 51.		52.1%	Moderately worsened
37		Percent of need not met by cur ofessional shortage areas (Octob	rent supply of dentists in designate per 12, 2022). Rank out of 51.	ed 72.6%	No change
То	o quartile (best)	Second quartile	Third quartile	Bottom quarti	le (worst)

Of the 50 states and D.C.

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Ohio's healthcare system ranking in previous Dashboard editions: 37 2017 36 2019 2014

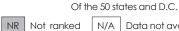
	1			I	I
Ohio's	Matria			Most recent	Trand*
rank 25	Metric Preventive se	nuicoc		data	Trend*
23			posite Maternity Practice in Infant Nutrition		
10		e of breastfeeding and infant ca	re supports provided at hospitals and	84	Greatly improved
26		of women who completed a pres in the first trimester (2020). Rank c	gnancy in the last 12 months and who but of 51.	76.8%	No change
28	Female breast cancer of an early stage (2015-20		iemale breast cancer cases diagnosed at	72%	Greatly improved
43	Colon and rectal cance at an early stage (2015		of colon and rectal cancer cases diagnosed	34.4%	Greatly worsened
NR	Behavioral he	ealth			
NR	with an intake assessme		ledicaid enrollees, ages 12 and older, service within a week and two additional 021). Ohio only.	51.5%	N/A
42	Hospital utilize	ation			
31		ations for Medicare fee-for-service	ssions with a principal diagnosis of diabetes e Part A beneficiaries, ages 18 and older, per	231	Moderately improved
33	ages 18-64, with emplo		lees. Number of readmissions for people,) days of an acute hospital stay for any	3.3	No change
41		care fee-for-service Part A benefi	ber of admissions with a principal diagnosis iciaries, ages 18 and older, per 100,000	1,326	Greatly improved
41	potentially avoidable e		mployer-insured enrollees. Number of eople, ages 18-64, with employer-sponsored	187.2	Moderately worsened
24	Timeliness, ef	ectiveness and qu	ality of care		
15			ents with low back pain who had an MRI ysical therapy (FY 2021). Rank out of 51.	43.6%	Greatly worsened
22			atings. Percent of hospitals in the state with al average (2020). Rank out of 50.	52%	Moderately worsened
24	Nursing home pressure ulcers (Q1-Q4 2021). Rc	ulcers. Percent of long-stay, high- nk out of 51.	risk nursing home residents with pressure	7.8%	Moderately worsened
28		bloodstream infections. Standard n infections in acute care hospita	dized infection ratio for central line- Is (2021). Rank out of 51.	0.9	Moderately worsened
37	considered at least par		fore age 75 that resulted from causes h timely and appropriate medical care, per	96.3	No change
24	Healthcare sy	stem structure			
11	Large group insurance market competition. Herfindahl-Hirschman Index (HHI) score, a measure of			No change	
14	Private insurance reimbursement rates. Relative price ratio, a measure of how much more private insurers pay for hospital services than Medicare (2018). Rank out of 46. 2.4 N/A				
33	Hospital beds, per capi	ta. Number of hospital beds, per	1,000 population (2020). Rank out of 51.	2.7	No change
43		s. Ratio comparing the number of 5 (August 2022). Rank out of 51.	f specialist physicians to the number of	1.2	N/A
T	op quartile (best)	Second quartile	Third quartile Botto	om quartile	(worst)
		Of the 50 s	states and D.C.		

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PUBLIC HEALTH AND PREVENTION

