Strategic Action Plan on Aging (SAPA)
Advisory Committee Meeting No. 1
Tuesday, Jan. 14, 2020

Welcome!
• The webinar will begin in a few minutes.
• All slides are available at: www.hpio.net/strategic-action-plan-on-aging
Welcome and overview
Please type questions in the question box

Thank you for joining us. The 2017 Health Value Dashboard webinar will begin shortly.

Nick Wiselogel (to All - Entire Audience):
2:01 PM. We will beginning the webinar shortly.

2017 Health Value Dashboard webinar
Webinar ID: 774-626-963
This session is being recorded.
GoToWebinar
Discussion

Click the icon to raise your hand.

HPIO Equity meeting 3
The webinar will be recorded and posted on the SAPA Advisory Committee page.
Vision

To improve the health and well-being of all Ohioans.

Mission

To provide the independent and nonpartisan analysis needed to create evidence-informed state health policy.
Ohio
Department of Aging
Empowering Elders. Strengthening Communities.

Ursel J. McElroy
Director
Role of the Advisory Committee

Provide guidance to ODA and HPIO on:

• Key findings of the Summary Assessment of Older Ohioans
• Conceptual framework for the SAPA
• Identification of key informants and priority work team members
• Selection of SAPA priority topics, outcomes, targets and strategies
• Dissemination and outreach
Today’s agenda

• Welcome and overview
• SAPA purpose and context
• Process and timeline
• SAPA conceptual framework and State Health Improvement Plan (SHIP) alignment
• Summary assessment update
• Next steps
Today’s meeting objectives

As a result of participating in this meeting, Advisory Committee members will:

• Understand the purpose of the SAPA and alignment with the SHIP
• Be aware of the timeline and process for SAPA
• Provide feedback on the SAPA conceptual framework
• Know where to go to find information about the SAPA Advisory Committee and SAPA materials
Ohio
Department of Aging
Empowering Elders. Strengthening Communities.

Ursel J. McElroy
Director
SAPA process and timeline
Poll question
## Deliverables

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<tr>
<td>Summary Assessment of Older Ohioans</td>
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<td>SAPA</td>
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<td>SAPA dissemination and technical assistance materials</td>
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What is the Summary Assessment of Older Ohioans?

A comprehensive picture of the health and wellbeing of older Ohioans to inform development of the Strategic Action Plan on Aging
Summary Assessment of Older Ohioans

Primary data key findings compiled in development of the State Plan on Aging
ODA

Prioritized set of secondary measures
HPIO

Summary Assessment of Older Ohioans
HPIO
What is the Strategic Action Plan on Aging (SAPA)?

Prioritized and specific action plan that state and local partners can use to ensure all older Ohioans achieve their full health potential.
Summary Assessment of Older Ohioans
Timeline


Summary assessment

Priority topic and outcome area identification

Priority work team meetings

Key informant interviews

Recommendations for data collection and evaluation

SAPA document

SAPA presentations and technical assistance materials
SAPA contents

The SAPA will focus on a narrowed set of priorities with:

• SMART objectives
• Performance target setting
• Priority population identification
• Evidence-informed strategy selection
# Advisory committee members (as of 1/13/20)

<table>
<thead>
<tr>
<th>Area Agency on Aging</th>
<th>Local health department/public health</th>
<th>Hospital/hospital association</th>
<th>Long-term care/nursing facility</th>
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<tbody>
<tr>
<td>Home health care</td>
<td>Behavioral health</td>
<td>Memory care provider</td>
<td>Other healthcare provider</td>
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<td>Health insurer</td>
<td>State agency</td>
<td>Local government</td>
<td>Age-friendly community</td>
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<td>Business/employer</td>
<td>Philanthropy</td>
<td>Community resident/advocacy organization</td>
<td>Housing</td>
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<td>Transportation/regional planning</td>
<td>Food access</td>
<td>Elder abuse/Adult Protective Services</td>
<td>Law enforcement/first responder</td>
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<td>Academia/researcher</td>
<td>Caregiver</td>
<td>Representative of an at-risk aging population</td>
<td>Other community-based organization, social services or advocacy</td>
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Discussion

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HPIO Equity meeting 3
SAPA conceptual framework and SHIP alignment
2019 State Health Assessment
- Focused on data
- Described current status
- Comprehensive

2020-2022 State Health Improvement Plan
- Focused on outcomes and strategies
- Action-oriented plan for the future
- Prioritized
2020-2022 State Health Improvement Plan (SHIP) framework

**Equity**
Health equity is achieved when all people in a community have access to affordable, inclusive and quality infrastructure and services that, despite historical and contemporary injustices, allows them to reach their full health potential.

