





Tobacco, Alcohol, and Health: Implications for Future Cannabis Policy HPIO Webinar

July 20, 2022



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Ohio is a model of health, well-being and economic vitality.

Mission

To advance evidence-informed policies that improve health, achieve equity, and lead to sustainable healthcare spending in Ohio.



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Tobacco, Alcohol, and Health: Implications for Future Cannabis Policy HPIO Webinar

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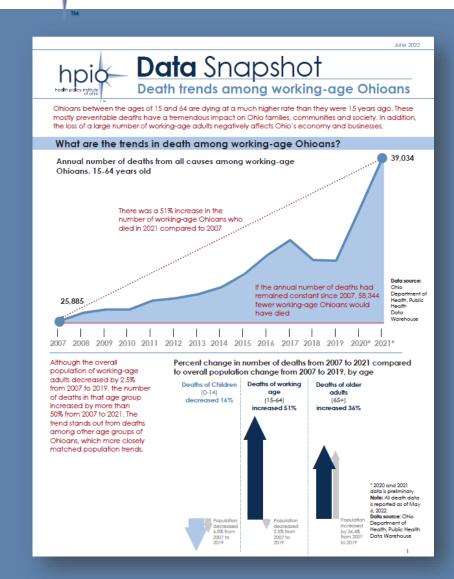
Today's agenda

- Context: Why is action needed now?
- Health impacts of tobacco use
- Health impacts of alcohol use
- Implications for future cannabis policy

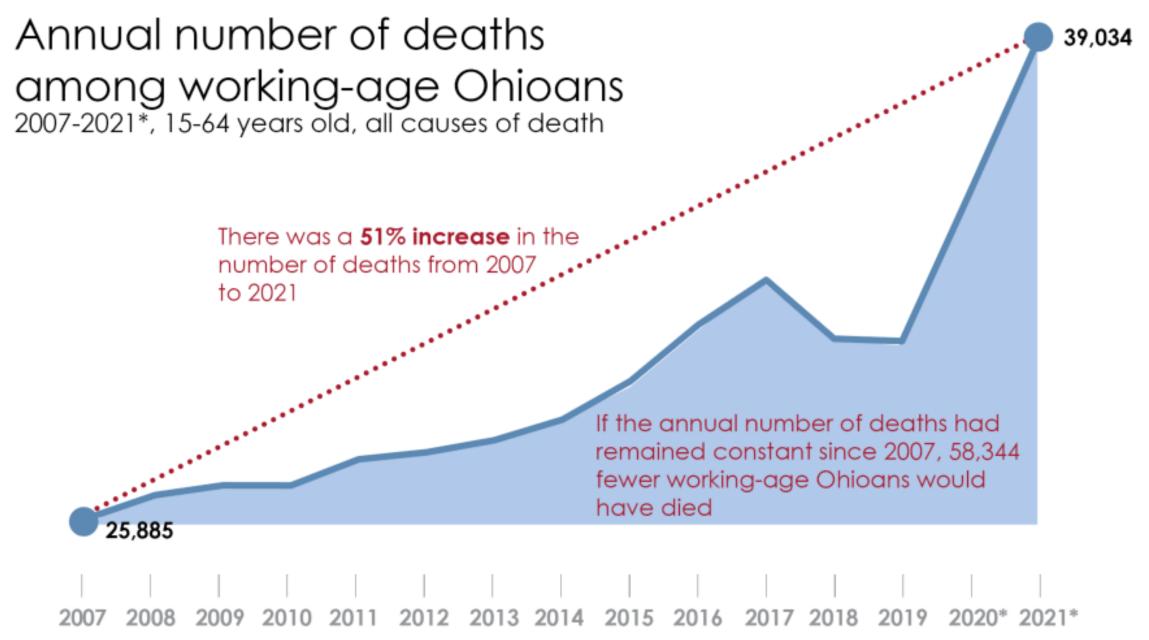
CONTEXT

health policy institute of ohi

Death trends among working-age Ohioans







* 2020 and 2021 data is preliminary

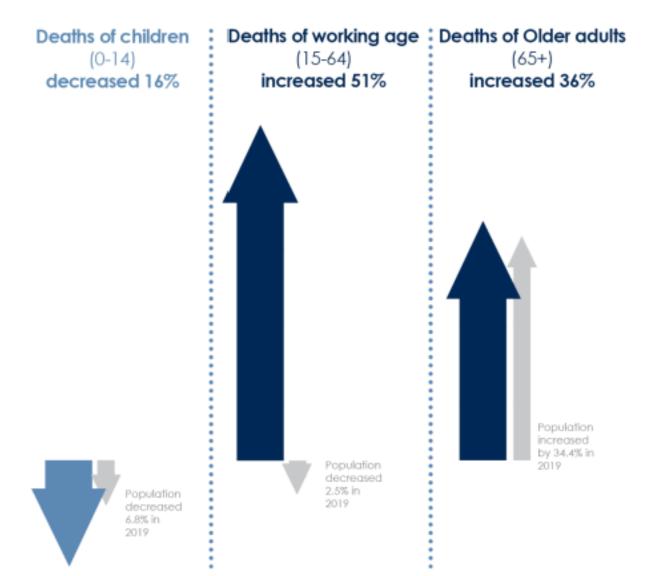
Note: All data is reported as of May 6, 2022

Source: Ohio Department of Health, Public Health Data Warehouse

Percent change in number of deaths from 2007 to 2021

by age group

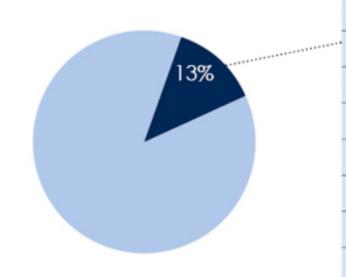
Although the overall population of workingage adults decreased by 2.5% from 2007 to 2019, the number of deaths in that age group increased by more than 50% from 2007 to 2021. The trend stands our from deaths amongh other age groups of Ohioans, which more closedly matched population trends.



* 2020 and 2021 data is preliminary Note: All data is reported as of May 6, 2022 Source: Ohio Department of Health, Public Health Data Warehouse

COVID-19 and the leading causes of death for working-age Ohioans

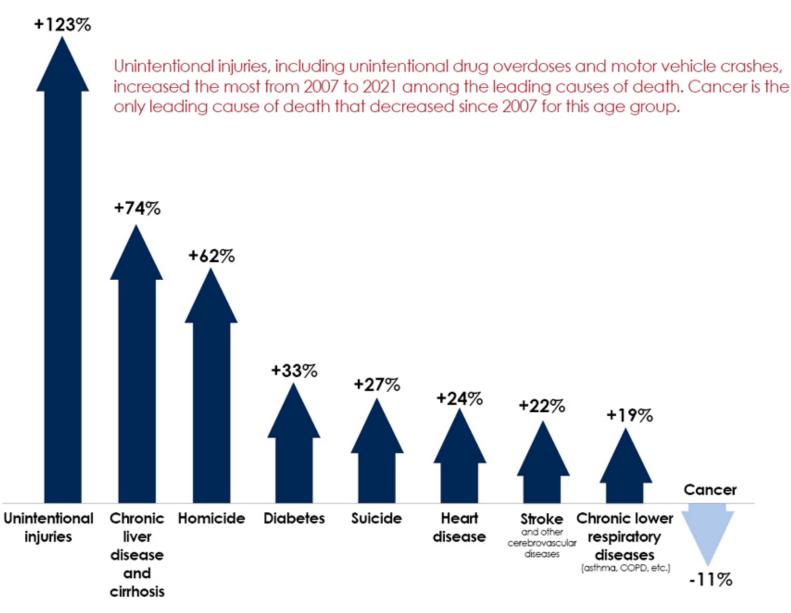
COVID-19 played a role in Ohio's increased death rate, accounting for 13 percent of deaths among working-age adults in 2021, but is not the main factor driving the trend.