∇	Ohio's public health in previo		50 47 32 2017 2019 2021		
Ohio's rank	Metric			Most recent data	Trend*
6	Public health	n system and workf	orce		
2	Accreditation of local h	-	health departments that have achieve	ed 70%	Greatly improved
34	State public health fund (2021). Rank out of 46.	ling, per capita. State public health	funding during the fiscal year, per capit	a \$24	No change
48		vforce. Number of state public healt) population (2019). Rank out of 51.	h agency full-time equivalent (FTE)	8.9	No change
NR	Local public health wor population (2019). Ohio		alth department FTE employees, per 100	43	N/A
NR	Local public health dep capita (FY 2019). Ohio c		ian annual local health expenditures, p	er \$21.40	N/A
37	Communica	ble disease contro	l and environmental	health	
25	Child immunization. Per (2020). Rank out of 51.	cent of children, ages 19-35 months	, who received recommended vaccin	es 73%	No change
35	Chlamydia. Number of	reported cases of chlamydia, per 1	00,000 population (2020). Rank out of 5	1. 509.2	No change
35		. Percent of the total population the (As of October 20, 2022). Rank out c	It has received the primary series of the f 51.	60%	N/A
41	Health domain of the N maintain the security ar	lational Health Security Preparednes nd safety of water and food supplies	of the Environmental and Occupationals is Index (NHSPI), which measures action i, to test for hazards and contaminants i sponders from health hazards (2020). R	s to n 6.3	Moderately improved
33	Health promo	otion and prevention	l		
7	Youth marijuana use. Pe Rank out of 45.	ercent of high school students who u	used marijuana in the past 30 days (201	9). 15.8%	N/A
22	Falls among older adult months (2020). Rank ou		er who reported falling in the past 12	28%	No change
22	Motor vehicle crash development 100,000 population (202		c accidents involving a motor vehicle, p	Der 11.7	No change
28	-	ise tax per pack of cigarettes (2022)		\$1.60	No change
32	Low birth weight. Percent (2020). Rank out of 51.	nt of live births where the infant weig	hed less than 2,500 grams (5.5 pounds)	8.5%	No change
32	of 51.		ppioids, per 100 population (2020). Rank	47.4	No change
32		ending. Tobacco prevention and co Prevention-recommended level (20	ontrol spending as a percent of the Cer 022). Rank out of 51.	nters 13.1%	No change
33	Teen birth. Rate of births	s to females, ages 15-19, per 1,000 fe	males, ages 15-19 (2020). Rank out of 5	1. 17.6	No change
43	Seat belt use. Percent c	of front seat occupants observed usin	ng a seat belt (2021). Rank out of 51.	84.1%	No change
51	Emergency p	preparedness and su	rveillance		
29	Epidemiologists. Rate or population (2019). Rank		in state public health agencies, per 100	0,000 0.82	No change
44		ess funding, per capita. State public tive agreement funding, per capita	health agency Public Health Emergend (FY 2022). Rank out of 51.	cy \$1.55	No change
51	which measures action	nce. Composite score of the Health s to monitor and detect health three n be contained rapidly (2020). Rank	Security Surveillance domain of the NH ats, and to identify where hazards start o out of 51.	SPI, and 6.8	No change
To	op quartile (best)	Second quartile	Third quartile	Bottom quartile	e (worst)
		Of the 50 states a			



N/A Data not available for trend

* Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the 2023 *Health Value Dashboard webpage*.

Data sources are available in data appendices posted on the HPIO Health Value Dashboard webpage.

14

2023 Health Value Dashboard

SOCIAL AND ECONOMIC ENVIRONMENT

 ∇

Ohio's **social and economic environment** ranking in previous Dashboard editions:

 29
 29
 32
 34

 2014
 2017
 2019
 2019
 2021

Ohio's rank	Metric	Most recent data	Trend*
26	Education		
8	Fourth-grade reading . Percent of fourth grade public school students proficient in reading by a national assessment (National Assessment of Educational Progress) (2022). Rank out of 51.	35%	Moderately worsened
24	Preschool enrollment. Percent of 3- and 4-year-olds enrolled in preschool (2017-2019). Rank out of 51.	46%	No change
28	High school graduation. Percent of incoming ninth graders who graduate in four years from a public high school with a regular degree (2019-2020 school year). Rank out of 49.	84.4%	Moderately improved
32	Some college. Percent of adults, ages 25-44, with some post-secondary education, such as enrollment in vocational/technical schools, junior colleges or four-year colleges, including individuals who pursued education following high school but did not receive a degree (2016-2020). Rank out of 51.	65.9%	No change
32	Employment and poverty		
29	Income inequality. Ratio of median household income at the 80th percentile to that at the 20th percentile (2016-2020). Rank out of 51.	4.6	No change
29	Unemployment. Percent of people, ages 16 and older, who are jobless, looking for a job and available for work (2021). Rank out of 51.	5.1%	No change
30	Labor force participation. Percent of people, ages 16 and older, who are in the labor force (2021). Rank out of 51.	61.5%	No change
34	Adult poverty. Percent of people, ages 18 and older, in households with incomes below the federal poverty level in the past 12 months (2021). Rank out of 51.	11.9%	No change
38	Child poverty. Percent of people under age 18, in households with incomes below the federal poverty level in the past 12 months (2021). Rank out of 51.	18.6%	No change
35	Family and social support		
20	Disconnected youth. Percent of youth, ages 16-24, who are not working or in school (2021). Rank out of 50.	11.1%	No change
37	Children in single-parent households. Percent of children, ages 0-17, who live in a household headed by a single parent (2016-2020). Rank out of 51.	26.9%	Greatly improved
40	Incarceration. Number of people sentenced and imprisoned under the jurisdiction of state or federal correctional authorities, per 100,000 population (2020). Rank out of 50.	385	No change
19	Trauma, toxic stress and violence		
18	Violent crime. Number of violent crimes (murder, rape, robbery and aggravated assault), per 100,000 population (2020). Rank out of 51.	309	No change
22	Adverse childhood experiences. Percent of children who have experienced two or more adverse experiences (2021). Rank out of 51.	21.2%	Moderately improved
28	Child abuse and neglect. Number of reported and substantiated child maltreatment victims, per 1,000 children (Fiscal Year 2019). Rank out of 51.	9.9	No change

 Top quartile (best)
 Second quartile
 Third quartile
 Bottom quartile (worst)

 Of the 50 states and D.C.

* Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the **2023 Health Value Dashboard webpage**.

Data sources are available in data appendices posted on the HPIO Health Value Dashboard webpage.

