Health equity is achieved when all people in a community have access to affordable, inclusive and quality infrastructure and services that, despite historical and contemporary injustices and obstacles to health such as ageism and ableism, allows them to reach their full health potential.

Equity

The SAPA identifies three priority factors and three priority outcomes that affect the overall health and wellbeing of older Ohioans.

Priorities

What shapes the health and wellbeing of older Ohioans?

Many factors, including these SAPA priority factors:

**Community conditions**
- Livable communities
  - Economic stability
  - Elder justice (elder abuse, neglect, exploitation)
  - Healthy food access
  - Housing affordability and quality
  - Positive social norms about aging (reduced ageism)
  - Transportation/active living

**Health Behaviors**
- Prevention and self-management
  - Nutrition
  - Physical activity
  - Tobacco use

**Access to Care**
- Home- and community-based services and supports
  - Caregiver systems and supports
  - Home health
  - Emergency preparedness
  - Long-term services and supports
  - Other healthcare providers
  - Prevention screenings
  - Workforce capacity

How will we know if the health and wellbeing of older Ohioans is improving?

The SAPA is designed to track and improve these priority outcomes:

**Civic and social engagement**
- Employment
- Social connectedness (reduced isolation)
- Volunteerism

**Population health**
- Chronic pain conditions (arthritis)
- Mental health and addiction (depression, suicide)
- Neurological conditions (Alzheimer’s, Parkinson’s, dementia)
- Substance use and addiction

**Functional independence**
- Able-bodied status
- Chronic pain conditions
- Falls
- Oral, vision and hearing impairment

The SAPA provides state and local partners with a roadmap of strategies to improve the health and wellbeing of older Ohioans. Achieving this vision requires a coordinated approach to implementation of strategies in the SAPA and the State Health Improvement Plan.

* These factors are sometimes referred to as the social determinants of health or the social drivers of health.

**Vision**

Ohio is the best place to age in the nation.