Top 10 leading causes of death in 2021 (ages 1	15-64)
1. Unintentional injuries	6,817
Unintentional drug overdoses	4,884
Motor vehicle crashes	1,111
Other	882
2. Cancer	6,715
3. Heart disease	6,323
4. COVID-19	4,986
5. Suicide	1,379
6. Diabetes	1,249
7. Chronic liver disease and cirrhosis	1,248
8. Chronic lower respiratory diseases (asthma, COPD, etc.)	1,114
9. Stroke and other cerebrovascular diseases	945
10. Homicide	907

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Changes in leading causes of death for working-age Ohioans from 2007 to 2021

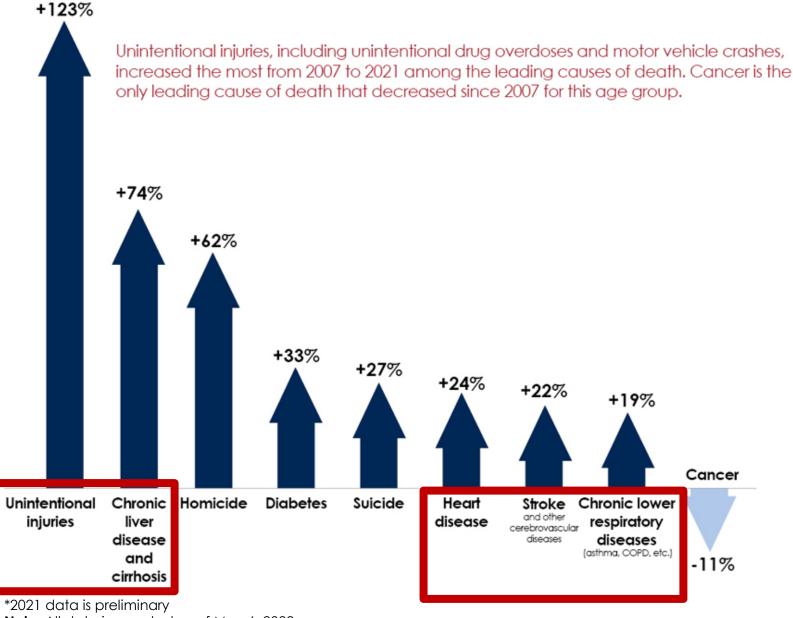


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Ohio's rank (2021 Health Value Dashboard)

Addiction 27 Excessive drinking 40 Youth all-tobacco use Drug overdose deaths 48 Adult smoking

Health value in Ohio







Healthcare spending

Tobacco, alcohol and health series



Health **Policy** Brief

key findings

dependence is a powerful way to improve

health, advance health equity and reduce

. Systemic barriers to health, including poverty,

tobacco products, drive trends and disparifies

proven strategies to protect communities from

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people from becoming addicted to nicofine.

discrimination and targeted marketing of

Public and private partners can implement

· Reducing tobacco use and nicoline

healthcare spending.

in tobacco use

for policymakers

Tobacco, alcohol and health series

Health impacts of tobacco use in Ohio

Advancing evidence-informed policies to reduce tobacco use is one of the most powerful things public and private leaders can do to improve health across Ohio communities. If proven tobacco prevention strategies are bolstered. Ohioans can live longer and healthier lives. For example, strong enforcement of Ohio's Tobacco 21 law can prevent young people from becoming addicted to nicotine, which will lead to less tobacco use among adults in the future. That generational change can, in turn, lead to fewer families losing loved ones to cancer or other tobacco-related diseases.

HPIO's 2021 Health Value Dashboard™ reported that Ohio has higher rates of adult and youth tobacco use than most other states. Dashboard analysis also found a strong correlation between adult smoking and health value, indicating that tobacco use is a leading driver of poor health and higher healthcare spending.

How do tobacco and nicotine affect health and healthcare spending?

How does tobacco use impact health outcomes?

Use of tobacco products and secondhand smoke exposure contribute to significant regative health consequences across all ages. Over 20,000 Chioans die as a result of smoking each year.²

Cigarettes

Smoking and secondhand smoke exposure contribute to leading causes of infant mortality, including low birth weight, preterm delivery and Sudden Infant Death Syndrome (SIDS). Exposure to secondhand smake in childhood and adolescence can lead to respiratory and ear infections. Beginning tobacco use in childhood or adolescence may also result in lifelong nicotine addiction and additional related harms. Smoking in adulthood contributes to a multitude of health conditions including cancer, stroke. heart disease, lung disease, reproductive problems, diabetes and more (see figure 1).3

While less is known about the long-term consequences of e-cigarette use compared to combustible cigarette use, there is evidence that completely substituting e-cigarettes for combustible cigarettes reduces exposure to many harmful substances and carcinogens." However, current research also indicates that e-cigarette use can result in acute health effects, such as elevated heart rate and blood pressure, as well as biological changes that could contribute to long-term health consequences, such as cancer and adverse reproductive outcomes.3 Research is ongoing to determine the extent to which e-cigarettes are an effective harm reduction alternative to smoking for adults.

Health Policy Brief Tobacco, alcohol and health series lealth impacts of excessive alcohol use in Ohio

> Advancing evidence-informed policies to reduce excessive alcohol use is one of the most powerful things public and private leaders can do to improve health, increase road safety and decrease violence across Ohio communities. If proven alcohol prevention strategies are implemented. Chicans can live longer and healther lives, for example, school-based programs that equip adolescents with skills to delay alcohol use can prevent young people from engaging in risky binge drinking and progressing to heavy drinking in adulthood. That generational change can, in turn, lead to fewer families losing loved ones to car crashes. violence and liver disease.

> HPIO's 2021 Health Value Dashboard™ reported that Ohio has a higher rate of excessive drinking than most other states. A rise in alcohol-related deaths and growing awareness of the dangers of coerced alcohol. use through hazing emphasize the importance of reducing excessive drinking among young people and

key findings for policymakers

- a powerful way to improve health. advance health equity and reduce healthcare spending.
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How does alcohol use affect health and healthcare spending?

How does alcohol use impact health outcomes?

Alcohol use contributes to significant negative health consequences across all ages (see figure 1).