AL ENVIRON*N* 35 2017 Ohio's **physical environment** ranking in previous Dashboard editions:

34 2014

38 2021

40 2019

Most Ohio's recent Metric rank data Trend* Air, water and toxic substances 50 Outdoor air quality. Average exposure of the general public to particulate matter of 2.5 Greatly 41 microns or less in size (PM2.5), measured in micrograms per cubic meter, (2018-2020). Rank 8.5 improved out of 51. Child in a household with a person who smokes. Percent of children, ages 0-17, who live in Moderately 47 households where someone smokes (cigarettes, cigars or pipe tobacco) (2020-2021). Rank 20.6% improved out of 51. Toxic pollutants (Risk-Screening Environmental Indicators score). Unitless value that accounts for the size of the chemical release, the fate and transport of chemicals through 50 17.331.932 N/A the environment, the size and location of the exposed population and the chemical's toxicity (2020). Rank out of 51. Lead poisoning. Percent of children, ages 0-5, who received a blood lead test and had NR 2% N/A elevated blood lead levels (BLL > 5 ug/dL) (2021). Ohio only. 34 Food access and food insecurity Healthy food access. Percent of population with limited access to healthy food, defined as the percent of low-income individuals (<200% federal poverty guideline) living more 29 6.9% No change than 10 miles from a grocery store in rural areas and more than one mile in non-rural areas (2019). Rank out of 51. Moderately 40 Food insecurity. Percent of households that are food insecure (2020). Rank out of 51. 11.6% improved 19 Housing, built environment and access to physical activity Severe housing problems. Composite measure of the percent of households that have one or more of the following problems: 1) housing unit lacks complete kitchen facilities, Moderately 11 2) housing unit lacks complete plumbing facilities, 3) household is severely overcrowded, 13.1% improved 4) monthly housing costs, including utilities, exceed 50 percent of monthly income (2015-2019). Rank out of 51. Long commute, driving alone. Percent of commuters, among those who commute to work 16 by car, truck, or van, alone, who drive 30 minutes or longer to work each day (2021). Rank 29.3% No change out of 51. Neighborhood resources. Composite measure of the percent of children living in a neighborhood that contains each of the following amenities: sidewalks or walking paths; 17 37% No change parks or playarounds; recreation centers, community centers or boys' and airls' club; and libraries or bookmobiles (2020-2021). Rank out of 51. Access to exercise opportunities. Percent of individuals who live reasonably close to a Moderately 25 location for physical activity, defined as parks or recreational facilities (2010 and 2019). 77.2% worsened Rank out of 51. Alternative commute modes. Percent of trips to work via bicycle, walking or mass transit 32 2.9% No change (combined) (2021). Rank out of 51. Neighborhood safety. Percent of children living in a safe neighborhood as reported by a 94.9% No change parent or guardian (2020-2021). Rank out of 51. Top quartile (best) Third quartile Bottom quartile (worst) Second quartile Of the 50 states and D.C.

> NR N/A Data not available for trend Not ranked

* Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the 2023 Health Value Dashboard webpage.

Data sources are available in data appendices posted on the HPIO Health Value Dashboard webpage.

EQUITY PROFILES

What are the equity profiles? Every Ohioan should have the opportunity to live a long and

Every Ohioan should have the opportunity to live a long and healthy life, free from environments and experiences that expose them to harm. However, many Ohioans continue to face unhealthy conditions and barriers to health in their homes, schools, workplaces and communities.

The Health Value Dashboard equity profiles explore gaps in outcomes among groups of Ohioans and analyze the barriers to health that contribute to these gaps. The profiles display data for:

- Black Ohioans
- Hispanic/Latino Ohioans
- Ohioans with disabilities
- Ohioans with low incomes and/or low educational attainment
- New for 2023: LGBTQ+ Ohioans

How do experiences and environments shape health over time?

Ohioans' experiences throughout their lives can lay the foundation for good health and well-being as they age. Challenging life circumstances can overburden individuals and families, limiting their ability to build those strong foundations. For example, financial strain and poverty can lead to hunger and housing instability, and a lack of transportation can keep people from accessing jobs and physical, mental and oral health care. These harmful conditions and stressful experiences can accumulate over a person's lifetime and contribute to health problems and even early death.

In addition, experiencing racism and other forms of discrimination can add to the load that Ohioans of color, Ohioans with disabilities, LGBTQ+ Ohioans and others bear. Therefore, improving the health, well-being and economic vitality of Ohio involves ending racism and discrimination and their harmful effects, so that all Ohioans, regardless of race, ethnicity, education, disability status, income, sexual orientation or gender identity, have the opportunity to reach their full health potential.

How can Ohio close gaps in outcomes?

Despite these challenges, Ohioans are resilient, and barriers to good health and well-being can be overcome. Ohio's leaders in the public and private sectors can improve health by enacting programs and policies that eliminate racism and discrimination; support safe, stable and strong communities; and provide opportunities for every Ohioan to thrive.

Why prioritize equity?

Equity is when every Ohioan has the opportunity to reach their full potential. Gaps in health outcomes among groups of Ohioans indicate that resources, experiences and environments that support health are not available to everyone.

