

2020-2022 State Health Improvement Plan (SHIP)

SHIP Advisory Committee Meeting

Feb. 23, 2021





Alana Clark-Kirk

Education and Communications
Manager, HPIO

Please type questions or comments in the question box



File View Help

Audio

Computer audio
 Phone call

You are connected at
+1 (631) 992-3221
Access Code: 805-944-993

Talking: Reem Aly and Amy Bush Stevens

Questions/Chat

I thank you for joining us! The HPIO webinar will begin shortly.

[Nick Wiselogel](#) (to All - Entire Audience):
2:01 PM: We will beginning the webinar shortly

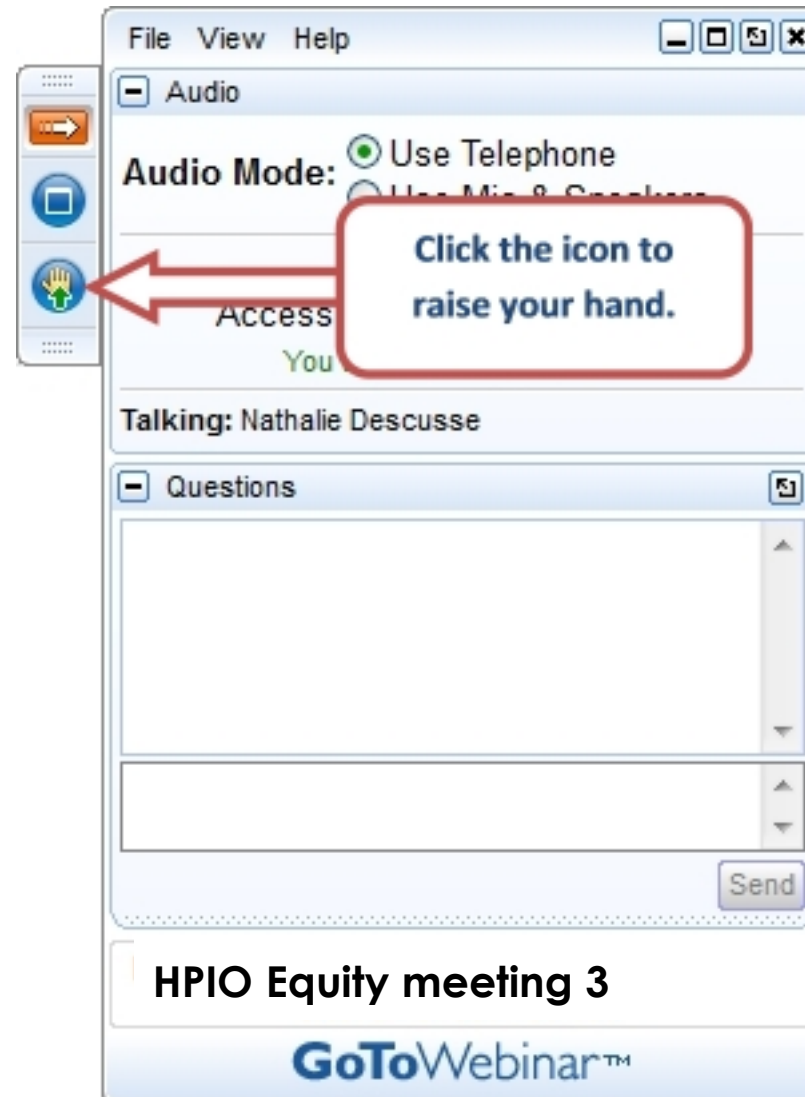
Send

2017 Health Value Dashboard webinar
Webinar ID: 774-626-963

● This session is being recorded.

GoToWebinar

Discussion



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Health Policy Institute of Ohio > SHA SHIP

SHA SHIP

State Health Assessment and State Health Improvement Plan

Poll question #1

Agenda

- SHIP materials
- SHIP framework and priorities
- Toolkit sections:
 - Overview
 - Advance equity
 - Strategies
 - Communicate
- Next steps



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Health Improvement Planner
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Ohio

Department
of Health

State Health Assessment and State Health Improvement Plan

Vision

Ohio is a model of health, well-being and economic vitality.

Mission

Improve the health of Ohioans by implementing a strategic set of evidence-based population health activities at the scale needed to measurably improve population health outcomes and achieve health equity.

Thank you, SHIP partners!

SHA/SHIP Steering Committee

- Ohio Department of Health
- Ohio Department of Medicaid
- Opportunities for Ohioans with Disabilities
- Ohio Department of Mental Health and Addiction Services
- Ohio Department of Developmental Disabilities
- Ohio Commission on Minority Health
- Ohio Housing Finance Agency
- Ohio Department of Job and Family Services
- Ohio Department of Transportation
- Ohio Department of Aging
- Ohio Department of Education
- RecoveryOhio
- Governor's Minority Affairs Liaison

SHA/SHIP Advisory Committee

SHIP work teams

Mental health and addiction

Chronic disease

Maternal and infant health

Community conditions

Health behaviors

Access to care



Jamie Carmichael

Chief Health Opportunity Advisor
Ohio Department of Health



Amy Bush Stevens

Vice President, HPIO

Overview of
SHIP materials



2019 State Health Assessment

- Focused on data
- Described current status
- Comprehensive



2020-2022 State Health Improvement Plan

- Focused on outcomes and strategies
- Action-oriented plan for the future
- Prioritized

Executive summary

What is the SHIP?

The State Health Improvement Plan (SHIP) is a tool to strengthen state and local efforts to improve health, well-being and economic vitality in Ohio. The SHIP's main components are:

- Six priorities including three factors and three health outcomes (see page 2)
- Thirty-seven measurable objectives
- A menu of evidence-informed strategies
- An evaluation plan to track and report progress

With the long-term goal of ensuring all Ohioans achieve their full health potential, the SHIP takes a comprehensive approach to achieving equity and addressing the many factors that shape our health, including housing, poverty, education and trauma (see page 2).

Why is the SHIP important?

The SHIP is Ohio's roadmap to address the many challenges identified in the [2019 State Health Assessment \(SHA\)](#), including a troubling drop in life expectancy from 2010 to 2017. Given the scope and complexity of Ohio's health challenges, the SHIP calls for cross-sector partnerships and alignment on a manageable set of measurable goals.

How was the SHIP developed?

Facilitated by the Health Policy Institute of Ohio (HPIO), under contract with the Ohio Department of Health (ODH), the SHIP was developed with input from hundreds of Ohioans through:

How will the SHIP be implemented?

The SHIP is designed to be implemented by a wide range of public and private partners. The menu of objectives and strategies in the SHIP provides flexible options for rural, Appalachian, suburban and urban communities, as well as approaches to improve outcomes for Ohioans of all ages.

