

# Strategic Action Plan on Aging (SAPA) framework

## Goal

**All Ohioans live longer, healthier lives with dignity and autonomy. Disparities and inequities are eliminated.**

- Increased life expectancy
- Reduced premature death
- Improved health status
- Reduced elder abuse and neglect

## Vision

**Ohio is the best place to age in the nation**

**What factors impact the health and well-being of older Ohioans?**  
Issues listed are prioritized in the SAPA

**Community conditions**  
 Livable communities

- Financial stability
- Quality and affordable housing
- Transportation access

**Healthy living**  
 Prevention and self-management

- Nutrition
- Physical activity

**Access to care**  
 Services and supports

- Healthcare coverage and affordability
- Home and community-based supports
- Home care workforce capacity and caregiver supports

**How will we know if the health and well-being of older Ohioans is improving?**  
Issues listed are prioritized in the SAPA

**Social connectedness**

- Social inclusion
- Volunteerism

**Population health**

- Cognitive health
- Cardiovascular health
- Mental health

**Preserving independence**

- Chronic pain management
- Falls prevention

## Principles

**Elder justice** Elder justice is achieved by fostering and promoting systems, policies and beliefs that value aging, dismantle ageism and create an age-integrated society that supports older Ohioans to live longer, healthier lives with dignity and autonomy.

**Equity** Equity requires dismantling ageism and the compounding effects of ageism and other forms of discrimination. To eliminate disparities and inequities, SAPA strategies must be tailored to Ohioans with the greatest need, coupled with efforts to dismantle ageism, ableism, racism and other forms of discrimination.