To ensure Ohio is a model of health, well-being and economic vitality, it is critical to eliminate systems, policies and beliefs that unfairly favor some Ohioans over others and create obstacles to good health.

What improvement has Ohio seen in equity profile outcomes?

Since HPIO released the first edition of the equity profiles in 2017, there has been mixed progress on metrics measured in the profiles. Some groups have seen considerable improvements on certain metrics, as displayed below. Progress on some of these metrics, such as the percentage unable to see a doctor due to cost, likely resulted from policy changes, including those that expanded health insurance coverage for millions of Ohioans.

Other metrics, such as those related to premature death, fourth grade reading and adult diabetes, have worsened over time for certain groups. Further improvement is possible by maintaining gains in access to care and focusing efforts on eliminating gaps in outcomes across the healthcare system and social, economic and physical environments.

Metric (metric years)	Extent of improvement
Unemployment (2012-2016, 2017-2021 5-year estimates)	 Black Ohioans 33% decrease Ohioans with less than a high school education 28% decrease Hispanic Ohioans 26% decrease Ohioans with low incomes 22% decrease Ohioans with disabilities 20% decrease
Heart disease mortality (2015, 2020)	Black Ohioans 28% decrease
Unable to see a doctor due to cost (2015, 2021)	 Ohioans with less than a high school education 26% decrease Hispanic Ohioans 22% decrease Black Ohioans 20% decrease Ohioans with low incomes 13% decrease
High school graduation (2017-2018, 2021-2022 school years)	 Black Ohioans 24% increase Hispanic Ohioans 13% increase
Child poverty (2015, 2021)	 Hispanic Ohioans 17% decrease Black Ohioans 16% decrease Ohioans with disabilities 16% decrease

Top five most improved Equity Profile metrics, 2017-2023

Resources and recommendations for action

Continued focus, effort and investment are necessary from all sectors, both public and private, to ensure that every Ohioan has the opportunity to reach their full health potential. The following plans and resources provide recommendations for further action:

- Connections between racism and health: Taking action to eliminate racism and advance equity, Health Policy Institute of Ohio
- Final Recommendations of the Eliminating Disparities in Infant Mortality Task Force, Ohio Department of Health
- Social Drivers of Infant Mortality: Recommendations for Action and Accountability, Health Policy Institute of Ohio
- Ohio Commission on Minority Health Goals and Strategies: 2020-2025
- 2023-2026 State Plan on Aging, Ohio Department of Aging
- 2020-2022 State Health Improvement Plan, Ohio Department of Health

EQUITY PROFILES

BLACK OHIOANS

Racism is a primary driver of poor outcomes experienced by Black Ohioans.¹³ Racism is a system, built from policies, practices and beliefs, that unfairly distributes resources, power and opportunity. Consequently, **Black Ohioans often experience worse outcomes than white Ohioans** across measures of health, healthcare access and the social, economic and physical environment.

Examples of policies and systems that contribute to gaps in outcomes include discrimination in employment and lending, disinvestment in public transportation and the legacy of redlining and zoning policies. By identifying and replacing these policies and systems, Ohio can become a place where everyone can thrive.

This profile describes the magnitude of differences in outcomes between Black Ohioans and white Ohioans.	Times worse for Black Ohioans	If disparities were eliminated
Experiences of racism		
Treated worse in healthcare due to race	10.3	238,122
Treated worse at work due to race	9.6	fewer Black Ohioans
Unfair treatment due to race, children	9.4	well-being would experience
Physical or emotional symptoms due to treatment due to race	61 🔶	physical or emotional
Physical environment		symptoms
Food insecurity, children	3.5	due to experiences
Zero-vehicle households	3.5	of racism
Severe housing cost burden	2.2	
Air pollution	1.4	
Social and economic environment		
Incarceration	5.6	
Child poverty	2.9	70,117
Unemployment	2.5 🔶	fewer Black Workforce Ohioans
High school graduation	2.5	would be
Chronic absenteeism	2.1	unemployed
Adverse childhood experiences	1.2	44,449
Access and healthcare system		fewer Black
Unable to see doctor due to cost	1.6	Health care Ohioans would be
Uninsured, adults	1.4	unable to
Prenatal care	1.4	see doctor due to cost
Health		
Infant mortality	2.7	
Premature death	1.6	
Heart disease mortality	1.2	