How to get involved

- Visit the [SHIP page on the ODH website](#) and read the SHIP document
 - If not already connected, reach out to the [local health department\(s\)](#), [hospital\(s\)](#), [ADAMH board](#) and/or community health improvement coalition in your area to find out how the SHIP is being implemented
 - Identify SHIP priorities from page 2 that align with your organizational or constituent priorities
 - Use the SHIP to identify evidence-informed strategies that can impact these priorities (see parts 3-8 of the SHIP)
 - Partner with others to implement and evaluate SHIP strategies
- Regional forums and an online survey completed in 2018 as part of the 2019 SHA (622 participants)
 - Steering Committee made up of representatives from 13 state agencies, including sectors beyond health
 - Advisory Committee with 176 participants, including subject matter experts from around the state who participated in work teams to set objectives and select strategies

**State and local partners**

There are many partners at the state and local levels that contribute to achieving the vision of the SHIP, such as:

- State agencies and other statewide organizations
- Hospitals
- Local health departments
- Alcohol, Drug and Mental Health (ADAMH) boards
- Area Agencies on Aging
- Boards of developmental disabilities
- Community behavioral health providers
- Employers and workforce development organizations
- Housing organizations
- Medicaid managed care plans
- Philanthropy
- Schools
- Other local agencies and organizations

Public and private partners must row in the same direction to achieve the **SHIP vision: Ohio is a model of health, well-being and economic vitality**

Audience

Any potential partner, including public health, health care and sectors beyond health

Purpose

Motivate interest in learning more and getting involved

Audience

State agencies, local health departments, hospitals and any other organizations involved in local community improvement planning

Purpose

Guide statewide alignment on equity, priorities, evidence-informed strategies and outcome evaluation





2020-2022 State Health Improvement Plan implementation

Basic guidance

For local health departments
and hospitals in Ohio

Audience

Local health departments
and hospitals

Purpose

Awareness of ORC 3701.981
requirements and SHIP
alignment expectations



2020-2022 State Health Improvement Plan implementation

SHIP Toolkit

**For state agencies and local
communities in Ohio**

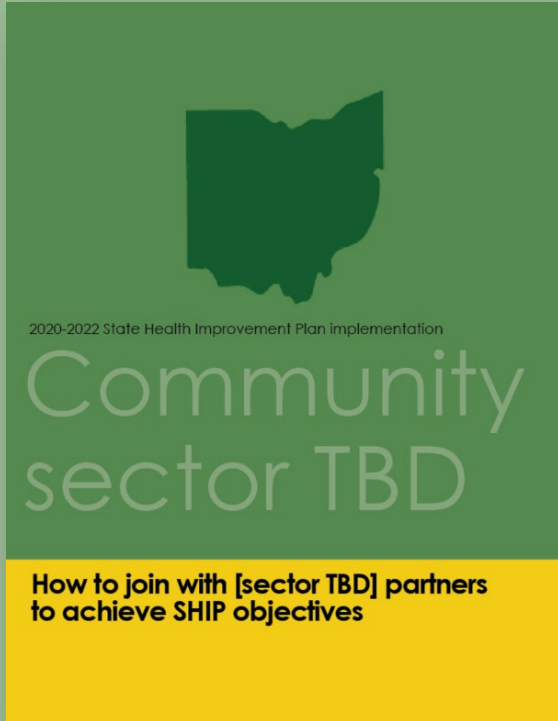
Audience

State agencies, local health departments, hospitals and any other organizations involved in local community improvement planning

Purpose

Provide specific guidance on equity, priority alignment, development of SMART objectives, strategy selection, evaluation, communications and partnerships

Cross-sector promotional materials



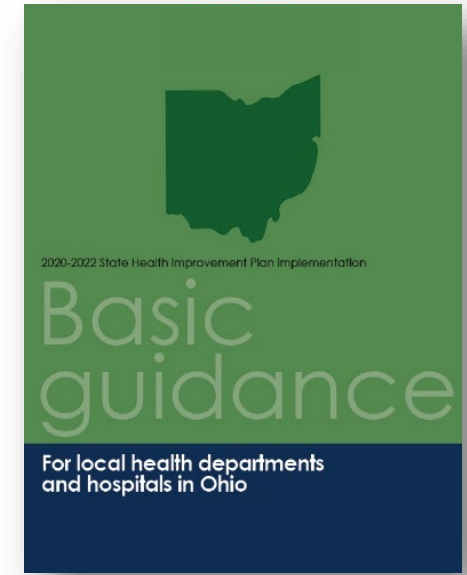
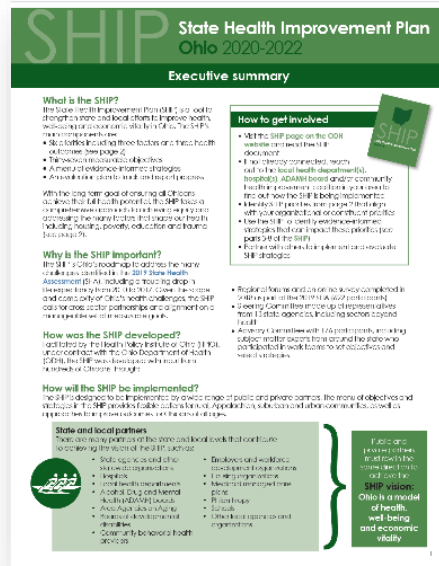
Audience

Other sectors, and health organizations reaching out to other sectors

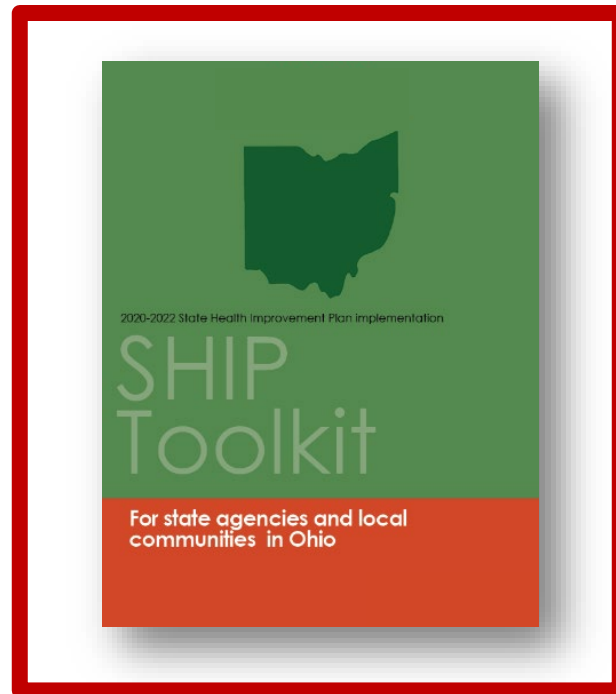
Purpose

Motivate and support cross-sector partnerships to implement the SHIP

Posted as of June 2020



To be posted later in 2021





Department of Health

WHO WE ARE
ABOUT US

KNOW OUR
PROGRAMS

HEALTH RULES
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ODH / Who We Are / State Health Assessment and State Health Im...