Alcohol use during pregnancy is linked to fetal alcohol spectrum disorders (FASDs), which cause symptoms in children such as low body weight, sleep problems and learning disabilities.' Alcohol use during adolescence has negative consequences on the developing brain and can lead to poor academic performance, mental health problems and heavy drinking later in life. Alcohol use in act if hood poses an increased risk for many health consequences including cardiovascular disease cancers, liver disease, learning and memory problems, mental health problems and alcohol use disorder,14 Alcohol use also contributes to violence, motor vehicle crashes, family problems and

Terms used in this brief

- . Binge drinking: A pattern of alcohol use that brings blood alcohol concentration levels to 0.08% or more. This is usually defined as consuming four drinks or more for women and five drinks or more for men on a single occasion, generally within about two hours.⁴
- . Heavy drinking: Consuming eight drinks or more per week for women and 15 drinks or more
- Excessive alcohol use: includes binge diinking, heavy diinking, any alcohol use by individuals under the age of 21 years (minimum legal drinking age) and any alcohol use by pregnant

hpio Health Policy Brief

Tobacco, alcohol and health series

nplications for future cannabis policy

Objects across the state have a shared interest in drug policy that protects young people, prevents addiction, treats adults fairly and avoids uninfended consequences.

As recreational cannabis legalization emerges as a key policy issue. Ohio policymakers have an opportunity to develop a new regulatory framework that is informed by the successes and failures of tobacco and alcohol control policy. Decades of research on tobacco and alcohol provide evidence for approaches that are most effective to reduce the harms caused by these legal drugs.

This policy brief lays the groundwork for future cannable policy discussions by:

- . Highlighting what works to reduce tobacco and excessive alcohol use
- Describing recent and upcoming tobacco. alcohol and cannobls policy changes
- Applying lessors learned from tobacco. and alcohol to inform equitable and effective cannabis regulation in the future (see figure 1)



- We know what works to reduce tobacco and alcohol dependence. Decades of research have contributed to a strong understanding of what works to prevent youth substance use and protect communities from secondhand smoke exposure, drunk driving, concer and other
- Tobacco and alcohol policies and outcomes have implications for future connabls policy. Lessons learned from tobacco and alcahol nalicy can inform an equitable and effective approach to future drug policy, including recreational cannabis
- Now is the time to set clear policy goals on legal drugs. Evidence-based approaches to cannabls, tobacco and alcohol policy are needed to improve health, decrease disparities and control healthcare spending.

Figure 1. Taking action to apply lessons learned from tobacco and alcohol to recreational cannabis policy



Minimize harms and protect public safety



ole equity and justice



Policy actions

Policymakers can design effective laws, rules. regulations and programs in the following areas:

- . Youth access and age restrictions
- · Education and media campaigns . Taxation, fees and pricing
- · Marketing restrictions
- · Retail sales restrictions
- . Product control (cultivation, potency, packaging and distribution)
- · Public safety (including vehicle operation)
- · Healthcare services (substance use disorder treatment access and financing)
- · Data and evaluation

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HEALTH IMPACTS OF TOBACCO USE

3.2021



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Tobacco, alcohol and health series

Health impacts of tobacco use in Ohio

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HPIO's 2021 Health Value Dashboard™

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driver of poor health and higher healthcare spending.

key findings for policymakers

- Reducing tobacco use and nicoline dependence is a powerful way to improve health, advance health equity and reduce healthcare spending.
- Systemic barriers to health, including poverty, discrimination and targeted marketing of tobacco products, drive trends and disparties in tobacco use.
- Public and private patiners can implement proven strategies to protect communities from the harms of lobacco use and keep young people from becoming addicted to nicoline.

How do tobacco and nicotine affect health and healthcare spending?

How does tobacco use impact health outcomes?

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Cigarettes

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F-clogrette

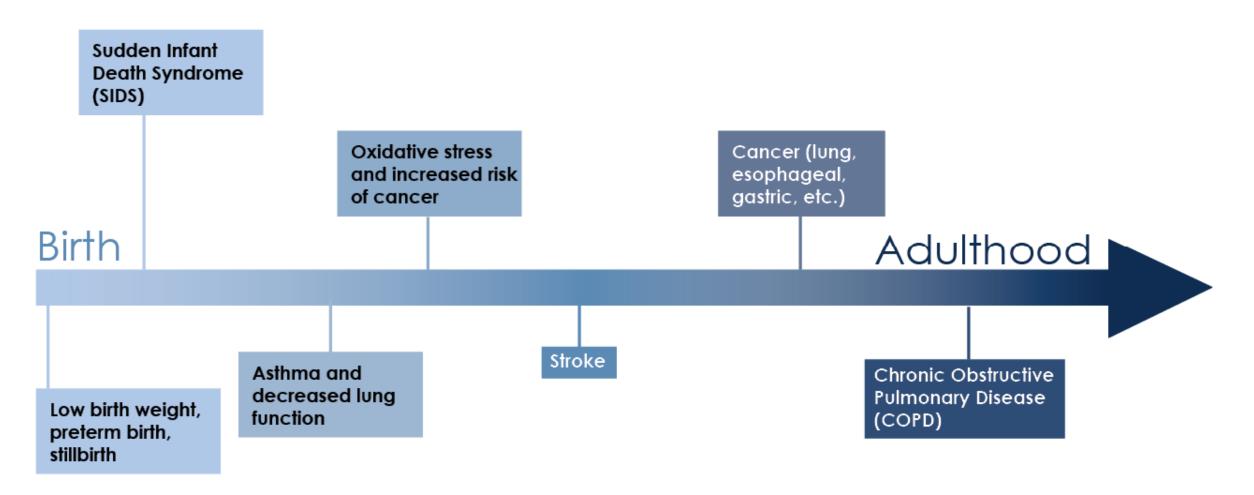
While less is known about the long-term consequences of e-cigarette use compared to combustible cigarette use, there is evidence that completely substituting e-cigarettes for combustible cigarettes reduces exposure to many harmful substances and carcinogens. However, current research also indicates that e-cigarette use can result in acute health effects, such as elevated heart rate and blood pressure, as well as biological changes that could contribute to long-term health consequences, such as cancer and adverse reproductive outcomes. Research is angoing to determine the extent to which e-cigarettes are an effective harm reduction alternative to smoking for adults.



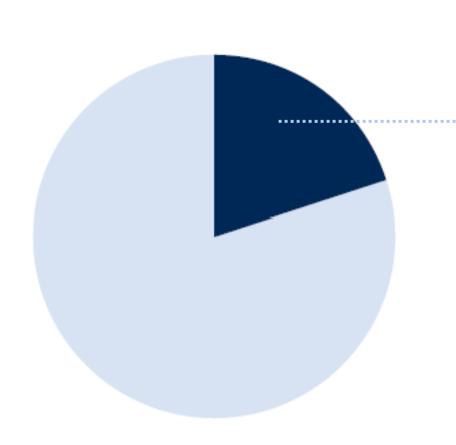
3 key findings

- Reducing tobacco use and nicotine dependence is a powerful way to improve health, achieve equity and reduce healthcare spending
- Systemic barriers to health, including poverty, discrimination and targeted marketing of tobacco products, drive trends and disparities in tobacco use
- Public and private partners can implement proven strategies to protect communities and keep young people from becoming addicted to nicotine

Health impacts of cigarette use



Impacts on healthcare spending



Tobacco use is an important Medicaid policy issue. Researchers estimate that about

