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HPIO details strategies for combatting adverse childhood experiences

A new publication from the Health Policy Institute of Ohio details the state’s progress in taking action on four key evidence-informed strategies to eliminate adverse childhood experiences, or ACEs: Early childhood education, early childhood home visiting, medical-legal partnerships and family income supports.

“Ensuring a strong start for children and strengthening economic supports for families both contribute to making sure that every child in Ohio has the opportunity to reach their full health potential” the publication states.

The publication released today is the first of three examining opportunities to prevent adverse childhood experiences in Ohio. ACEs are potentially traumatic events that occur during childhood and can generally be grouped into three categories: abuse, household challenges and neglect.

“Roughly 20% of Ohio children are exposed to one or more adverse childhood experiences (ACEs), which have both immediate and long-term effects on health,” according to the report. “By focusing on the implementation of evidence-informed strategies, state and local partners can ensure that every child has a fair chance for a long and healthy life.”

In 2020 and 2021, HPIO released a series of policy briefs on the health and economic impacts of ACEs and elevated 12 evidence-based, cost-effective strategies (programs, policies and practices) that prevent ACEs before they happen and improve health. HPIO’s new series is focused on analyzing the implementation status of these strategies in Ohio.

HPIO’s previous research found that Ohio can eliminate more than $10 billion in annual healthcare and related spending attributable to ACEs exposure.

For questions about the analysis, or if you would like to talk with authors of the report, please call or text Nick Wiselogel at 614.530.9918 or email nwiselogel@hpio.net.

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