State Health Assessment and State Health Improvement Plan

September 12, 2019 | [ODH](#)



Who We Are

WELCOME

OFFICES, BUREAUS
AND DEPARTMENTS

ODH LOCATIONS

EXECUTIVE BIOS



State Health Assessment

State Health Improvement Plan

Strategic Plan

The State Health Assessment (SHA) is a comprehensive and actionable picture of health and wellbeing in Ohio. The purpose of the SHA is to:

Get in touch



Ohio Department of Health

246 North High Street,

Columbus, OH 43215

SHIP framework and priorities

Equity

Health equity is achieved when all people in a community have access to affordable, inclusive and quality infrastructure and services that, despite historical and contemporary injustices, allows them to reach their full health potential.

Priorities

The SHIP identifies three priority factors and three priority health outcomes that affect the overall health and well-being of children, families and adults of all ages.

What shapes our health and well-being?

Many factors, including these 3 SHIP priority factors*:

Community conditions

- Housing affordability and quality
- Poverty
- K-12 student success
- Adverse childhood experiences

Health behaviors

- Tobacco/nicotine use
- Nutrition
- Physical activity

Access to care

- Health insurance coverage
- Local access to healthcare providers
- Unmet need for mental health care

How will we know if health is improving in Ohio?

The SHIP is designed to track and improve these 3 SHIP priority health outcomes:

Mental health and addiction

- Depression
- Suicide
- Youth drug use
- Drug overdose deaths

Chronic disease

- Heart disease
- Diabetes
- Childhood conditions (asthma, lead)

Maternal and infant health

- Preterm births
- Infant mortality
- Maternal morbidity

All Ohioans achieve their full health potential

- Improved health status
- Reduced premature death

Vision
Ohio is a model of health, well-being and economic vitality

Strategies

The SHIP provides state and local partners with a menu of effective policies and programs to improve Ohio's performance on these priorities.

* These factors are sometimes referred to as the social determinants of health or the social drivers of health

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Health equity is achieved when all people in a community have access to affordable, inclusive and quality infrastructure and services that, despite historical and contemporary injustices, allows them to reach their full health potential.

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Priority factors*

- 1 Community conditions**
 - Housing affordability and quality
 - Poverty
 - K-12 student success
 - Adverse childhood experiences
- 2 Health behaviors**
 - Tobacco/nicotine use
 - Nutrition
 - Physical activity
- 3 Access to care**
 - Health insurance coverage
 - Local access to healthcare providers
 - Unmet need for mental health care

* These factors are sometimes referred to as the social determinants of health or the social drivers of health

Priority health outcomes

- 1 Mental health and addiction**
 - Depression
 - Suicide
 - Youth drug use
 - Drug overdose deaths
- 2 Chronic disease**
 - Heart disease
 - Diabetes
 - Childhood conditions (asthma, lead)
- 3 Maternal and infant health**
 - Preterm births
 - Infant mortality
 - Maternal morbidity

Priority factors*

Community Conditions

Health behaviors

Access to care

Priority health outcomes

Mental health and addiction

Chronic disease

Maternal and infant health

*These factors are sometimes referred to as the social determinants of health or the social drivers of health