20% of Medicaid spending

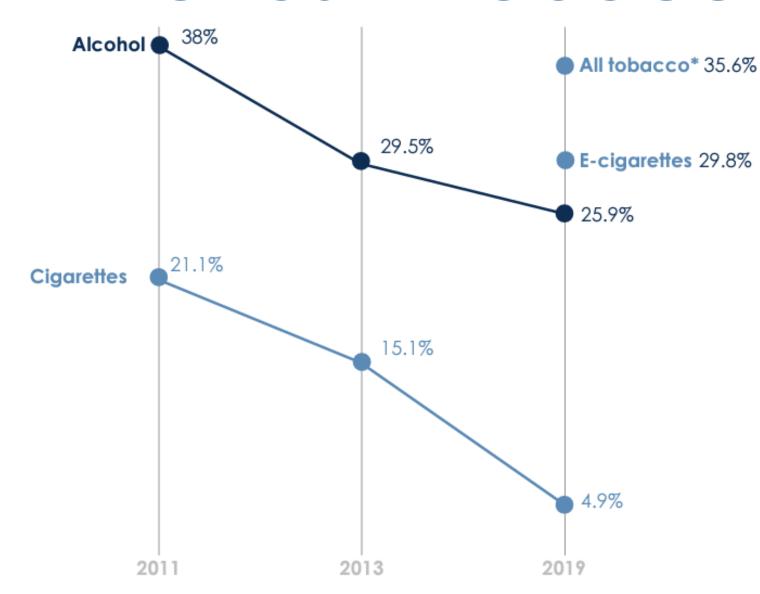
is attributable to smoking, and Medicaid enrollees have high rates of cigarette and e-cigarette use

Recent trends in tobacco policy

- Tobacco 21
- Vaping and flavors
- Medicaid and tobacco cessation

Recent trends in tobacco use

Percent of Ohio high school students who used tobacco products* or alcohol in the past 30 days, 2011-2019



*Includes cigarettes, cigars, smokeless tobacco and electronic vapor products **Source**: Youth Risk Behavior Survey, Centers for Disease Control and Prevention (CDC); Youth all-tobacco use data from the 2020-2022 State Health Improvement Plan

Note: E-cigarette data not available in 2011 or 2013.

Ohioans most at risk

Cigarette smoking

E-cigarette use

Youth



Male youth*

- 9th grade youth*
- Youth who are gay, lesbian or bisexual*

Youth who are gay or lesbian*

Adult



 People who have experienced two or more adverse childhood experiences (ACEs)***

- People with 14 or more poor mental health days in the past month**
- People with low incomes (0-138% of the federal poverty level)
- People with disabilities
- Medicaid enrollees and people without health insurance

- Young adults (ages 19-34)
- People with low incomes (75%-138% of the federal poverty level)
- Medicaid enrollees and people without health insurance
- Adults who are gay, lesbian, bisexual or a sexual orientation other than straight****
- People with 14 or more poor mental health days in the past month**

Source: Data is from the 2019 Ohio Medicaid Assessment Survey (OMAS), unless otherwise identified.

Notes: "Most at risk" is defined as groups with prevalence at least 30% higher than Ohio overall for adults (OMAS and BRFSS) or youth (YRBS). Gay, lesbian and bisexual response options are different in the BRFSS and the YRBS and are not included in OMAS. Gender identity is not included in the YRBS, and the BRFSS transpender sample size is too small for many analyses.

^{*2019} Youth Risk Behavior Survey (YRBS)

^{**2020} Behavioral Risk Factor Surveillance System (BRFSS)

^{***2015} Behavioral Risk Factor Surveillance System (BRFSS)

^{*****}HPIO analysis of 2018-2020 Behavioral Risk Factor Surveillance System (BRFSS) data (pooled years)

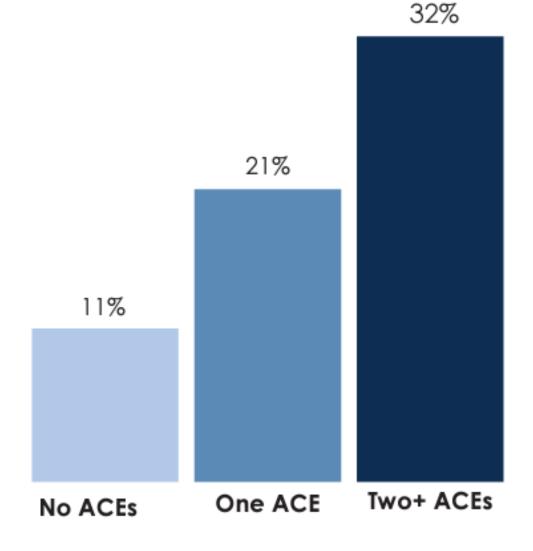
Marketing of tobacco products





Tobacco use and trauma

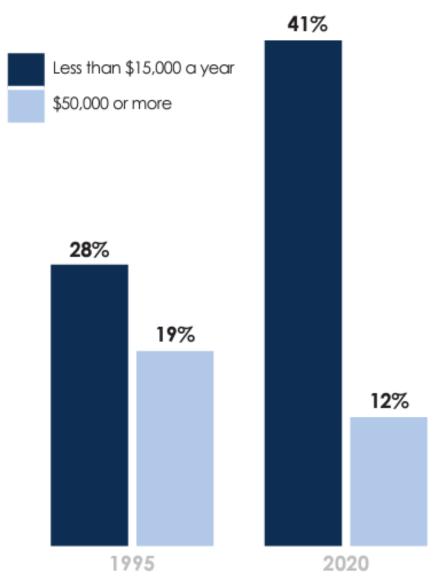
Percent of adults who currently smoke cigarettes (age adjusted), by number of ACEs, Ohio, 2015



Source: Data from 2015 Behavioral Risk Factor Surveillance System was provided by the Ohio Department of Health's Division of Health Improvement and Wellness. Analysis by Ohio University, Voinovich School of Leadership and Public Affairs for HPIO.

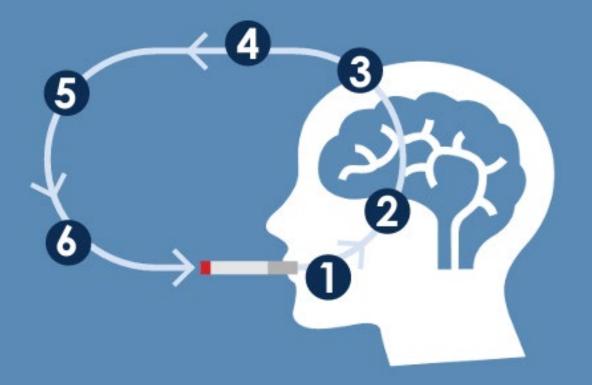
Tobacco use and poverty

Percent of adults who currently smoke, by household income, Ohio, 1995 and 2020



Source: Behavioral Risk Factor Surveillance Survey, CDC

Nicotine and stress



- 1. Nicotine delivered by smoking
- 2. Nicotine travels to the brain
- 3. Nicotine activates nicotinic receptors, which stimulates the release of Dopamine
- 4. Dopamine released, leading to pleasant feelings of calmness and reward
- 5. Dopamine levels reduce, leading to withdrawal symptoms of stress and anxiety
- 6. Withdrawal triggers desire for another cigarette