**Priorities**
The SHIP identifies three priority factors and three priority health outcomes that affect the overall health and wellbeing of children, families and adults of all ages.

**What shapes our health and wellbeing?**
Many factors, including these SHIP priority factors:

- Community conditions
  - Housing affordability and quality
  - Poverty
  - K-12 student success
  - Adverse childhood experiences

- Health behaviors
  - Tobacco/nicotine use
  - Nutrition
  - Physical activity

- Access to care
  - Health insurance coverage
  - Local access to healthcare providers
  - Unmet need for mental health care

**How will we know if health is improving in Ohio?**
The SHIP is designed to track and improve these priority health outcomes:

- Mental health and addiction
  - Depression
  - Suicide
  - Youth drug use
  - Drug overdose deaths

- Chronic disease
  - Heart disease
  - Diabetes
  - Childhood conditions (asthma, lead)

- Maternal and infant health
  - Preterm births
  - Infant mortality
  - Maternal morbidity

**Strategies**
The SHIP provides state and local partners with a menu of effective policies and programs to improve Ohio’s performance on these priorities.

*These factors are sometimes referred to as the social determinants of health or the social drivers of health.
2020-2022 State Health Improvement Plan (SHIP) framework

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All Ohioans achieve their full health potential
- Improved health status
- Reduced premature death

Vision
Ohio is a model of health, wellbeing and economic vitality

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Strategic Action Plan on Aging (SAPA) framework

Equity

Health equity is achieved when all people in a community have access to affordable, inclusive and quality infrastructure and services that, despite historical and contemporary injustices and obstacles to health such as ageism and ableism, allows them to reach their full health potential.

Priorities

The SAPA identifies three priority factors and three priority outcomes that affect the overall health and wellbeing of older Ohioans.

What shapes the health and wellbeing of older Ohioans?

Many factors, including these SAPA priority factors:

- Community conditions
  - Livable communities
    - Economic stability (e.g., income/poverty, wealth, retirement/savings)
    - Elder justice (e.g., elder abuse, neglect, exploitation)
    - Healthy food access
    - Housing affordability and quality
    - Positive social norms about aging (reduced ageism)
    - Transportation/active living
  - Preventive and self-management
    - Nutrition
    - Physical activity
    - Tobacco use
- Access to care
  - Home, community and clinical-based services and supports
    - Caregiver systems and supports
    - Emergency preparedness
    - Home health
    - Long-term services and supports
    - Other healthcare providers
    - Prevention screenings
    - Workforce capacity

How will we know if the health and wellbeing of older Ohioans is improving?

The SAPA is designed to track and improve these priority outcomes:

- Civic and social engagement
  - Employment
  - Social connectedness (reduced isolation)
  - Volunteerism
- Population health
  - Chronic disease (heart disease, diabetes)
  - Mental health (depression, grief, loneliness)
  - Substance use and addiction
- Functional independence
  - Able-bodied status
  - Dementia, cognitive decline, memory loss
  - Falls
  - Oral, vision and hearing impairment
  - Pain management

All older Ohioans achieve their full health potential

Examples only:
- Health status
- Premature death
- Other indicators T&D

Vision

Ohio is the best place to age

* These factors are sometimes referred to as the social determinants of health or the social drivers of health.
Strategic Action Plan on Aging (SAPA) framework

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    - Nutrition
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    - Tobacco use

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    - Caregiver systems and supports
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All older Ohioans achieve their full health potential
Examples only:
- Health status
- Premature death
- Other indicators TBD

Vision
Ohio is the best place to age

The SAPA provides state and local partners with a roadmap of strategies to improve the health and wellbeing of Older Ohioans. Achieving the SAPA vision requires a coordinated approach to implementing strategies in the SAPA and the State Health Improvement Plan.

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Health equity is achieved when all people in a community have access to affordable, inclusive and quality infrastructure and services that, despite historical and contemporary injustices and obstacles to health such as ageism and ableism, allows them to reach their full health potential.

Priorities

The SAPA identifies these priority factors and outcomes that affect the overall health and wellbeing of older Ohioans.