Example

Priority factor
Community
Conditions



```
graph LR; A["Priority factor  
Community  
Conditions"] --> B["Topic  
K-12 student  
success"]; B --> C["Indicator  
Chronic  
absenteeism  
CC4. Percent of students, grades K-12,  
who are chronically absent"]
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Topic
K-12 student
success

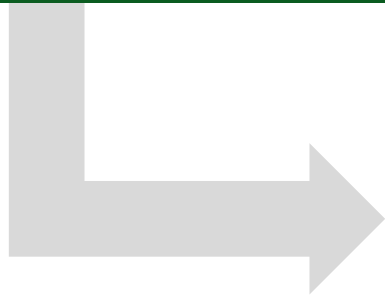
Indicator
Chronic
absenteeism

CC4. Percent of students, grades K-12,
who are chronically absent

Example

Priority outcome

Mental health and
addiction



Topic

Youth drug use



Indicator

Youth alcohol use

MHA5. Percent of high school students,
who have used alcohol within the past
30 days

Questions?

The screenshot displays a GoToWebinar interface with a menu bar (File, View, Help) and window controls. It features two main panels: 'Audio' and 'Questions'. The 'Audio' panel includes 'Audio Mode' options: 'Use Telephone' (selected) and 'Use Mic & Speakers'. Below this is a 'Hand' icon, which is highlighted by a red box and a red arrow pointing to it. A text box next to the arrow says 'Click the icon to raise your hand.' The 'Questions' panel is empty and has a 'Send' button at the bottom. At the bottom of the interface, the text 'HPIO Equity meeting 3' and the 'GoToWebinar™' logo are visible.

File View Help

Audio

Audio Mode: Use Telephone Use Mic & Speakers

Hand icon: Click the icon to raise your hand.

Access You

Talking: Nathalie Descusse

Questions

Send

HPIO Equity meeting 3

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Basic guidance



2020-2022 State Health Improvement Plan implementation

Basic guidance

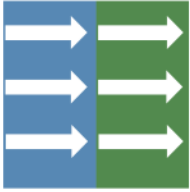



For local health departments
and hospitals in Ohio

Audience

Local health departments
and hospitals

Purpose

Awareness of ORC 3701.981
requirements and SHIP
alignment expectations

	SHIP component	Alignment
	Priorities	Identify at least one priority factor and at least one priority health outcome.
	Tracking progress with SMART objectives	Select at least one indicator for each identified priority factor and priority health outcome.
	Strategies	Select at least one strategy for each selected priority factor and priority health outcome.
	Equity	Identify priority populations and select strategies likely to reduce disparities and inequities

Alignment timing

Originally – October 2020

- Implementation Strategy (IS) or Community Health Improvement Plan (CHIP) documents submitted to ODH should align to current SHIP during development timeframe
- If 2020-2022 SHIP-aligned priorities, indicators and strategies not included in IS and CHIP, then provide opportunities for alignment

In light of COVID-19

- ODH has been flexible while considering feasibility for content and date of submission
- CHIP and IS currently being collected
- Updates will be posted on SHIP webpage

Toolkit Overview

Overview

Introduction to the SHIP Toolkit

Community assessment

Assess needs and resources

Priorities and objectives

Focus on what's important

Strategies

Choose effective policies and programs

Implementation plan

Act on what's important

Evaluation plan

Evaluate actions

Advance equity

Promote systems, policies, programs and beliefs that ensure all Ohioans achieve their full health potential

Work together

Build and strengthen partnerships

Communicate

Engage and inform

Source: Adapted from County Health Rankings and Roadmaps Action Center framework, University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation

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2020-2022 State Health Improvement Plan implementation

SHIP Toolkit

Overview

See draft Toolkit Overview in webinar handouts

▶ Dashboard	🗑️ ✕
▶ Attendees: 2 out of 1001	🗑️ ✕
▶ Polls (0/1)	🗑️ ✕
▶ Questions	🗑️ ✕
▶ Handouts: 2 of 5	🗑️ ✕
▶ Chat	🗑️ ✕

Monthly Review
Webinar ID: 122-214-955

GoToWebinar

What is the purpose of this toolkit?

This toolkit is designed to support widespread implementation of the **2020-2022 SHIP**, with the goal of achieving improved health, well-being and economic vitality by:

- **Advancing equity** at the state and local level through an increased focus on reducing and eliminating disparities and inequities
- **Increasing collaboration** between local health departments, hospitals and other partners involved in community health improvement planning, including sectors beyond health
- **Increasing and coordinating investment** in SHIP-aligned strategies and priority population communities
- **Implementing a continuous approach to monitoring performance** on SHIP objectives and reducing or eliminating gaps in outcomes between groups eliminate disparities and inequities)

The purpose of this toolkit is to supplement the **2020-2022 SHIP document** with more specific information about how to successfully:

- Align with SHIP priority factors (community conditions, health behaviors, access to care)
- Align with SHIP priority health outcomes (mental health and addiction, chronic disease, maternal and infant health)
- Identify priority populations (i.e., communities most at-risk for poor outcomes)
- Develop measurable objectives with targets, including for priority populations
- Select evidence-informed strategies, including strategies to reduce or eliminate disparities and inequities
- Develop and implement an evaluation plan
- Identify and reach out to relevant partners
- Communicate effectively about their SHIP-aligned activities

Preliminary draft for Advisory Committee review only 7.14.2020

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- Communicate effectively about their SHIP-aligned activities

What is the SHIP?