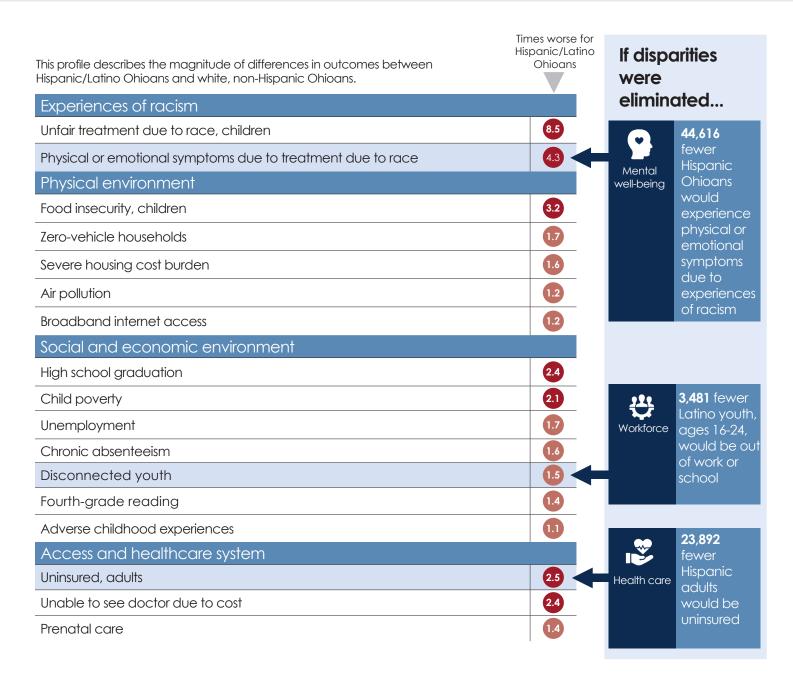
2023 Health Value Dashboard

EQUITY PROFILES

HISPANIC/LATINO OHIOANS

Hispanic/Latino Ohioans often experience worse outcomes than white, non-Hispanic Ohioans across measures of healthcare access and the social, economic and physical environment. Biases ingrained in health care and other systems and unequally distributed community resources are primary drivers of poor outcomes experienced by Hispanic/Latino Ohioans.¹⁴

Examples of policies and systems that contribute to gaps in outcomes include discrimination within the healthcare system and limited access to health insurance and translation and interpretation services to assist with accessing and navigating care. Increasing translation and interpretation services, provider diversity and cultural humility trainings can close gaps in outcomes for Hispanic/Latino Ohioans.



2023 Health Value Dashboard

EQUITY PROFILES

OHIOANS WITH DISABILITIES

Over 3 million Ohioans have a disability¹⁵, and these individuals often experience worse outcomes than Ohioans without disabilities across measures of health, healthcare access and the social, economic and physical environment. Ableism, insufficient provider training and lack of accommodations are primary drivers of poor outcomes experienced by Ohioans with disabilities.¹⁶

Systems and environments that are not designed with the needs of people with disabilities in mind limit access and opportunity. Improving provider education, employment accommodations and transportation accessibility can close gaps in outcomes for Ohioans with disabilities and improve health.

Physical environmentFood insecurity, children2.1Social and economic environmentLabor force participation3.3Disconnected youth3.1High school graduation2.5Adverse childhood experiences2.1Child poverty1.6	Workforce	632,011 fewer people with
Adverse childhood experiences 2.1	_ 1	a disability would be out of the
Fourth-grade reading14Chronic absenteeism14Unemployment13	Health care	labor force 201,208 fewer Ohioans with disabilities would be
Access and healthcare systemUnable to see doctor due to cost2.9HealthAdult depressionAdult diabetes3.3		vould be unable to see a doctor due to cost 549,757 fewer Ohioans with disabilities would

OHIOANS WITH LOWER INCOMES AND/OR LESS EDUCATION QUITY PROFILES

Ohioans with less than a high school education and/or lower incomes often experience worse outcomes across measures of health, healthcare access and the social, economic and physical environment than Ohioans with higher educational attainment and/or incomes.

A lack of opportunities to build wealth and the high cost of post-secondary education can prevent people with low incomes from furthering their education, contributing to reduced employment opportunities, high student debt and lower wages. Improving access to post-secondary education and higher-wage jobs that pay a self-sufficient income can also increase access to resources that are critical for health, such as safe and quality housing, healthy foods and health care.

Ohioans with lower incomes This profile describes the magnitude of differences in outcomes between Ohioans with lower incomes and Ohioans with higher incomes. Physical environment	Times worse for Ohioans with Iower income	If disparities were eliminated
Severe housing cost burden	191.3	50,354
Food insecurity, children	55.3	fewer
Social and economic environment		Mental Well-being with low
Adverse childhood experiences	3.7	incomes would
High school graduation	3.3	experience
Chronic absenteeism	2.6	two or more ACEs
Disconnected youth	2.4	
Fourth-grade reading	1.5	
Health		
Poor oral health	3.6	
Adult diabetes	2.6	
Adult depression	2.4	
Ohioans with less education This profile describes the magnitude of differences in outcomes between Ohioans with less than a high school education and those with a college degree or higher.	Times worse for Ohioans with less education	Workforce 43,351 fewer Ohioans with less than a high school education
Physical environment		would be unemployed
Broadband internet access	7.6	unemployed
Child in a household with a person who smokes	4.1	5,347 fewer
Social and economic environment		women
Unemployment	61 🔫	Health care with less than a
Labor force participation	3.8	high school
Access and healthcare system		education would
Uninsured, adults	6.3	receive
Prenatal care	3.9	delayed prenatal
Unable to see doctor due to cost	2.7	care

EQUITY PROFILES

LGBTQ+OHIOANS

Homophobia and transphobia are primary drivers of poor outcomes experienced by LGBTQ+ Ohioans.¹⁷ Experiencing these forms of discrimination can cause toxic stress, leading to poor health outcomes over time. Thus, **LGBTQ+ Ohioans** often experience worse outcomes than heterosexual and/or cisgender Ohioans across measures of health and the social environment.