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### Priority factors*

1. **Community conditions**
   - Livable communities
   - PRIORITY OBJECTIVES TO BE IDENTIFIED

2. **Health behaviors**
   - Prevention and self-management
   - PRIORITY OBJECTIVES TO BE IDENTIFIED

3. **Access to care**
   - Home, community and clinical-based services and supports
   - PRIORITY OBJECTIVES TO BE IDENTIFIED

### Priority outcomes

1. **Civic and social engagement**
   - PRIORITY OBJECTIVES TO BE IDENTIFIED

2. **Population health**
   - PRIORITY OBJECTIVES TO BE IDENTIFIED

3. **Functional independence**
   - PRIORITY OBJECTIVES TO BE IDENTIFIED
State Plan on Aging
State Health Improvement Plan
Summary Assessment of Older Ohioans
Stakeholder input (Advisory Committee, priority work teams, key informants)

SAPA priorities
### Priority factors*

1. **Community conditions**
   - Livable communities
   - **EXAMPLES ONLY (MUST BE MEASURABLE):**
     - Economic stability (i.e., income/poverty, wealth, retirement/savings)
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     - Nutrition
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   - Home, community and clinical-based services and supports
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Priority factors will be narrowed to 1-3 measurable objectives.
Priority outcomes

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   - Oral, vision and hearing impairment
   - Pain management

Priority outcomes will be narrowed to 1-3 measurable objectives.
Discussion

What changes, if any, do you think should be made to the SAPA conceptual framework?
Discussion

Click the icon to raise your hand.

HPIO Equity meeting 3
Discussion

What changes, if any, do you think should be made to the SAPA conceptual framework?
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**Priorities**

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**What shapes the health and wellbeing of older Ohioans?**

Many factors, including these SAPA priority factors:

- **Community conditions**
  - Livable communities
  - Priorities to be identified

- **Health behaviors**
  - Prevention and self-management
  - Priorities to be identified

- **Access to care**
  - Home, community and clinical-based services and supports
  - Priorities to be identified

**How will we know if the health and wellbeing of older Ohioans is improving?**

The SAPA is designed to track and improve these priority outcomes:

- **Civic and social engagement**
  - Priorities to be identified

- **Population health**
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- **Functional independence**
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**All older Ohioans achieve their full health potential**

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Summary assessment update
Summary assessment of Older Ohioans

A comprehensive picture of the health and wellbeing of older Ohioans to inform development of the Strategic Action Plan on Aging

Purpose and overview
Demographic profile of Older Ohioans, ages 60 and older
Summary of key findings from data analysis
Discussion and conclusions
Summary Assessment of Older Ohioans

Data source examples:
- Miami University, Scripps Gerontology Center
- CMS Medicare enrollment dashboard

Demographic data
HPIO
Summary Assessment of Older Ohioans

Prioritized set of secondary measures
(approx. 50 indicators)
HPIO

Data source examples
Criteria for selecting indicators for secondary data

- **Context**, U.S. comparison or trend
- **Disparities/inequities data**
- **Relevance and alignment** with other plans
- **Comprehensive picture** of health and wellbeing
Analysis of secondary data

Comparison to U.S.

Ohio trend

Gaps in outcomes between groups (e.g., race, income, sex, etc.)
Summary Assessment of Older Ohioans

Primary data key findings collected in development of the State Plan on Aging

ODA

Five regional forums

Needs assessment survey
Data gaps

• Chronic pain – prevalence and/or management
• Substance abuse – prevalence, treatment, and/or access with need for treatment
• Nutrition/malnutrition
• Hospice care cost savings
Discussion

What sources and/or indicators are you aware of to fill identified gaps in secondary data?

• Chronic pain
• Substance abuse
• Nutrition/malnutrition
• Cost savings due to hospice care
Next steps
**Timeline**

- **Dec 2019**: Summary assessment
- **Jan 2020**: Priority topic and outcome area identification
- **Feb 2020**: Priority work team meetings
- **Mar 2020**: Key informant interviews
- **Apr 2020**: Recommendations for data collection and evaluation
- **May 2020**: SAPA document
- **June 2020**: SAPA presentations and technical assistance materials
- **July 2020**: August 2020: September 2020
Discussion

In what ways do you envision using the SAPA in your work?
Discussion

Click the icon to raise your hand.

HPIO Equity meeting 3
Discussion

In what ways do you envision using the SAPA in your work?
The webinar will be recorded and posted on the **SAPA Advisory Committee** page.
Thank you!