The State Health Improvement Plan (SHIP) is a tool to strengthen state and local efforts to improve health, well-being and economic vitality in Ohio.


The SHIP's main components are:

- Six priorities including three factors and three health outcomes (see Priorities and Objectives toolkit section)
- Thirty-seven measurable objectives
- A menu of evidence-informed strategies
- An evaluation plan to track and report progress







With the long-term goal of ensuring all Ohioans achieve their full health potential, the SHIP takes a comprehensive approach to achieving equity and addressing the many factors that shape our health, including housing, poverty, education and trauma (see Priorities and Objectives toolkit section).

Why is the SHIP important?

The SHIP is Ohio's roadmap to address the many challenges identified in the 2019 State Health Assessment (SHA), including a troubling drop in life expectancy from 2010 to 2017. Given the scope and complexity of Ohio's health challenges, the SHIP calls for cross-sector partnerships and alignment on a manageable set of measurable goals.



The following symbols are used throughout the toolkit to indicate types of content:

					
Equity	Key terms used in this section	Relevant resources	Inside the SHIP	Worksheet	Spreadsheet link

Who is the audience for this toolkit?

All public and private partners working to improve health, wellbeing and economic vitality in Ohio are invited to use this toolkit.

This toolkit was specifically designed to provide guidance to **state agencies** and local organizations that are leading community health planning and improvement initiatives, including **local health departments** and **hospitals**.

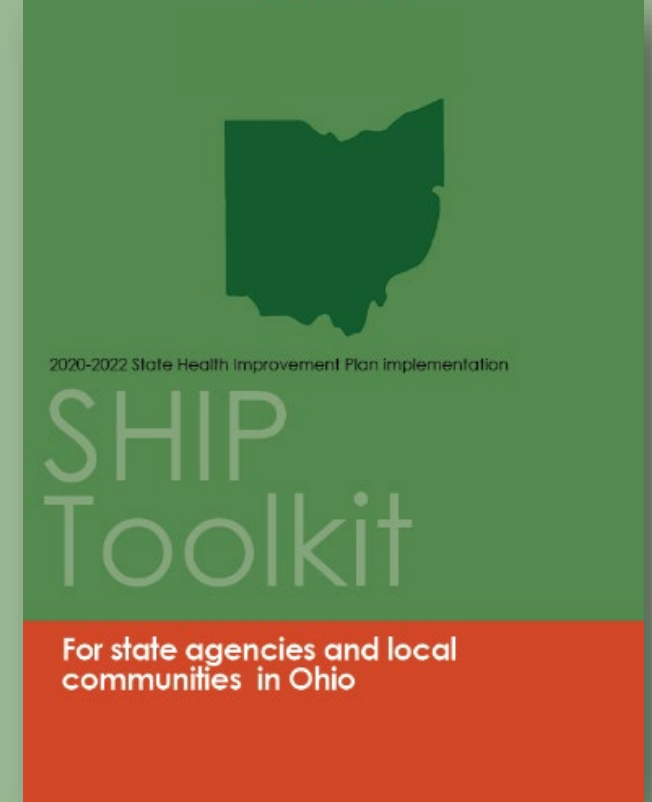
In addition, this toolkit may also be useful to **many other organizations** that are also leading health improvement efforts and/or contribute to the SHIP vision, including (but not limited to):

- Alcohol, Drug and Mental Health (ADAMH) boards
- Area Agencies on Aging
- Boards of developmental disabilities
- Community action agencies
- Community behavioral health providers
- Employers, workforce development organizations, businesses and banks
- Housing organizations
- Local commissions on minority health
- Medicaid managed care plans
- Metropolitan planning authorities
- Philanthropy
- Schools and education/early care organizations
- Other local agencies and organizations



Use sections most relevant to where your organization is in your community health planning and improvement process

- ❑ Community assessment
- ❑ Priorities and objectives
- ❑ Strategies
- ❑ Implementation plan
- ❑ Evaluation plan
- ❑ Advance equity
- ❑ Work together
- ❑ Communicate



Symbols in the toolkit



Equity



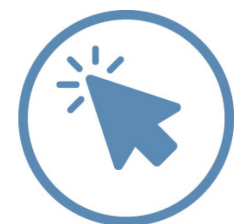
Inside the SHIP



Key terms



Worksheet



Relevant
resources



Spreadsheet
link

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Evaluate actions

Advance equity

Promote systems, policies, programs and beliefs that ensure all Ohioans achieve their full health potential

Work together

Build and strengthen partnerships

Communicate

Engage and inform

Source: Adapted from County Health Rankings and Roadmaps Action Center framework, University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation

Discussion

What suggestions do you have to improve the following aspects of the Toolkit Overview?

- Clarity, messaging and terms
- Formatting and organization
- Content

The image shows a screenshot of a GoToWebinar application window. The window has a title bar with "File View Help" and standard window controls. Below the title bar is a "Audio" section with a minus sign icon. Under "Audio Mode:", there are two radio buttons: "Use Telephone" (which is selected) and "Use Mic & Speakers". Below this, there is a "Hand" icon with a green hand inside a blue circle, which is used to raise one's hand. A red arrow points from a text box to this icon. The text box contains the instruction: "Click the icon to raise your hand." Below the hand icon, the text "Access" and "You" is partially visible. Further down, it says "Talking: Nathalie Descusse". Below that is a "Questions" section with a plus sign icon, a large empty text area, and a "Send" button at the bottom right. At the bottom of the window, the text "HPIO Equity meeting 3" is displayed, and the "GoToWebinar™" logo is at the very bottom.

File View Help

Audio

Audio Mode: Use Telephone Use Mic & Speakers

Hand icon

Access

You

Talking: Nathalie Descusse

Questions

Send

HPIO Equity meeting 3

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Click the icon to raise your hand.

Toolkit

Advance equity



Reem Aly
Vice President, HPIO

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Source: Adapted from County Health Rankings and Roadmaps Action Center framework, University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation



Key terms

used in this section

Equity definition

Health equity is achieved when **all people** in a community have access to affordable, inclusive and quality infrastructure and services that, despite historical and contemporary injustices, allows them to reach their **full health potential**.

Source: "Health Equity and Mobility Justice: Frequently Asked Questions," ODH. Accessed Sept. 27, 2019.

Disparities definition

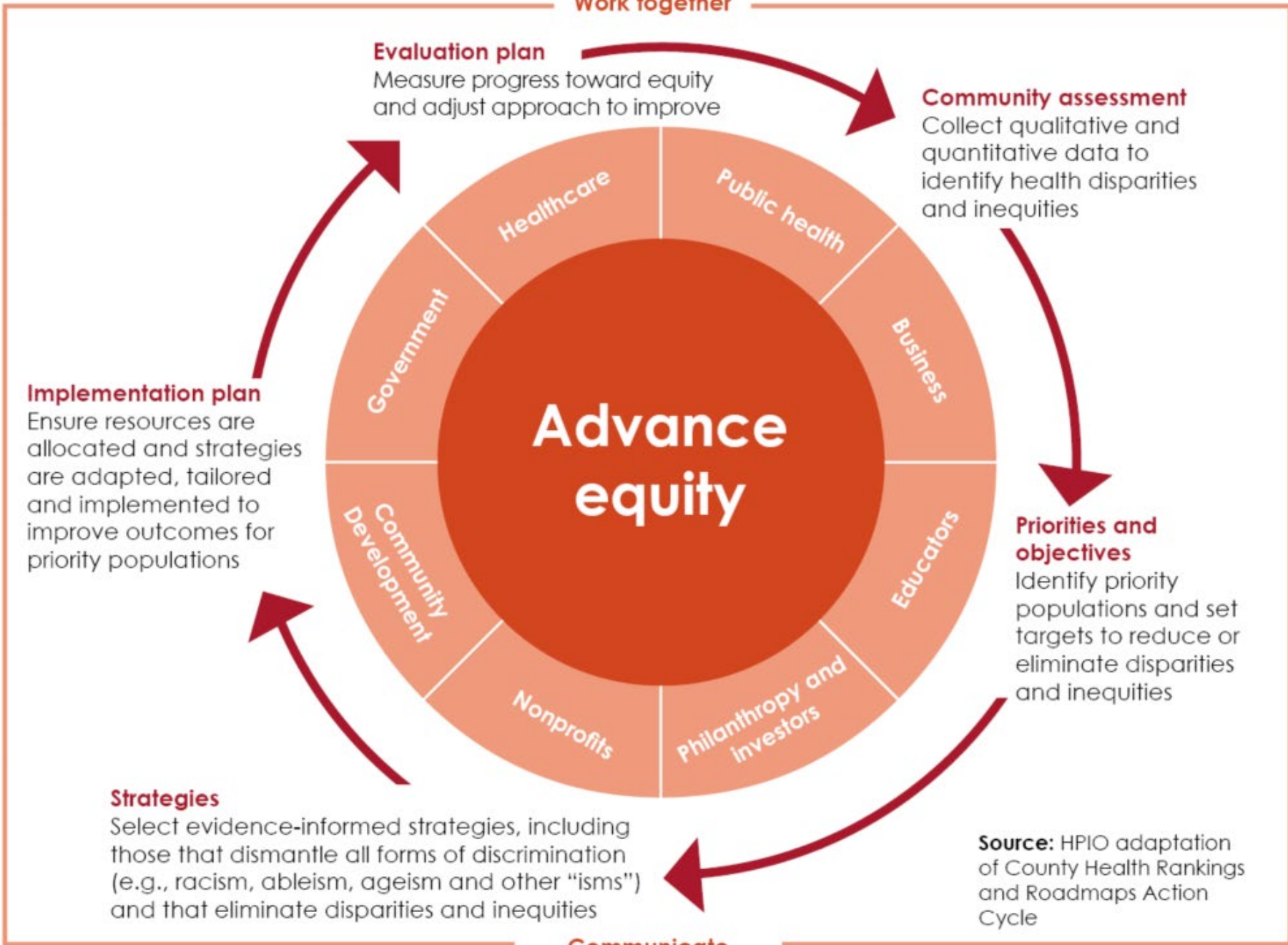
Disparities are **avoidable differences in health outcomes** (e.g., hypertension, infant mortality, life expectancy) that exist across population groups or communities

Inequities definition