Policies and practices that limit access to necessary health care and a lack of protections for Ohioans based on sexual orientation and gender identity contribute to worse health outcomes for LGBTQ+ people compared to their heterosexual and/or cisgender peers.¹⁸ By ensuring access to developmentally appropriate care, improving provider education and including sexual orientation and gender identity in anti-discrimination laws, Ohio can close gaps in health outcomes for LGBTQ+ Ohioans.

Lesbian, gay and bisexual Ohioans This profile describes the magnitude of differences in outc heterosexual Ohioans.	imes worse for lesbian, gay and bisexual Ohioans	
Social and economic environment		
Experiences with online bullying		2
Experiences with physical bullying		1.7
Health		
Youth considering suicide		4.8
Youth suicide attempt		4.3
Youth poor mental health		2.6
Youth all-tobacco use		1.8
Youth binge drinking		1.6
Adult smoking		1.2
Transgender Ohioans This profile describes the magnitude of differences in outc cisgender Ohioans.	omes between transgender Ohioans and	Times worse for transgender Ohioans
Health		
Adult depression		2.8
Excessive drinking		1.8
Overall health status		1.6
	Percent of adults who have ever been told by a	health
Connection between	professional that they have depression, 2020-202	
discrimination and depression Researchers have found that the odds of having depression are three times higher among those who experience discrimination, and that	Heterosexual21%2.3Gay, lesbian or bisexual47%high	
nearly one in six LQBTQ+ adults experienced discrimination in 2020 alone. ¹⁹ In Ohio, LGBTQ+ adults are much more likely to be diagnosed	Cisgender 23% 62	2.8 times higher %
with depression than their heterosexual and/or cisgender peers, as displayed to the right.	Source: Behavioral Risk Factor Surveillance System	/0

Sources and details are available in data appendices posted on the *Health Value Dashboard* webpage. Note: Analysis of estimated impact could not be completed for this equity profile because population estimates of LGBTQ+ Ohioans are not available. Intentionally sampling underrepresented groups, like LGBTQ+ people, can improve data quality and reporting.

Other Ohioans who experience barriers to health and well-being

Other groups of Ohioans who often experience barriers to health, or systematic disadvantage, include:

Asian American Ohioans

In 2018-2021, Asian American children in Ohio were 9.4 times more likely than their white peers to be treated or judged unfairly because of their race or ethnicity.

Ohioans who are immigrants or refugees

Despite being more likely to have an advanced degree and participate in the labor force, Ohioans who were born outside of the United States were more likely to live in poverty than their U.S. born peers in 2021.²⁰

Ohioans who live in rural or Appalachian areas

More youth living in Appalachian regions (17.2%) seriously considered attempting suicide during the past year than Ohio youth overall (15.8%) in 2020-2021.²¹

Older Ohioans

There were 33,396 reports of abuse, neglect or exploitation of Ohioans, ages 60 and older, in state fiscal year 2021.²²

Data challenges

While public and private partners have worked to improve data availability and quality in recent years, several challenges remain, such as:

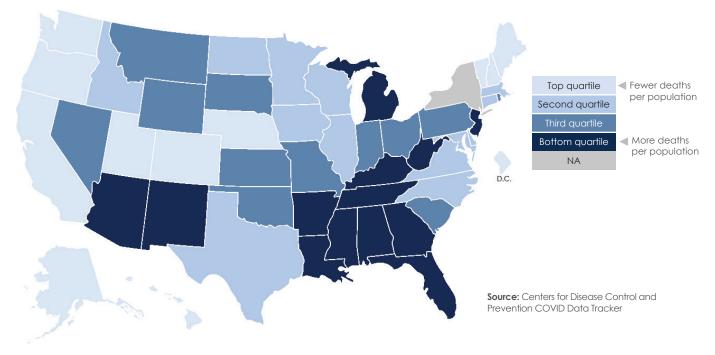
- Inconsistent data collection. Data on race/ethnicity, income, geography, disability status and other factors is often not collected or is collected inconsistently across data sources and years.
- Small sample size. Measuring disparities can be hindered by small sample sizes for specific groups of Ohioans, which results in:
 - Limited ability to measure outcomes because of suppressed data and unreliable estimates
 - Limited ability to analyze data on multiple levels for Ohioans who are part of more than one systematically disadvantaged group (e.g., Ohioans of color with disabilities)
 - Limited ability to measure disparities when populations are grouped together (e.g., Asian Americans, as a group, tend to perform well on many indicators; however, existing data on those from Southeast Asia and Bhutanese and Nepali refugees suggest that these communities experience poorer outcomes).
- Lack of local data. Disaggregated data often is not available at county, zip code or census tract levels.
- Non-response and missing data. Inadequate training on how to collect demographic data, including lack of explanation on why data is being collected, can lead to high "no response" rates.

