



# What's next in the addiction crisis?

## Policy, practice and collaboration across the region

June 26, 2018 • Aladdin Shrine Center • Grove City, Ohio

# Agenda

- 9:00 a.m. **Breakfast and networking**  
(Optional)
- 
- 10:00 a.m. **Welcome and opening remarks**  
**Amy Rohling McGee**, President, Health Policy Institute of Ohio
- 
- 10:10 a.m. **Ohio addiction policy inventory and scorecard: Prevention, treatment and recovery**  
**Hailey Akah**, Health Policy Analyst, Health Policy Institute of Ohio  
**Amy Bush Stevens**, Vice President, Prevention and Public Health Policy, Health Policy Institute of Ohio
- 
- 10:40 a.m. **Low-opioid reliance model of care: Could it be done?**  
**Dr. Ali Mchaourab**, Chief, Pain Medicine Service, Louis Stokes Cleveland VA Medical Center
- 
- 11:10 a.m. **Activity break: Chair yoga**
- 
- 11:20 a.m. **Addiction and federal parity compliance: What's working in other states?**  
**Kevin J. Malone**, Associate and Strategic Advisor, Epstein, Becker, and Green
- 
- 11:50 a.m. **Lunch and roundtable discussions**  
Show and tell: What's working in your state or community?
- 
- 12:50 p.m. **The link between economic conditions and overdose deaths in Ohio, West Virginia, Kentucky and Pennsylvania**  
**Dr. Michael Betz**, Assistant Professor, Department of Human Sciences, Ohio State University
- 
- 1:20 p.m. **Activity break: Tai Chi**
- 
- 1:30 p.m. **Roundtable discussions**  
Opportunities for regional collaboration
- 
- 2:00 p.m. **Roundtable discussions**  
Developing an evidence-based policy agenda to address addiction
- 
- 2:30 p.m. **Multisector collaboration to overcome what's next in the addiction crisis**  
**Dr. Christopher James**, Medical Director, Aetna Behavioral Health
- 
- 3 p.m. **Evaluation and closing comments**  
**Dr. Rahul Gupta**, Commissioner and State Health Officer, West Virginia Department of Health and Human Resources



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## Speaker biographies

### **Amy Bush Stevens, MSW, MPH**

**Vice President, Prevention and Public Health Policy, Health Policy Institute of Ohio**

Amy Bush Stevens is the Vice President, Prevention and Public Health Policy at the Health Policy Institute of Ohio. Stevens leads work on population health and also serves as HPIO's evaluation coordinator.

Prior to joining HPIO, Stevens served as the Program Evaluator at the Community Mental Health and Recovery Board of Licking and Knox counties and as a program evaluation trainer and coach with local prevention coalitions through the Ohio Domestic Violence Network. As an independent consultant, Stevens partnered with numerous public health organizations and prevention coalitions in rural Ohio to conduct community assessments, strategic planning and program evaluation.

Stevens began her research and evaluation career at Wilder Research Center in Minnesota, and at the Institute for Policy Research at Northwestern University. She holds master's degrees in Public Health and Social Work from the University of Minnesota and a bachelor's degree in Religion from Kenyon College.

### **Hailey Akah, JD, MA**

**Health Policy Analyst, Health Policy Institute of Ohio**

Hailey Akah is a Health Policy Analyst at the Health Policy Institute of Ohio. Akah analyzes key health policy issues such as population health, prevention, healthcare access and quality, social determinants of health, health equity and value-based payment. She also assists with HPIO's in-house legal work and internal evaluation efforts.

Akah holds a law degree and a master's of arts in public policy from the Ohio State University. She also holds a bachelor's degree in philosophy from Lawrence University.

### **Ali Mchaourab, MD**

**Chief, Pain Medicine Service, Louis Stokes Cleveland VA Medical Center**

Dr. Ali Mchaourab is Associate Professor of Anesthesiology at Case Western Reserve University School of Medicine, and Chief of the Pain Medicine Service at the Northeast Ohio VA Health Care System in Cleveland.

Dr. Mchaourab is also the Director of the VA SCAN-ECHO Center (Extension for Community Healthcare Outcomes) in Northeast Ohio VA Health Care

System in Cleveland. Through innovative use of video-teleconferencing technology, much needed pain care education was provided to the primary care workforce in Cleveland and other VAs around the country, supported by multi-million-dollar grants over 7 years. He and his team were awarded the 2015 American Pain Society Clinical Center of Excellence for their tremendous achievements in pain care, particularly when it comes to low reliance on, and safety of opioids utilization.