Inequities are **differences in outcomes related to the distribution of or access to social, economic, environmental or healthcare resources**, such as healthcare insurance; healthy foods; a job that pays a self-sufficient income; adequate, stable housing; and quality education.

Equity in the SHIP

- **Priority populations**
- **Universal targets** to eliminate disparities and inequities
- **Strategy selection**
- **Strategy implementation**

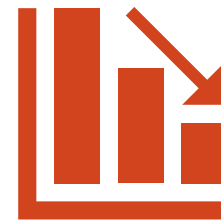


Community assessment

Information on **how to identify community groups experiencing disparities and inequities** through the collection and compilation of data



Qualitative data



Quantitative data

Priorities and objectives

- Information on **how to select priority populations**, including prioritization criteria
- Information on **how to set universal targets for priority populations**

SMART objective example

Desired outcome	Indicator (source)	Baseline	Short-term target	Intermediate target	Long-term target
		(2018)	(2022)	(2025)	(2028)
Reduce infant mortality	MIH2. Infant mortality. Number of deaths for infants under age 1, per 1,000 live births (ODH Vital Statistics/ODH)	6.9	6.5	6.3	6
	Priority populations				
	Black (non-Hispanic)	14	10.8	8.4	6

Target source: ODH

Groups with outcomes at least 10% worse than Ohio overall

Universal long-term target (equity goal)

Strategies

Steps to take to **identify evidence-informed strategies, including those that dismantle all forms of discrimination (e.g., racism, ableism, ageism and other “isms”) and that eliminate disparities and inequities** from the SHIP strategy menu

- ✓ Priority population engaged in strategy selection
- ✓ Likely to decrease disparities
- ✓ Community fit

Implementation plan

- Steps to take to ensure **strategies are adapted, tailored and implemented to improve outcomes for priority populations**, including considerations for resource allocation
- Links to **resources for addressing racism and other forms of discrimination**, such as ableism, ageism and other “isms”



Evaluation plan

Considerations for **implementing an evaluation plan to track progress** on reducing or eliminating disparities and inequities, including continuous quality improvement



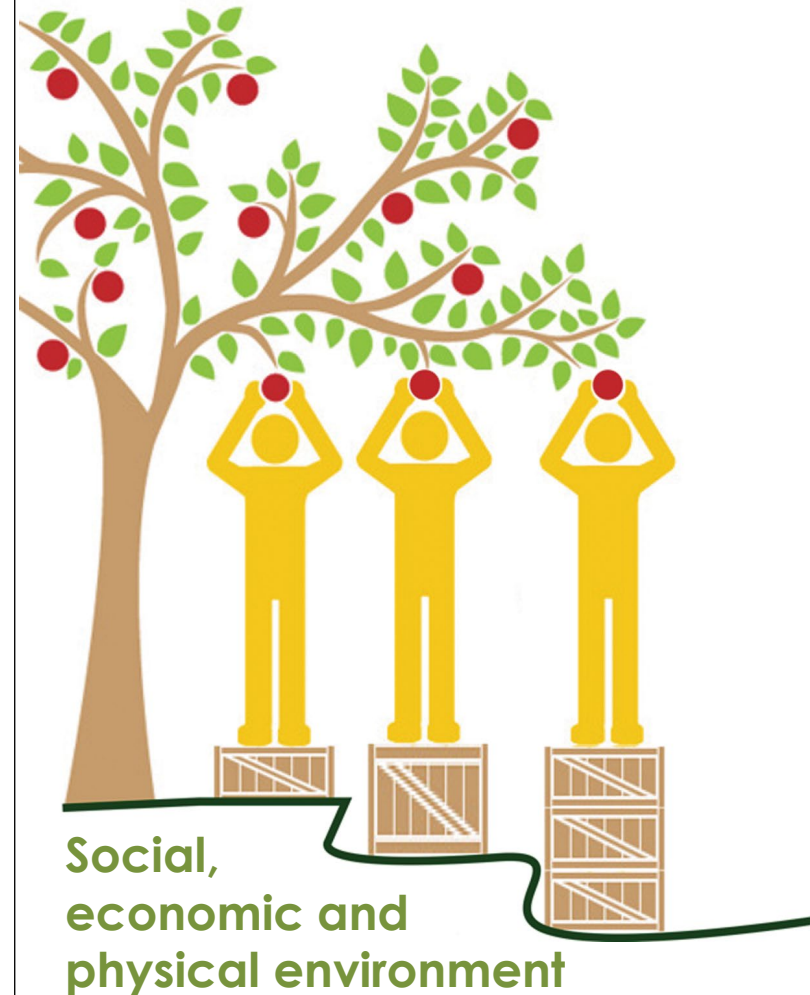
Work together

- Links to resources on **authentic community engagement**
- Considerations for **identifying and recruiting partners** to advance equity, including examples of partner organizations
- Information on **developing a set of equity objectives or values** for partners



Communicate

- Resources and considerations for **communicating on equity-related issues** with community members and partner organizations



Discussion

1. What suggestions do you have to improve the following aspects of the **advancing equity section**?
 - Clarity, messaging and terms
 - Formatting and organization
 - Content
2. What other information or guidance would help you to **advance equity** in your community as you implement the SHIP?

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Audio

Audio Mode: Use Telephone Use Mic & Speakers

Hand icon (with callout: Click the icon to raise your hand.)

Access

You

Talking: Nathalie Descusse

Questions

Send

HPIO Equity meeting 3

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Discussion

1. What suggestions do you have to improve the following aspects of the **advancing equity section**?
 - Clarity, messaging and terms
 - Formatting and organization
 - Content
2. What other information or guidance would help you to **advance equity** in your community as you implement the SHIP?

Toolkit Strategien



Hailey Akah
Senior Health Policy Analyst,
HPIO

Overview

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Work together

Build and strengthen partnerships

Communicate

Engage and inform

Source: Adapted from County Health Rankings and Roadmaps Action Center framework, University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation

Inside the SHIP

Priority factors
Community conditions
Topic
Housing affordability and quality
Poverty
K-12 student success
Adverse childhood experiences
Health behaviors
Topic
Tobacco/nicotine use
Nutrition
Physical activity
Access to care
Topic
Health insurance coverage
Local access to healthcare services
Unmet need for mental health care

Priority health outcomes
Mental health and addiction
Topic
Depression
Suicide deaths
Youth drug use
Drug overdose deaths
Chronic disease
Topic
Heart disease
Diabetes
Harmful childhood conditions
Maternal and infant health
Topic
Preterm births
Infant mortality
Maternal morbidity/mortality

How to use strategy menus in the SHIP

- Identify your **priorities** (factors/health outcomes)
- For each priority, identify a specific **topic and indicator**
- **Review the menu of strategies** in the SHIP for your identified topics
- **Click the links** to learn more
- **Work with others** to prioritize which strategies are the best fit

Example

Priority factor
Health behaviors



Topic
Physical activity

Indicator
Child physical
activity

HB5. Percent of children, ages 6 through 11, who are physically active at least 60 minutes per day

Example



Strategies

If well-implemented and targeted to meet the needs of priority populations, the following evidence-informed strategies are likely to achieve the SHIP objectives for increasing physical activity in Ohio.

Featured strategies	Includes
School-based	
School-based programs to increase physical activity Hi-5	<ul style="list-style-type: none"> Active recess Physically active classrooms School-based physical education enhancements