Source: "Tobacco, Alcohol and Health Series: Health Impacts of Tobacco Use in Ohio," Health Policy Institute of Ohio. Adapted from "A Sociological Approach to Addressing Tobacco-related Health Disparities, 2017," Action on Smoking and Health, Wales, United Kingdom and U.S. National Cancer Institute

Mental health and tobacco use

Percent of adults who currently smoke, by number of days with poor mental health in the past 30 days



Source: Behavioral Risk Factor Surveillance Survey, CDC

Examples of effective strategies



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SERVICES | GOVERNMENT | HELP/311 |

HEALTH DEPARTMENT



Health Department / Cincinnati Health Department Programs / Live-Work-Play Cincinnati / Tobacco 21

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Tobacco 21



TOBACCO RETAIL LICENSE APPLICATION

HOW TO SET UP A NEW USER ACCOUNT

Tobacco Retail/Tobacco 21 helpline 513-357-7274

For more information about Tobacco 21 in Cincinnati, contact: tobacco21@cincinnati-oh.gov

Need help to quit smoking? Call 1-800-QUIT-NOW

CVS to stop selling tobacco products

Becomes the first large retail pharmacy chain to pull tobacco products from stores.



110 Tobacco Program

Quit Line: 1-800-QUIT-NOW

Questions

HEALTH IMPACTS OF ALCOHOL USE

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Health **Policy** Brief

Tobacco, alcohol and health series

Health impacts of excessive alcohol use in Ohio

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HPIO's 2021 Health Value Dashboard™ reported that Ohio has a higher rate of excessive dinking than most other states. A rise in alcohol-related deaths and growing awareness of the dangers of coerced disohol use through hazing emphasize the importance of reducing excessive dinking among young people and adults.

3

key findings for policymakers

- Reducing excessive alcohol use is a powerful way to improve health, advance health equity and reduce healthcare spending.
- Systemic barriers to health, such as pandernio-related stress, discrimination and targeted marketing, dive trends and disparities in excessive alcohol use.
- Public and private partners can implement proven shategies to protect communities from the harms of excessive alcohol use and keep young people from becoming dependent on alcohol or other drugs.

How does alcohol use affect health and healthcare spending?

How does alcohol use impact health outcomes?

Alcohol use contributes to significant negative health consequences across all ages (see figure 1).

Alcohol use during pregnancy is linked to fetal alcohol spectrum disorders (FASDs), which cause symptoms in children such as low body weight, sleep problems and learning disobilities. Alcohol use during adolescence has negative consequences on the developing brain and can lead to poor academic performance, mental health problems and heavy diriking later in life. Alcohol use in adulthood poses an increased lisk for many health consequences including cardiovascular disease, cancers, liver disease, learning and memory problems, mental health problems and alcohol use disorder. Alcohol use also contributes to violence, motor vehicle crashes, family problems and unemployment.

Terms used in this brief

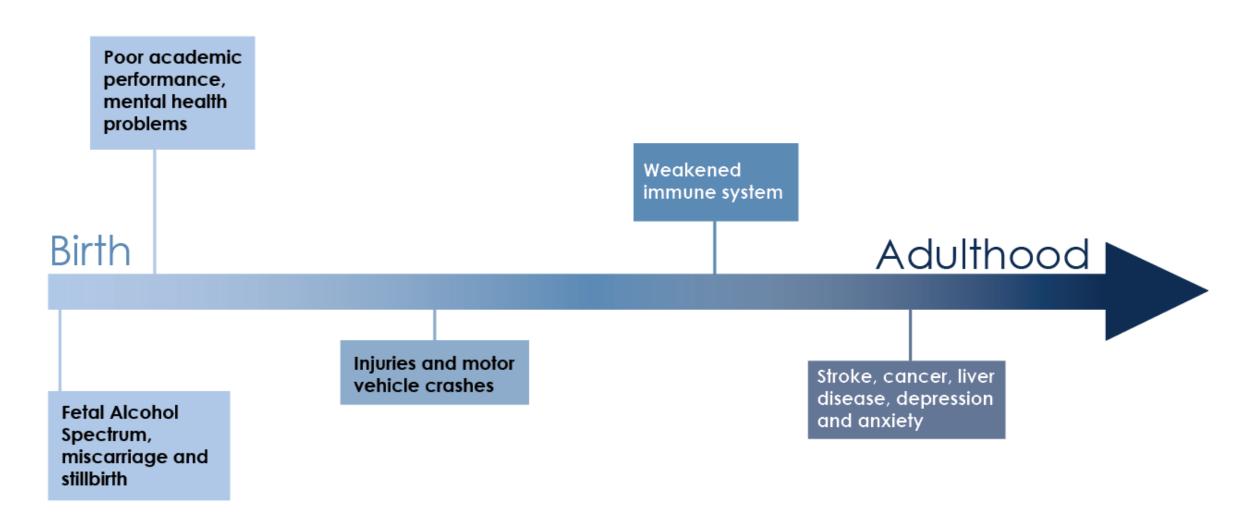
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3 key findings

- Reducing excessive alcohol use is a powerful way to improve health, advance health equity and reduce healthcare spending.
- **Systemic barriers to health**, such as pandemic-related stress, discrimination and targeted marketing, drive trends and disparities in excessive alcohol use.
- Public and private partners can implement proven strategies to protect communities from the harms of excessive alcohol use and keep young people from becoming dependent on alcohol.

Health impacts of alcohol use



Recent trends in alcohol policy

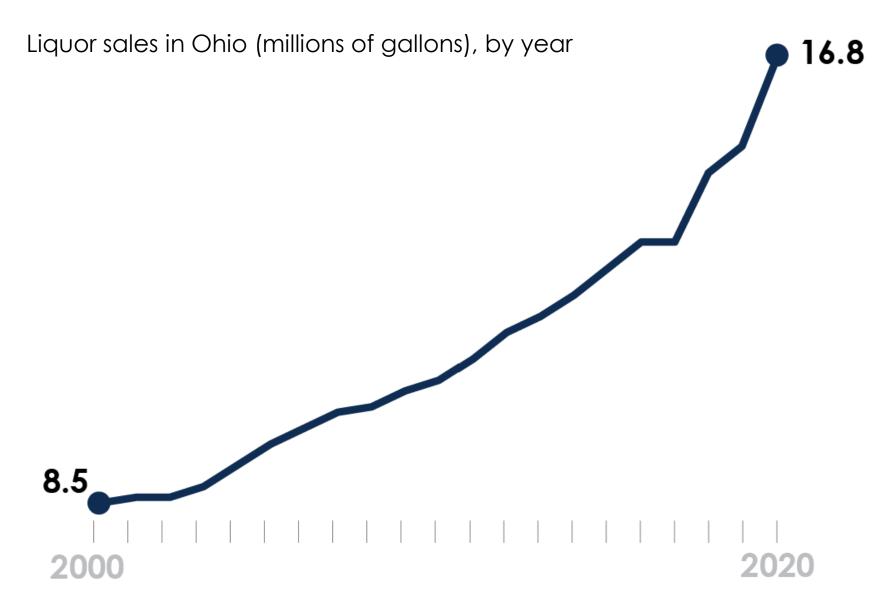
Access expansion:

- Designated Outdoor Refreshment Areas (DORA)
- Alcoholic ice-cream vendors
- To-go drinks from bars and restaurants

Hazing

Increases penalty for hazing to second-degree misdemeanor

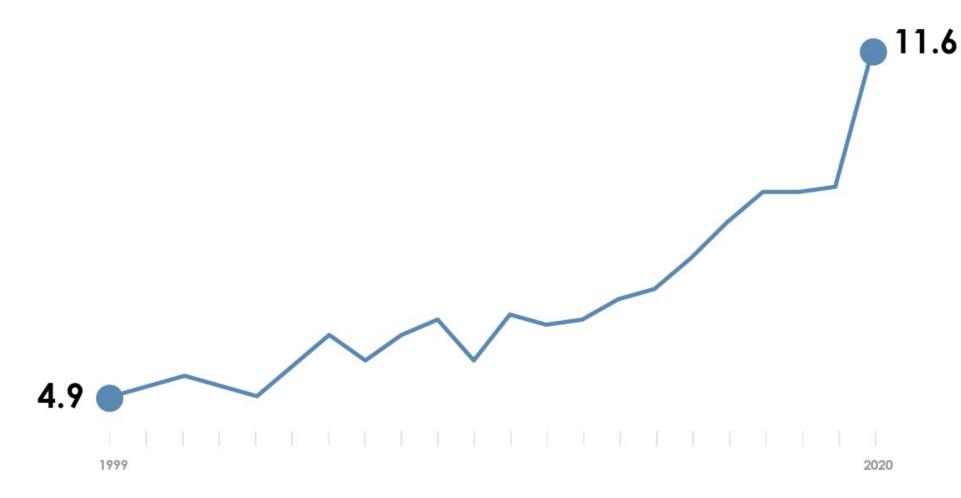
Recent trends in alcohol use



Source (2000-2017): Ohio Online State Health Assessment, Ohio Department of Health Source (2018-2020): Ohio Department of Commerce, Division of Liquor Control

Alcohol involved deaths*

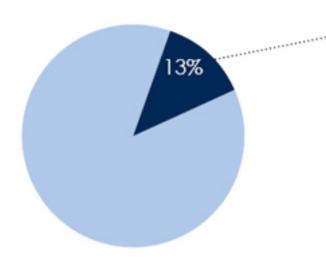
rate per 100,000 people, Ohio 1999-2020



* "Alcohol-involved deaths" are defined by the Centers for Disease Control and Prevention (CDC) using ICD-10 codes describing 100% alcohol-attributable deaths driven by long-term alcohol use (e.g., alcoholic cardiomyopathy, alcoholic hepatitis, alcohol-induced pancreatitis), as well as acute causes of death (e.g., alcohol poisoning). **Source:** Data from the State Health Access Data Assistance Center (SHADAC) State Health Comparison

COVID-19 and the leading causes of death for working-age Ohioans

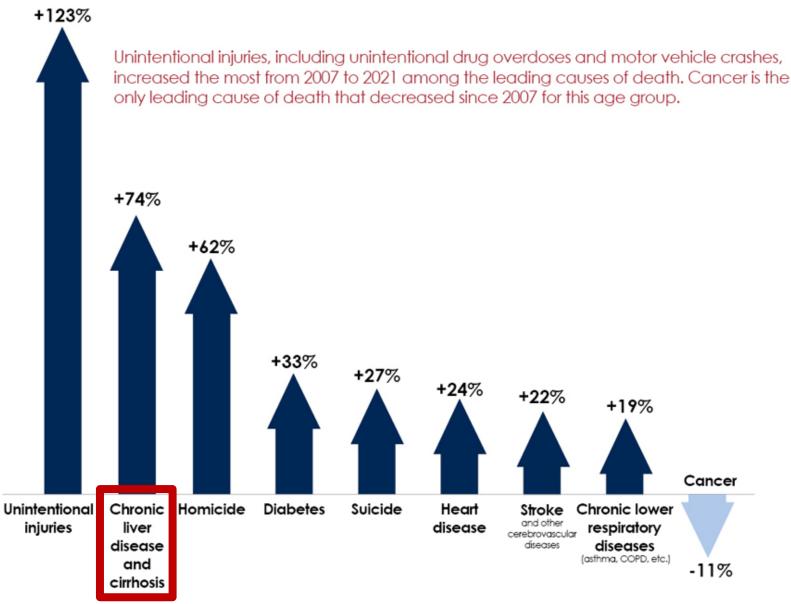
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Changes in leading causes of death for working-age Ohioans from 2007 to 2021



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Data source: Health Policy Institute of Ohio analysis of data from Ohio Department of Health, Public Health Data Warehouse

Ohioans most at risk

	Binge drinking 4+ drinks for women and 5+ drinks for men within 2 hours	Heavy drinking 8+ drinks for women and 15+ drinks for men per week
Youth	 12th grade youth* Youth who are gay, lesbian or bisexual Youth who are not sure of their sexual identity* 	N/A
Adult	 Young adults (ages 19-34) People without insurance Adults who are gay, lesbian, bisexual or a sexual orientation other than straight** 	 People with 14 or more poor mental health days in the past month** Adults who are gay, lesbian, bisexual or a sexual orientation other than straight**

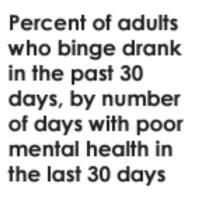
*2019 Youth Risk Behavior Survey (YRBS)

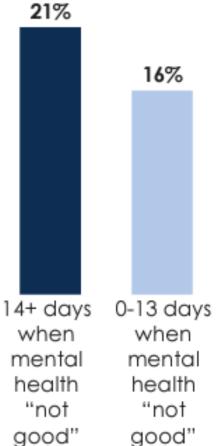
**HPIO analysis of 2018-2020 Behavioral Risk Factor Surveillance System (BRFSS) data (pooled years)

Source: Data is from the 2019 Ohio Medicaid Assessment Survey (OMAS), unless otherwise identified.

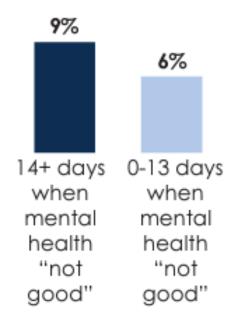
Notes: "Most at risk" is defined as groups with prevalence at least 30% higher than Ohio overall for adults (OMAS and BRFSS) or youth (YRBS). Gay, lesbian and bisexual response options are different in the BRFSS and the YRBS and are not included in OMAS. Gender identity is not included in the YRBS and the BRFSS transgender sample size is small.