Dr. Mchaourab has championed a reduced reliance on opioids for well over a decade. Years before the term "opioid epidemic" became commonplace, he recognized that the relatively new reliance on opioids was not a sustainable model. His early initiatives resulted in drastically lowered opioid prescription rates at the Cleveland VA, to the extent that the facility became a significant outlier in VHA.

In September 2017, the President's Commission on Combating Drug Addiction and the Opioid Crisis, along with Secretary of Veterans Affairs David Shulkin, visited and commended him and the Cleveland VA on their unique work and results. His program was recognized in the final report to President Trump in November 2017.

### **Kevin J. Malone, JD**

**Associate and Strategic Advisor Epstein, Becker, and Green**

Kevin J. Malone is an Associate in the Health Care and Life Sciences practice, in the Washington, DC, office of Epstein Becker Green. Prior to joining Epstein Becker Green, Mr. Malone served at the U.S. Department of Health and Human Services (HHS) for six years, most recently with the Federal Coordinated Health Care Office (the "duals office") at the Centers for Medicare & Medicaid Services (CMS). As a Health Insurance Specialist with the duals office, he was the federal lead for implementing demonstration programs that aim to integrate the financing and delivery of Medicaid and Medicare benefits for dually-eligible beneficiaries in Illinois, New York State, and Washington State. Mr. Malone also served as a lead in the development of a new federal demonstration model for individuals with disabilities based on the Program of All-Inclusive Care for the Elderly (PACE), expanding the model of care to new populations. Previously, Mr. Malone worked with the Disabled and Elderly Health Programs Group at CMS, developing a new policy for the identification and counseling of the medically frail within the Medicaid Expansion population.

## Speaker biographies (cont.)

As a Public Health Analyst with the Substance Abuse and Mental Health Services Administration (SAMHSA) prior to joining CMS, Mr. Malone managed multiple multimillion-dollar federal procurements and led the agency's efforts to help substance abuse and mental health treatment providers implement advanced contracting, billing, and care coordination practices. In addition, he spearheaded SAMHSA's efforts at public and private insurance enrollment following the enactment of the Affordable Care Act.

Before joining HHS, Mr. Malone co-founded a community violence prevention project at Bread for the City, a nonprofit social services organization in Washington, DC. From 2007 to 2009, he also served as a Peace Corps volunteer in Zambia, where he founded the nation's first male-focused domestic violence prevention project.

### **Michael Betz, PhD**

**Assistant Professor, Department of Human Sciences, Ohio State University**

Dr. Michael Betz is an assistant professor in the Department of Human Sciences and a Family and Consumer Sciences state specialist at The Ohio State University. Professor Betz's research focus is on how local economic conditions impact a wide range of individual, family, and community wellbeing indicators and is particularly interested in the differences between rural and urban areas. He is currently investigating questions examining the connection between local economic factors and the opioid crisis.

He has published in journals such as Energy Economics, The American Journal of Agricultural Economics, Rural Studies, Papers in Regional Science, and International Regional Science Review. He has received funding for his research from The Ohio State University Institute for Population Research, the North Central Regional Center for Rural Development, and The Appalachian Research Initiative for Environmental Science. He is currently the secretary for the USDA multi-state research project NE1749: Enhancing Rural Economic Opportunities, Community Resilience, and Entrepreneurship.

### **Christopher James, D.O., MPH**

**Medical Director, Aetna Behavioral Health**

Dr. James is a medical director for Aetna Behavioral Health for the Southeastern region, as well as for the Autism Care Team. Dr. James also works in a private practice in a suburb of Cleveland Ohio, where he treats children and adolescents as well as adults

across the spectrum of psychiatric diagnoses.

Dr. James received his medical degree from the Philadelphia College of Osteopathic Medicine. He also holds a master's degree in public health from Temple University and received his bachelor's degree from Rutgers University.

Dr. James completed his psychiatric residency through University of Maryland/ Sheppard Pratt, and then completed his child and adolescent fellowship through Northwestern Universities' Children's Memorial Hospital. He is board certified in both adult and child adolescent psychiatry.

