New HPIO fact sheet highlights opportunities for individuals, community groups to address racism, support health

(COLUMBUS, Ohio) – The Health Policy Institute of Ohio has released a new fact sheet that outlines actions that individuals and community groups can take to support the health and well-being of Ohioans of color.

“Every Ohioan benefits when Ohio is healthy and economically vibrant,” the fact sheet states. “Though all Ohioans deserve the opportunity to be healthy, stark differences in health outcomes signal that not every Ohioan has a fair opportunity for good health.”

HPIO’s Health Value Dashboard™ highlights health disparities experienced by Ohioans of color, regardless of income or education level. Many barriers to good health experienced by communities of color are rooted in racism and centuries of unjust practices and policies.

“Despite these barriers, improvement is possible,” according to the fact sheet. “Ohioans of all ages, races, ethnicities, incomes, faiths, political parties and areas of the state can take meaningful action to eliminate racism and improve health. We all have a role to play in creating and advancing fair opportunities for good health.”

This fact sheet, the final in a series of three, outlines actions individuals and community groups can take to support the health and well-being of Ohioans of color. Previous fact sheets provided action steps for state and local policymakers and private sector organizations.

For any questions about the analysis, or if you would like to talk with the authors of the fact sheet, please call or text Nick Wiselogel at 614.530.9918 or email nwiselogel@hpio.net.

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