Mental health, binge drinking and heavy drinking Ohio, 2022





Percent of adults who reported heavy drinking in the past 30 days, by number of days with poor mental health in the last 30 days



Source: Behavioral Risk Factor Surveillance Survey, CDC

Drivers

- Discrimination
 - Marketing to young adults and women
 - Alcohol retail density in communities of color
- Trauma and toxic stress
- Mental health issues



Photos from Journal of Studies on Alcohol and Drugs

Examples of effective strategies

Businesses: Other retailers

Tobacco and alcohol marketing: Montgomery County Alcohol, Drug and Mental Health Services (ADAMHS) Board

The Conscious Retailer Program builds a public/private partnership between the ADAMHS Board, tobacco and alcohol retailers and prevention providers to reduce advertisements for tobacco and alcohol products at retail stores. Retailers are incentivized by the ADAMHS Board with advertising and social media campaigns recognizing them as a community partner if they reduce tobacco and alcohol marketing and use through methods such as:

- Tobacco and alcohol signage covering 20% or less of store windows
- Posting age-restriction signs for purchasing products
- Reducing point-of-sale advertising

Law enforcement



nt

Sheriff Department Crossroads Behavioral Health partnered with the Lake County Sheriff Department

Enhanced enforcement of laws prohibiting underage alcohol sales: Lake County

Crossroads Behavioral Health partnered with the Lake County Sheriff Department to conduct retailer compliance checks to deter underage alcohol sales.

Schools



Screening Brief Intervention and Referral to Treatment (SBIRT): Norwood City Schools

Norwood was among the first school districts to conduct screening for alcohol and drug use using the SBIRT tool. They combine SBIRT with standard scoliosis screening in grades 6, 7, 8 and 9 and connect students with resources to prevent substance use disorder.

Questions

IMPLICATIONS FOR FUTURE CANNABIS POLICY



Health **Policy** Brief

Tobacco, alcohol and health series

Implications for future cannabis policy

Ohioans across the state have a shared interest in drug policy that protects young people, prevents addiction, treats adults fairly and avoids unintended consequences.

As recreational cannobis legalization emerges as a lesy policy issue. Ohio policymakers have an apportunity to develop a new regulatory framework that is informed by the successes and failures of tobacco and alcohol control policy. Decades of research on tobacco and alcohol provide evidence for approaches that are most effective to reduce the harms caused by these legal drugs.

This policy brief lays the groundwork for future cannable policy discussions by:

- Highlighting what works to reduce tobacco and excessive alcohol use
- Describing recent and upcoming tobacco, alcohol and cannobs policy changes
- Applying lessors learned from tobacco and alcohol to inform equitable and effective cannabs regulation in the future (see figure 1)

key findings for policymakers

- We know what works to reduce tobacco and alcohol dependence. Decades of research have contributed to a strong understanding of what works to prevent youth substance use and protect communities from secondhand smoke exposure, drunk driving, cancer and other harms.
- Tobacco and alcohol policies and outcomes have implications for future cannobis policy. Lessons learned from tobacco and alcohol policy can inform an equitable and effective approach to future drug policy, including recreational cannobis regulation.
- Now is the time to set clear policy goals on legal drugs. Evidence-based approaches to cannobis, tobacco and alcohol policy are needed to improve health, decrease disparties and control healthcare spending.

Figure 1. Taking action to apply lessons learned from tobacco and alcohol to recreational cannabis policy

Policy goals

Proposed cannobs policies should be assessed for their potential to achieve these apair.

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Protect youth health and brain



Minimize harms and protect public safety



Promote equity and justice (narroad economic apportunity and decreased incarceration)



Reinvest lax revenue in prevention, treatment and recovery

Policy actions

Policymakers can design effective laws, rules, regulations and programs in the following areas:

- Youth access and age restrictions
- Education and media campaigns
- . Taxation, fees and pricing
- · Marketing restrictions
- · Retail sales restrictions
- Product control (cultivation, potency, packaging and distribution)
- Public safety (including vehicle operation)
- Healthcare services (substance use disorder treatment access and financing)
- Data and evaluation

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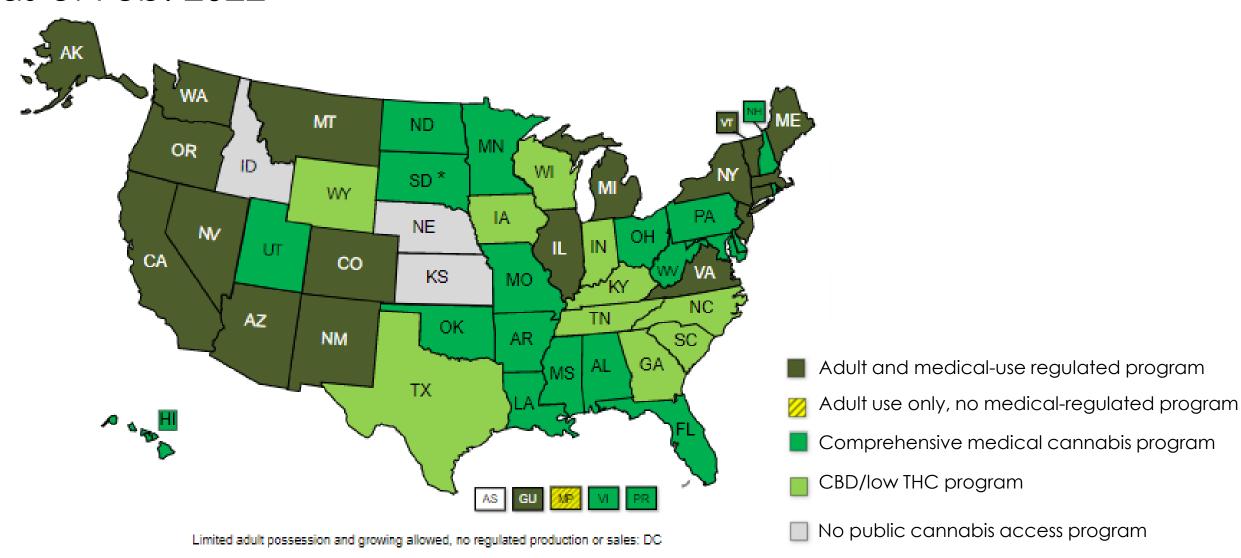


3 key findings

- We know what works to reduce tobacco and alcohol dependence
- Tobacco and alcohol policies and outcomes have implications for future cannabis policy
- Now is the time to set clear policy goals on legal drugs

State regulated cannabis programs

as of Feb. 2022



Ohio cannabis policy landscape

Medical

2016

Ohio General Assembly passed HB 523, creating the Ohio Medical Marijuana Control Program

2021

SB 261 introduced, would expand Ohio's medical program (passed Senate 12/21)

Recreational ("adult use")