### **Rahul Gupta, MD, MPH, MBA, FACP**

**Commissioner and State Health Officer, Bureau for Public Health West Virginia Department of Health and Human Resources**

Dr. Rahul Gupta serves as Commissioner for the West Virginia Department of Health and Human Resources, Bureau for Public Health and the West Virginia State Health Officer.

Dr. Gupta is a practicing internist with 25 years of clinical experience who also has faculty appointments as an Adjunct Professor in the Department of Health Policy, Management & Leadership at the West Virginia University School of Public Health, Associate Professor at the University of Charleston School of Pharmacy, and visiting faculty at the Harvard University T.H. Chan School of Public Health.

Dr. Gupta earned a Doctor of Medicine degree and subspecialty training in pulmonary medicine from the prestigious University of Delhi and completed his internship and residency training at St. Joseph Hospital at Northwestern University in Chicago, Illinois. Additionally, he earned a Master of Public Health (MPH) degree in Healthcare Organization and Policy from the University of Alabama-Birmingham and a Master of Business Administration (MBA) degree in Innovation and Technology Management at the London School of Business and Finance. He is also a Fellow of the American College of Physicians.

Dr. Gupta has authored more than 125 peer-reviewed scientific publications in medicine and public health and served as a principal investigator for numerous well known clinical trials. He presently serves as the Secretary of the West Virginia Board of Medicine. He was elected to lead his peers as the 2016-2017 President of the West Virginia State Medical Association.

# Roundtable discussions

## 1

### Breakfast networking (9 am - 10 am)

#### Table topics

1. Adverse childhood experiences and trauma
2. Data system integration and data sharing across sectors and systems (health care, public health, law enforcement, schools, children services, etc.)
3. Provider education and technical assistance (guidance, continuing education and higher education for healthcare and behavioral health providers on opioid prescribing, pain, addiction, mental health, etc.)
4. Medicaid eligibility and Medicaid managed care
5. Sustained funding for school and community-based prevention
6. Employment, workforce development and engaging the business community
7. Open discussion and participant-identified topics

## 2

### Lunchtime Show and Tell: What's working in your state or community? (11:50 am - 12:50 pm)

#### Learning objective

Participants will have the opportunity to share an effective approach in their state and to learn what's working elsewhere and how they might be able to replicate it.

#### Table topics

1. Opioid prescribing limits and guidelines and PDMPs
2. Non-opioid pain management (including insurance coverage and provider education)
3. School and community-based prevention
4. Behavioral health workforce and treatment capacity
5. Behavioral health parity
6. Health equity
7. Economic conditions, workforce and employers
8. Safe and Healthy Ohio Amendment: Ballot initiative to reform the criminal justice system and reinvest resources into addiction treatment and recovery
9. Overdose reversal
10. HPIO policy inventory and scorecard methodology
11. Participant-identified topics

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# Roundtable discussions (cont.)

## 3

### Opportunities for regional collaboration (1:30 pm - 2 pm)

#### Learning objective

Participants will identify opportunities to collaborate across state lines and address the topic with a regional approach.

#### Table topics

1. Opioid prescribing limits and guidelines and PDMPs
2. Non-opioid pain management (including insurance coverage and provider education)
3. School and community-based prevention
4. Behavioral health workforce and treatment capacity
5. Behavioral health parity
6. Health equity
7. Economic conditions, workforce and employers
8. Evaluation and evidence-based policymaking
9. Surveillance and data sharing across sectors and systems (health care, public health, law enforcement, schools, children services, etc.)
10. Hepatitis C (Central Appalachia HCV Coalition- PA, OH, KY, WV, TN)
11. Participant-identified topics

## 4

### Developing an evidence-based policy agenda to address addiction (2 pm - 2:30 pm)

#### Learning objective

Participants will identify specific policy changes related to the topic and identify if change is best made at the local, state or federal level.

#### Table topics

1. Opioid prescribing limits and guidelines and PDMPs
2. Non-opioid pain management (including insurance coverage and provider education)
3. School and community-based prevention
4. Behavioral health workforce and treatment capacity
5. Behavioral health parity
6. Health equity
7. Economic conditions, workforce and employers
8. Evaluation and evidence-based policymaking
9. Surveillance and data sharing across sectors and systems (health care, public health, law enforcement, schools, children services, etc.)
10. Participant-identified topics



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