

SHIP

State Health Improvement Plan
Ohio 2019

Executive summary

What is the SHIP?

The SHIP is a tool to strengthen state and local efforts to improve health, wellbeing and economic vitality in Ohio. The SHIP's main components are:

- Six priorities (see diagram on page 2)
- Thirty-seven measurable objectives
- A menu of evidence-informed strategies
- An evaluation plan to track and report progress

With the long-term goal of ensuring all Ohioans achieve their full health potential, the SHIP takes a comprehensive approach to achieving equity and addressing the many factors that shape our health—including housing, poverty, education, violence, child maltreatment and racism.

How was the SHIP developed?

Facilitated by the Ohio Department of Health (ODH) and the Health Policy Institute of Ohio (HPIO), the SHIP was developed with input from hundreds of Ohioans:

- Regional forums and an online survey completed in 2018 as part of the 2019 State Health Assessment (SHA) (622 participants)
- Steering Committee made up of representatives from 13 state agencies, including sectors beyond health
- Advisory Committee with 176 participants, including subject matter experts from around the state who participated in Work Teams to set objectives and select strategies

How will the SHIP be implemented?

In addition to state agencies, the SHIP is designed to be implemented by a wide range of public and private partners, such as local health departments; hospitals; Alcohol, Drug and Mental Health (ADAMH) boards; Area Agencies on Aging; developmental disabilities boards; school districts; housing organizations; employers; philanthropy and others.

The menu of objectives and strategies in the SHIP provides flexible options for rural, Appalachian, suburban and urban communities, as well as approaches to improve outcomes for Ohioans of all ages.

Why the SHIP is important?

The SHIP is Ohio's plan to overcome the many challenges identified in the 2019 SHA, including a troubling drop in life expectancy from 2010 to 2017. Given the scope and complexity of Ohio's health challenges, the SHIP is needed to support cross-sector partnerships and drive alignment toward a manageable set of measurable goals.

State and local partners

There are many partners at the state and local level that contribute to achieving the vision of the SHIP, for example:



- State agencies
- Hospitals
- Local health departments
- Medicaid managed care plans
- Other statewide organizations
- Schools
- Community behavioral health providers
- Businesses and workforce development
- Other local agencies and organizations

Public and private partners rowing in the same direction to achieve the

SHIP vision

Ohio is a model of health, wellbeing and economic vitality

The full Ohio 2019 State Health Improvement Plan is available at

<http://xxxx.xxx>



2020-2022 State Health Improvement Plan (SHIP) framework

Equity

To ensure all Ohioans achieve their full health potential, SHIP strategies must be targeted and tailored to communities where the need is greatest and coupled with efforts to address racism, discrimination and other forms of oppression.

Priorities

The SHIP identifies six priority factors and outcomes that affect the overall health and wellbeing of children, families and adults of all ages.

What shapes our health and wellbeing?

Many factors, including these SHIP priority factors*:

Community conditions

- Housing affordability and quality
- Poverty
- K-12 student success
- Adverse childhood experiences

Health behaviors

- Tobacco/nicotine use
- Nutrition
- Physical activity

Access to care

- Health insurance coverage
- Local access to healthcare providers
- Unmet need for mental health care

How will we know if health is improving in Ohio?

The SHIP is designed to track and improve these priority health outcomes:

Mental health and addiction

- Depression
- Suicide
- Youth drug use
- Drug overdose deaths

Chronic disease

- Heart disease
- Diabetes
- Childhood conditions (asthma, lead)

Maternal and infant health

- Preterm births
- Infant mortality
- Maternal morbidity

All Ohioans achieve their full health potential

- Improved health status
- Reduced premature death

Vision
Ohio is a model of health, wellbeing and economic vitality

Strategies

The SHIP provides state and local partners with a menu of effective policies and programs to improve Ohio's performance on these priorities.

* These factors are sometimes referred to as the social determinants of health or the social drivers of health