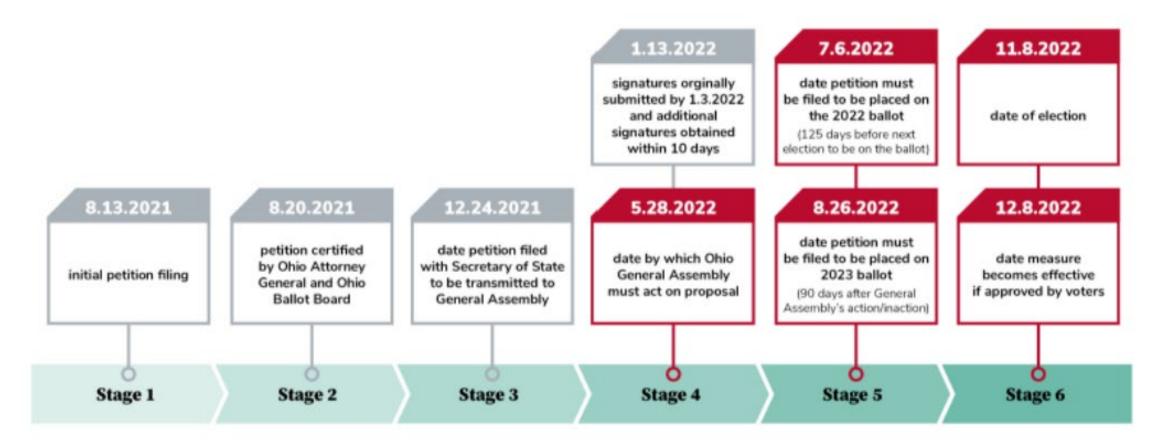
2021

- Coalition to Regulate Marijuana Like Alcohol started ballot initiative process
- Three bills introduced to legalize recreational marijuana (HB 210, HB 382 and HB 498)

2022

- HB 682 introduced
- Ballot initiative delayed until 2023

Initiated statute process for An Act to Control and Regulate Adult Use Cannabis



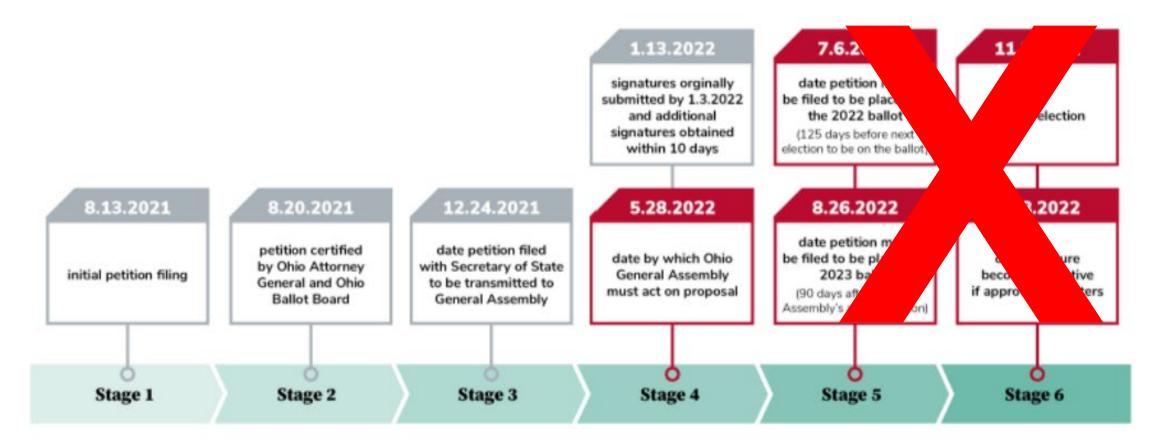
Source: Drug Enforcement and Policy Center, Moritz College of Law, Ohio State University

The Columbus Dispatch

ELECTIONS

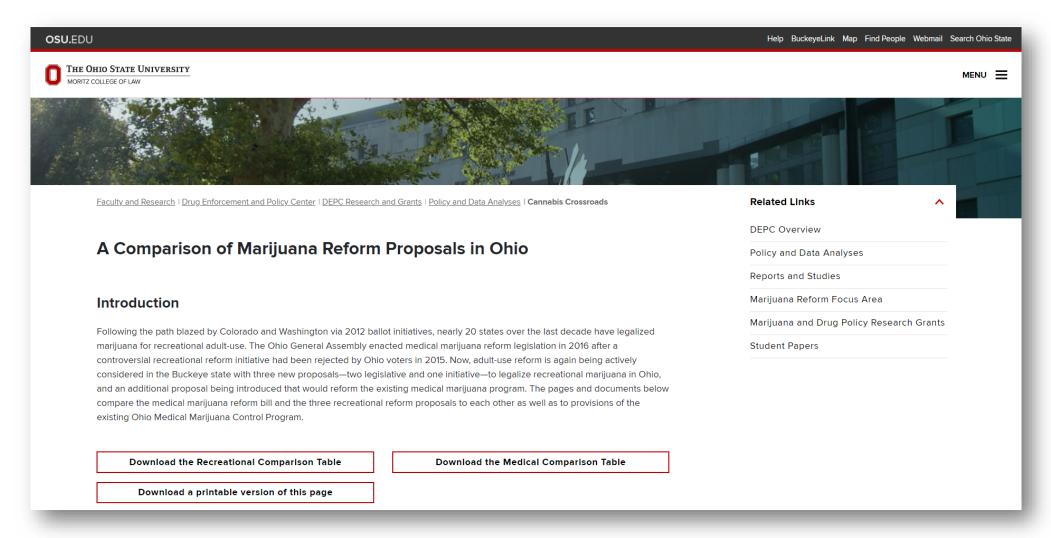
Ohio won't vote on legalizing marijuana in 2022, group to try again in 2023

Initiated statute process for An Act to Control and Regulate Adult Use Cannabis



Source: Drug Enforcement and Policy Center, Moritz College of Law, Ohio State University

Learn more: Drug Enforcement and Policy Center tools



Lessons learned

from tobacco and alcohol

- 1. Easy access and low prices lead to higher consumption
- 2. Product types and marketing tactics change more quickly than public health data systems can monitor drug use trends
- 3. Excise tax revenue has not been used for addiction prevention

Lessons learned (cont.)

- 4. Designating a drug as legal may lead the public to assume it is not harmful to health
- 5. Toxic stress and trauma play a critical role in drug dependence
- 6. General "once size fits all" prevention and treatment approaches do not work for every Ohioan

Lessons learned (cont.)

7. An effective public health approach includes both prevention and harm reduction

Effective policy options: Tobacco and alcohol

Youth access and age restrictions

Education and media campaigns

Taxation, fees and pricing

Marketing restrictions

Retail sales restrictions

Healthcare services

Public safety

state-level prevention and control, including data

Effective policy options: Cannabis

Youth access and age restrictions

Education and media campaigns

Taxation, fees and pricing

Marketing restrictions

Retail sales restrictions

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Public safety

state-level prevention and control, including data

Policy goals

Proposed cannabis policies should be assessed for their potential to achieve these goals:



Protect youth health and brain development



Minimize harms and protect public safety



Promote equity and justice (increased economic opportunity and decreased incarceration)



Reinvest tax revenue in prevention, treatment and recovery

Taking action to apply lessons learned from tobacco and alcohol to recreational cannabis policy

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Recommendations

- 1. Strengthen implementation of proven tobacco and alcohol policies
- 2. Clarify policy goals for recreational cannabis legalization
- 3. Deploy effective strategies to achieve cannabis policy goals

Questions



Download slides and resources from today's forum on the event page at

http://bit.ly/HPIOevents

Poll Question



Ways to influence policy

- Write letters, emails or make phone calls
- Provide district specific data
- Provide analysis of a bill
- Provide testimony at a legislative hearing
- Provide a one-page fact sheet
- Organize community partners to visit key policymakers
- Invite policymakers to visits your organization or speak at a meeting you host

Poll Question



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Thank you