IMPACT OF COVID-19 ON HEALTH VALUE

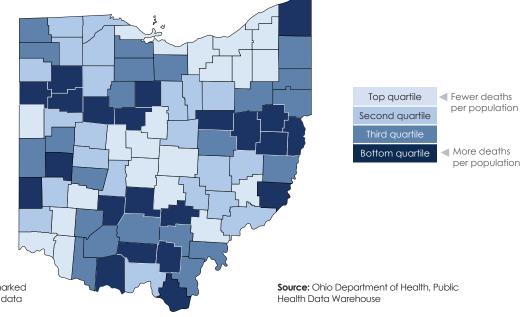
How does Ohio compare to other states on COVID-19 metrics?

Ohio ranked 37th for COVID-19 deaths and 35th for COVID-19 vaccinations. In 2021, COVID-19 was the third-leading cause of death in Ohio.²³ COVID-19 death rates varied across the state, with older adults and rural counties being particularly hard hit.

Number of deaths from COVID-19 per 100,000 population (Jan. 21, 2020 to Dec. 27, 2022)



Number of deaths from COVID-19 per 100,000 population (age-adjusted) by county, 2020-2022*



*2021 and 2022 data were marked as incomplete at the time of data compilation

How did COVID-19 and the pandemic response affect other outcomes?

Some pandemic harms may reverberate for decades

The full impact of the COVID-19 pandemic may not be known for many years. However, data from 2020 and 2021 indicate that several health outcomes and disparities worsened as a result of the pandemic and pandemic response, such as:

- Life expectancy. COVID-19 deaths were a major factor that led to Ohioans losing 1.5 years of life expectancy, on average, from 2018 to 2020. Premature death increased 13% overall in Ohio from 2018 to 2020.
- Mental health and addiction. Pandemic stress and disruptions may have contributed to increases in depression and overdose deaths. While adult depression rates increased for most groups, Ohioans with low incomes experienced the biggest rise from 2015 to 2020. Preliminary data indicate that 2021 saw Ohio's highest number of drug overdose deaths ever²⁴, with rates highest among Black Ohioans in 2021.²⁵ Ohio's suicide death rate decreased from 2018 to 2020, but has since begun to increase, and research indicates that the impact of the pandemic on suicide rates may be delayed by several years.²⁶
- **K-12 student success.** The disruptions caused by school closures and remote learning appeared to exacerbate education disparities. For example, chronic absenteeism is far higher among economically disadvantaged students, and this rate increased from 26% in the 2018-2019 school year to 44% in the 2021-2022 school year.²⁷ Fourth grade reading proficiency for Ohio overall also suffered, dropping from 39% in 2017 to 35% in 2022.

Federal policies protected many Ohioans from economic hardship

Federal pandemic policies helped Americans to weather the storm by blunting the effect of economic disruption. Enhanced SNAP benefits, suspension of Medicaid eligibility redetermination, the 2021 Child Tax Credit, emergency rental assistance and the CDC eviction moratorium likely contributed to the following outcomes:

- Food. The percent of Ohioans experiencing food insecurity fell from 14% in 2018 to 12% in 2020.
- Access to care. The percent of Ohioans unable to see a doctor due to cost declined from 12% in 2019 to 8% in 2021.
- **Poverty.** The percent of Ohio children in poverty fell slightly from 20% in 2018 to 19% in 2021. Adult poverty was largely unchanged.

Preparing for the future

Ohio faces several challenges going forward:

- **Public health workforce.** Ohio's public health workforce is smaller than most other states', ranking 48th (based on most recent data from 2019), and research indicates that many experienced workers left public health agencies in the wake of the pandemic.²⁸ Sustained, long-term funding at the federal, state and local levels is needed to ensure health departments are equipped to respond to emerging health threats.
- **Public health infrastructure.** Ohio is ranked in the bottom quartile for health security surveillance, a composite measure that includes public health laboratory capabilities and epidemiological investigation capacity. Modern data systems are critical for informing timely decision making in crisis situations involving infectious diseases, toxic pollutants, food-borne illness outbreaks, fentanyl analogues and other public health challenges.
- **Protecting older adults.** As of March 2023, a total of 36,544 Ohioans, age 60 and older, had died from COVID-19, and an average of 200 Ohioans continue to die from COVID-19 every month.²⁹ Older Ohioans are highly vulnerable to serious illness and death from COVID-19. Vaccinations for Ohioans ages 60 and up are critical for reducing deaths and "long COVID."
- End of the federal COVID-19 Public Health Emergency. State and local partners must be prepared for a rise in unmet needs due to decreases in SNAP benefits and the potential loss of Medicaid coverage. Many Medicaid enrollees will need assistance navigating complex health insurance systems to either remain enrolled in Medicaid or transition to employer-sponsored or marketplace coverage.

