Principles & Guidelines

Curriculum Organization

- Standards aligned with the National Health Education Standards (NHES)
- Benchmarks aligned with the knowledge and skill expectations from the Health Education Curriculum Analysis Tool (HECAT).
- Skills-focused versus content or topic focus.
  - Address skills across grade levels and grade bands
  - Facilitate mastery of skills by providing multiple opportunities for students to practice skills in a variety of topics and across multiple grades.
- Time – considered current allocated time for health education and best practice when creating indicators.
  - Expectation is for schools to meet standards and benchmarks
  - Address indicators based on available resources.
- Outcomes provided for each grade K-8 and High School 1 and High School 2
  - High School 1 required course for graduation
    - Aligned more with developmental expectations for Grades 9-10
  - High School 2 could be useful for additional local health education requirements, elective course, or to support other school-based programs/activities.
    - Aligned with developmental expectations for Grades 11-12.
- Topics within Content Frameworks and Indicators are designed to address the ORC requirements as well as current areas of need (e.g. Mental Health).

Topics

- Topics identified in the indicators and content frameworks reflect those present in the HECAT.
- Venereal Disease
  - Reference the term from ORC but use the term sexually transmitted disease.
- Sexual Health
Can be found in the topic areas of Human Growth & Development (HGD), Personal Health & Wellness (PHW), Violence Prevention (VP), and Healthy Relationships (HR).

- **Physical Activity**
  - Prioritized in physical education
  - Topic is not addressed as a separate topic but addressed within healthy eating.
- **ATOD – Combine tobacco within alcohol and other drugs.**
  - Added indicators to reflect new areas such as vaping, synthetic drugs.
  - Includes opioids
- **Human Trafficking – found in “Violence Prevention.”**
- **Anatomical Gifts - found in “Safety” in high school.**

**Miscellaneous Items**
- Importance of ODE reinforcing expectations for health education
  - Prescribed curriculum
  - Graduation Requirements
    - Middle School for High School Credit
    - Online Health Education
    - Credit Flexibility
    - College Credit +

**Key Terms**
- **Standard** – Overall goal for the K-12 curriculum.
- **Benchmark** – a learning outcome achieved by the end of the grade band.
  - Grade bands = K-2, 3-5, 6-8, 9-12
- **Indicator** – grade level outcome
  - Associated with specific content or topic
- **Content Framework** - Detailed explanation of the knowledge and skills represented in the learning standards.
- **Nomenclature**
  - 3.1.3ATOD1