Safe Routes to School	<ul style="list-style-type: none"> Safe Routes to School programs that promote biking and walking to school through education, incentives and pedestrian-friendly infrastructure changes Hi-5, CHC Walking school buses
Community-based	
Transportation and land use policies (built environment changes and green space)	<ul style="list-style-type: none"> Green spaces and parks CHC Bike and pedestrian master plans (active transportation plans) CHC Complete Streets and streetscape design initiatives CHC Zoning regulations for land use policy CHC Mixed-use development
Community fitness programs	<ul style="list-style-type: none"> Community fitness programs Social support for physical activity interventions in community settings (See also: WWFH) Individually-adapted physical activity programs Community-wide physical activity campaigns (See also: WWFH)
Healthcare system	
Exercise prescriptions	Exercise prescriptions from healthcare providers (an exercise plan with achievable goals and follow-up steps, which may include counseling, activity logs, reminder calls, etc.)
Additional strategies	
Workplace physical activity programs and policies	<ul style="list-style-type: none"> Worksite obesity prevention interventions Hi-5 Multi-component workplace supports for active commuting CHC Individual incentives for public transportation
Physical activity policies and programs	<ul style="list-style-type: none"> Shared use agreements CHC Activity programs for older adults Diabetes Prevention Program (and other combined diet and physical activity promotion programs to prevent type 2 diabetes)
Physical activity interventions in early childhood settings	Nutrition and physical activity interventions in preschool and child care, such as the Ohio Healthy Program

CHC = Likely to reduce disparities, based on review by **WWFH**, or health equity strategy in **CG**; **Hi-5** = Health Impact in 5 years (CDC); **CHC** = Creating Healthy Communities (ODH program)



Relevant resources

- Creating Healthy Communities, ODH program
- Physical Activity Guidelines for Americans, U.S. Department of Health and Human Services
- Youth Compendium of Physical Activities, National Collaborative on Childhood Obesity Research
- Active People, Healthy Nation, CDC
- Ohio Department of Transportation Statewide Pedestrian and Bicycle Plan
- Health Equity and Mobility Justice, ODH

Considerations for selecting strategies

Impact

Community fit

Feasibility

Strategy selection worksheet



Strategy					
Selection criteria					
Impact	Rating				
<p><i>Refer to the SHIP and the priorities and indicators selected in the Priorities and Objectives section of this toolkit</i></p> <p>Featured strategy (strength of evidence and alignment with priorities). Is this a "featured" or "additional" strategy in the SHIP?</p>	Featured 5	Additional or Not applicable 2			
<p>Likely to decrease disparities. Is the strategy likely to decrease disparities (based on review by WWFH and CG*)?</p>	Likely to decrease 5	Unknown or no impact 2			
<p>Co-benefits. Does this strategy address more than one of our priorities?</p>	Yes 5	No 0			
<p>Age group. Is the strategy directed toward the age group specified in our selected indicator? (For example, if the selected indicator is for adolescents, a school-based strategy would be a good fit.)</p>	Yes 5	Possible 3	No 0		
Community fit	Excellent	Good	Neutral/ Not sure	Fair	Poor
<p><i>Stakeholder discussion</i></p> <p>Community type. The strategy is a good fit for the urban, suburban or rural nature of our community or other unique strengths or challenges.</p>	5	4	3	2	1
<p>Cultural appropriateness. The strategy is culturally appropriate and supported by the priority population(s).</p>	5	4	3	2	1
<p>Readiness and coordination. Some groundwork has been laid and the right stakeholders at the table to coordinate effective implementation.</p>	5	4	3	2	1
<p>Alignment and continuity. Aligns with other initiatives and/or maintains continuity with previous plan.</p>	5	4	3	2	1
Feasibility	Excellent	Good	Neutral/ Not sure	Fair	Poor
<p><i>Stakeholder discussion</i></p> <p>Funding. We can identify potential funding sources for implementation, including specific allocation of resources for priority populations, and/or the strategy requires minimal funding.</p>	5	4	3	2	1
<p>Political will and timing. The timing is right within the current political context to implement this strategy.</p>	5	4	3	2	1
<p>Reach. It is logistically feasible to reach enough people to move the needle on the selected indicator(s).</p>	5	4	3	2	1



**Selecting
strategies to
promote equity**

Discussion

1. What suggestions do you have to improve the following aspects of the **strategies section**?
 - Clarity, messaging and terms
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 - Content

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Toolkit

Communicate



Alana Clark-Kirk

Education and Communications
Manager, HPIO

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Source: Adapted from County Health Rankings and Roadmaps Action Center framework, University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation

Communicate

Communication information in this section can be used for:

- Recruiting partners
- Sharing strategies
- Providing updates on community progress

Identify your audience

Primary

Secondary

Messaging and design

- Clear
- Concise
- Engaging

Equity messaging

- Address all forms of discrimination
- Discuss the causes but focus on solutions

Equity messaging

- Inclusive language
- People-first language
- Non-stigmatizing language

Communication strategy

- Develop talking points
- Share examples of success with stakeholders through stories
- Create a dissemination plan