STRENGTHS AND CHALLENGES

Where Ohio is doing well Metrics in which Ohio ranks in the top quartile

Ohio rank

10	Employer-sponsored health insurance coverage (out of 51)
4	Routine checkup (out of 50)
12	Medication for Opioid Use Disorder (out of 51)
11	Large group insurance market competition (out of 51)
	Large group insurance market competition

Ohio rank

W		
2	Accreditation of local health departments (out of 49)	
7	Youth marijuana use (out of 45)	
8	Fourth-grade reading (out of 51)	
11	Severe housing problems (out of 51)	
10	Breastfeeding support (out of 49)	

Where Ohio can improve Metrics in which Ohio ranks in the bottom quartile

Ohio rank

Physical environment			
50	Toxic pollutants (out of 51)		
41	Outdoor air quality (out of 51)		
47	Child in a household with a person who smokes (out of 51)		
40	Food insecurity (out of 51)		
Access to care			
50	Preventive dental care, children (out of 51)		
Healthcare system			
43	Colon and rectal cancer early-stage diagnosis (out of 51)		
41	Heart failure admissions for Medicare beneficiaries (out of 51)		
41	Potentially avoidable emergency department visits for employer-insured enrollees (out of 48)		
43	Primary care physicians (out of 51)		
Public health and prevention			
48	State public health workforce (out of 51)		
41	Environmental and occupational health (out of 51)		
44	Emergency preparedness funding, per capita (out of 51)		
43	Seat belt use (out of 51)		
51	Health security surveillance (out of 51)		
Social and economic environment			
40	Incarceration (out of 50)		

Ohio rank

Population health		
33	Youth e-cigarette use (out of 43)	
38	Physical inactivity (out of 50)	
44	Adult smoking (out of 50)	
40	Adult diabetes (out of 50)	
41	Heart disease mortality (out of 51)	
39	Poor oral health (out of 51)	
47	Drug overdose deaths (out of 51)	
41	Infant mortality (out of 50)	
41	Limited activity due to health problems (out of 50)	
39	Premature death (out of 51)	
38	Life expectancy (out of 50)	
Healthcare spending		
47	Total out-of-pocket spending (out of 51)	
41	Employer-sponsored health insurance outpatient spending, per enrollee (out of 50)	
46	Average monthly marketplace premium (out of 49)	
42	Total Medicare spending, per beneficiary (out of 51)	

WHERE STATES RANK

Population health rank	Health value rank	Healthcare spending rank
	1. Hawaii	
1	2. Utah	10
3	3. California	8
11	4. Maryland	3
6	5. Washington	14
16	6. Virginia	7
28	7. Arizona	-2
24	8. South Dakota	6
10	9. Colorado	19
5	10. Massachusetts	
22	11. Rhode Island	11
14	12. Oregon	23
19	13. Iowa	17
35	14. Nevada	5
13	15. New Jersey 16. Texas	33
25	17. District of Columbia	27
8	18. Nebraska	44
27	19. North Dakota	15
23	20. Delaware	24
40	21. South Carolina	4
33	22. Georgia	13
4	23. Minnesota	47
15	24. New Hampshire	43
17	25. Idaho	41
29	26. Florida	25
32	27. Pennsylvania	22
9	28. Vermont	46
26	29. Alaska	35
20	30. Wisconsin 31. Illinois	42
30	32. Kansas	
7	33. Connecticut	48
36	34. North Carolina	26
31	35. Wyoming	39
34	36. Montana	
38	37. Michigan	29
12	38. New York	51
42	39. Indiana	21
41	40. New Mexico	30
45	41. Alabama	9
39	42. Missouri	38
46 43	43. Tennessee 44. Ohio	12
43	45. Mississippi	16
44	46. Oklahoma	34
37	47. Maine	50
48	48. Arkansas	20
49	49. Louisiana	28
50	50. Kentucky	32
51	51. West Virginia	49

Of the 50 states and D.C.

Data sources are available in data appendices posted on the HPIO Health Value Dashboard webpage.



- Federal Research Economic Data (FRED), as compiled by St. Louis Federal Reserve, as displayed in: Health Policy Institute of Ohio. "Data Snapshot: Death Trends among Working-age Ohioans," June 2022.
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- 5. The Public Health Accreditation Board (PHAB) reports that Ohio is the only state that requires PHAB accreditation. Ohio Revised Code (ORC) § 3701.13 specifies that "As a condition precedent to receiving funding from the department of health, the director of health may require general or city health districts to apply for accreditation by July 1, 2018, and be accredited by July 1, 2020, by an accreditation body approved by the director." In addition, the 2022-2023 state budget (HB 110) included accreditation requirements related to specific funding streams and city health departments serving populations less than 50,000.
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HPIO advisory groups

Health Value Dashboard Advisory Group (HVDAG) members contributed expertise on development of the conceptual framework, selection of metrics, and layout and design of the Dashboard. A complete list of HVDAG members is posted on the HVDAG webpage.

HPIO's Equity Advisory Group (EAG) members informed development of the equity profiles and the overall Dashboard. A complete list of members is posted on the EAG webpage.

