HPIO brief outlines action steps to address health impact of racism

The Health Policy Institute of Ohio has released a new brief, “Connections between Racism and Health: Taking Action to Eliminate Racism and Advance Equity” and an accompanying resource page to support state and local efforts to eliminate racism.

As state and local leaders commit to address racism as a public health crisis, this publication outlines action steps that can be taken to eliminate racism and advance equity. The brief provides:

- A definition and explanation of racism
- A brief summary of research on the connections between racism and health
- Action steps that individuals, groups, public and private organizations and state and local government leaders can take to eliminate racism and advance equity

The release of the publication came at the same time that Gov. Mike DeWine announced the release of the COVID-19 Ohio Minority Health Strike Force Blueprint, a document that includes 34 recommendations to address racism and promote long-term health equity in Ohio. HPIO worked with subcommittee members to get feedback, attended community townhalls convened by the COVID-19 Minority Health Strike Force and was contracted by the Ohio Department of Health to draft the Blueprint.

The DeWine administration also released Ohio’s Executive Response: A Plan of Action to Advance Equity. The plan includes 10 commitments from the DeWine administration designed to address recommendations in the Blueprint.

Action Steps to Eliminate Racism and Advance Equity

- **Individuals and groups**
  - Goal: Eliminate beliefs and acts of racial prejudice, stereotype, oppression or privilege

- **State and local government**
  - Goal: Eliminate racist policies, practices and structures across governmental agencies and systems; extend and share policymaking leadership and power with communities of color

- **Public and private organizations**
  - Goal: Eliminate racist policies and practices across organizations; extend leadership and power with communities of color

HPIO updates analysis on COVID-19 disparities by race, ethnicity


The disproportionate impacts of COVID-19 on communities of color, particularly within the Black/African-American community, have become increasingly apparent over the past several months. The brief is an update of HPIO’s COVID-19 disparities brief released in May.

As of Aug. 29, 2020, 771 Black/African-American, 92 Hispanic/Latino and 42 Asian-American Ohioans had died with COVID-19 (that number increased to 888 by Oct. 19).

To put existing information into context, this brief provides Ohio-specific data on:

- COVID-19 cases, hospitalizations and deaths among Black/African-American and white Ohioans relative to their respective proportions of the state population
- COVID-19 deaths in 2020 compared to leading causes of death in 2018 among Black/African-American Ohioans
- The percentage of cases with unknown race and ethnicity data in Ohio counties

The brief is included on HPIO’s online COVID-19 resource page, which includes links to resources such as evidence-informed recommendations for mitigating the spread of the virus.
HPIO brief explores the health impact of adverse childhood experiences

As part of its Ohio Adverse Childhood Experiences (ACEs) Impact Project, HPIO has released a new policy brief, “Adverse Childhood Experiences (ACEs): Health Impact of ACEs in Ohio.”

The brief summarizes current research on how ACEs impact health and well-being and provides new data and analysis on the prevalence of ACEs in Ohio and the impact of ACEs on the health of Ohioans.

In addition, the brief expands on what we know from national research by exploring these questions:
• To what extent could Ohio’s health outcomes be improved by preventing ACEs?
• Which ACEs have the most significant impact on the health of Ohioans?

Ohio Gov. Mike DeWine and other policymakers have already taken significant strides to improve the health and well-being of Ohio’s children, including the creation of the Governor’s Office of Children’s Initiatives and improvements to the state’s child welfare and home visiting systems. In addition, the 2020-2022 State Health Improvement Plan includes the reduction of ACEs as a priority.

Policymakers and other stakeholders can use the Ohio-specific data and analyses provided in the brief to inform future approaches to reducing ACEs exposure in Ohio.

HPIO also has launched an ACEs resource page. The webpage lists resources and research to further understanding of the impacts of ACEs on health.

HPIO process evaluation examines Columbus housing stabilization pilot program for mothers and infants

The Health Policy Institute of Ohio recently completed a process evaluation of CelebrateOne’s Healthy Beginnings at Home housing stabilization pilot program designed to improve maternal and infant health outcomes for families with low incomes in the Columbus area. An eight-page executive summary and a longer technical report are available.

The evaluation includes five key findings and 19 recommendations to strengthen the program. Insights from the evaluation can be valuable for other programs in Ohio that aim to improve maternal and infant health.

This process evaluation complements an outcome evaluation currently underway and builds upon the following work:
• Healthy Beginnings at Home policy brief - CelebrateOne
• A New Approach to Reduce Infant Mortality and Achieve Equity: Policy Recommendations to Improve Housing, Transportation, Education and Employment - HPIO, under contract with the Legislative Service Commission

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Upcoming HPIO webinar

Nov. 17
Politics, perceptions and the pandemic

In November, voters will elect a president, member of the U.S. Congress and members of the Ohio General Assembly. What do the results of those elections mean for the next steps in the pandemic response? The forum will explore what's on the horizon as a result of the 2020 election and the likely impacts on health value, equity and the future of public health.

Keynote speaker
Dr. Melinda Buntin, Mike Curb Professor and Chair, Department of Health Policy, Vanderbilt School of Medicine

To register or learn more, visit HPIO’s website