Dissemination plan



Dissemination plan worksheet	
Who will receive the document?	List the groups in your target audience: Ex. Primary and secondary audience
What will stakeholders receive? Will it be different for different audiences?	List the various formats you plan to share your document: Ex. Full report or executive summary
How will the message be delivered?	List the ways you plan to disseminate your document: Ex. Email, hard copies via traditional mail, posted online or a presentation
Where can your plan be found?	How will you make sure that your document stands out on your website?
When will stakeholders receive the message?	Create a timeline for dissemination
How will you evaluate your dissemination efforts?	How will you track your dissemination efforts? Ex. Number of email recipients; Number of mailings; Number of "opens"

Discussion

1. Should the “communicate” section focus specifically on communicating about community health assessments and plans (such as CHAs, CHIPs and CHNAs developed by local health departments and hospitals), or should it be broader?

Discussion

2. What suggestions do you have to improve the following aspects of the **communicate section**?:

- Clarity, messaging and terms
- Formatting and organization
- Content

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SMART

objectives

(volunteers wanted!)



Zach Reat

Director, Data Management
and Analysis, HPIO

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SMART objectives

- Specific
- Measurable
- Achievable
- Realistic
- Time-bound

Indicator and source

Target data value

Baseline and target years

Resources for aligning SMART objectives

DRAFT SHIP detailed indicator list: Overall health and equity

Updated July 7, 2020

Data for all indicators in the 2020-2022 SHIP can be accessed through the Ohio Department of Health's Online State Health Assessment. In some cases, more up-to-date data may be available from the sources listed below. To use the Online SHA, click the link below.

https://analytics.das.ohio.gov/t/ODHPI/PUB/views/SHA_FINAL_LandingPage/LandingPage?linktarget=self&isGuestRedirectFromVizportal=y&embed=y

Indicator			Data availability				Other info	
#	Name	Description	Primary source <i>Click for link to access state-level data</i>	Local data availability (Y/N)	Local data source(s) <i>Click for link to access local-level data</i>	Alternate indicators	Included in another state agency (Y/N)	Priority populations in the SHIP (Y/N)
OH1	Adult health status	Percent of adults, ages 18 and older, with fair or poor health	Behavioral Risk Factor Surveillance System (BRFSS)	Yes - County and regional	Ohio Department of Health BRFSS annual reports County Health Rankings and Roadmaps	N/A	No	Yes
OH2	Years of Potential Life Lost (YPLL) before age 75	Years of potential life lost before age 75, per 100,000 population (age adjusted)	Ohio Department of Health, Vital Statistics	Yes - County	Ohio Department of Health Public Health Data Warehouse County Health Rankings and Roadmaps	N/A	No	Yes

Note: For more information about sources, including links to websites and tips for accessing local data, see the "Source information" tab.

2019 Online State Health Assessment

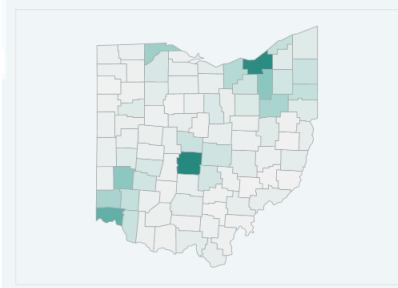
Demographic characteristics

Ohio
 Total Population: **11,658,609**
 Percent Change in Total Population: **0.6%**
 Immigration Foreign Born: **4.2%**

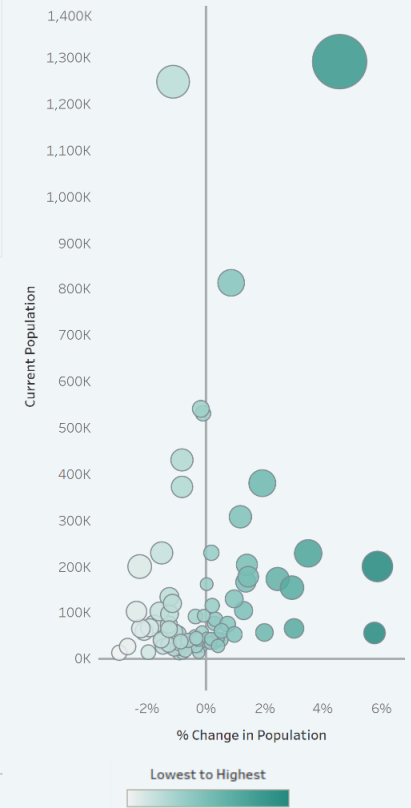
Suggested Citation

Population Size and Growth

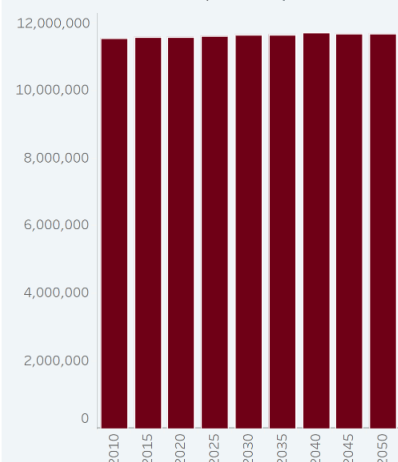
Total Population, 2017 | County Comparison



Percent Change in Population, 2014 to 2017 | County Comparison

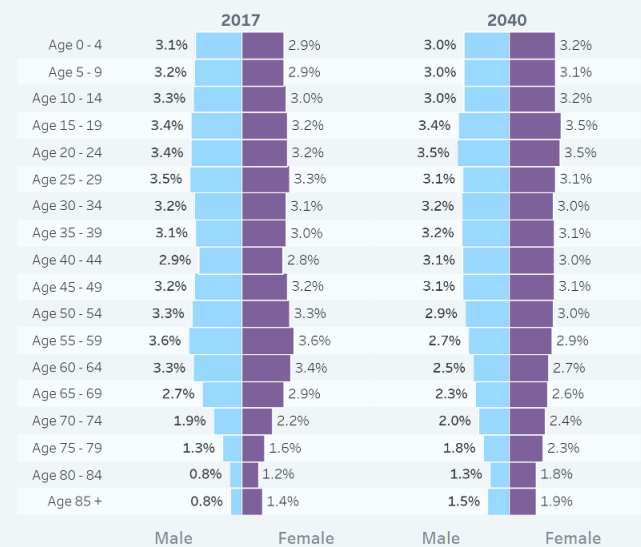


Forecasted Population | Ohio

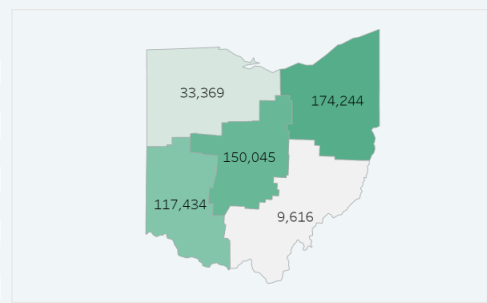


Age, Sex, Race/Ethnicity and Immigration

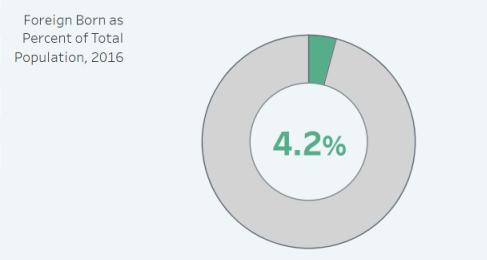
Population Distribution by Age and Sex | Ohio



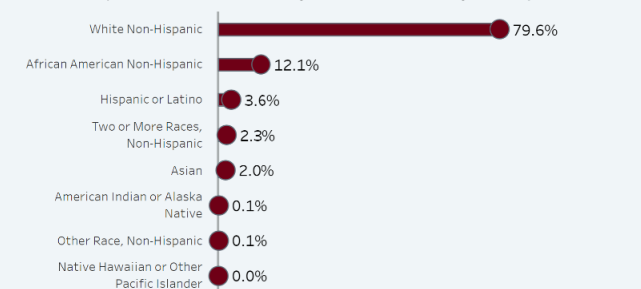
Foreign Born Population by Region, 2016



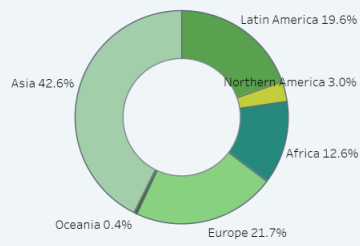
Immigration | Ohio



Population Distribution by Race and Ethnicity, 2017 | Ohio



Immigration by Continent, 2017



Next steps

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Additional feedback

Send additional feedback on the draft SHIP Toolkit to Amy Stevens,

astevens@healthpolicyohio.org

by **Tuesday, March 2**

Possible next meeting

- April (TBD)
- Virtual

www.hprio.net/sha-ship

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- Consulting

Health Policy Institute of Ohio > SHA SHIP

SHA SHIP

State Health Assessment and State Health Improvement Plan



Department of Health

WHO WE ARE
ABOUT US

KNOW OUR
PROGRAMS

HEALTH RULES
LAWS & FORMS

EXPLORE
DATA & STATS

FIND LOCAL
HEALTH
DISTRICTS

A→Z
INDEX



ODH / Who We Are / State Health Assessment and State Health Im...

State Health Assessment and State Health Improvement Plan

September 12, 2019 | [ODH](#)



Who We Are

WELCOME

OFFICES, BUREAUS
AND DEPARTMENTS

ODH LOCATIONS

EXECUTIVE BIOS



State Health Assessment

State Health Improvement Plan

Strategic Plan

The State Health Assessment (SHA) is a comprehensive and actionable picture of health and wellbeing in Ohio. The purpose of the SHA is to:

Get in touch



Ohio Department of Health

246 North High Street,

Columbus, OH 43215

Poll question #2

State Health Assessment and State Health Improvement Plan

Vision

Ohio is a model of health, well-being and economic vitality.

Mission

Improve the health of Ohioans by implementing a strategic set of evidence-based population health activities at the scale needed to measurably improve population health outcomes and achieve health equity.