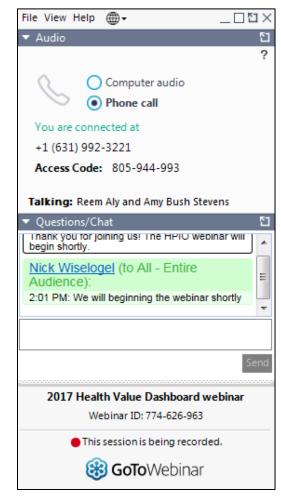


# A new approach to reduce infant mortality and achieve equity: HPIO Webinar

Amy Bush Stevens , Zach Reat and Hailey Akah April 10, 2018

### Please type questions in the question box





# A new approach to reduce infant mortality and achieve equity

Policy recommendations to improve housing, transportation, education and employment



Prepared by the Health Policy Institute of Ohio for the Ohio Legislative Service Commission

Dec. 1, 2017



# Who can use this report?

State

**Private** 

Health/Public health

Local

Public

Sector beyond health

(workforce development, housing, etc.)

# Policy change starting points

Recommendation examples



Bus system improvements



Occupational licensing reform (SB 129)

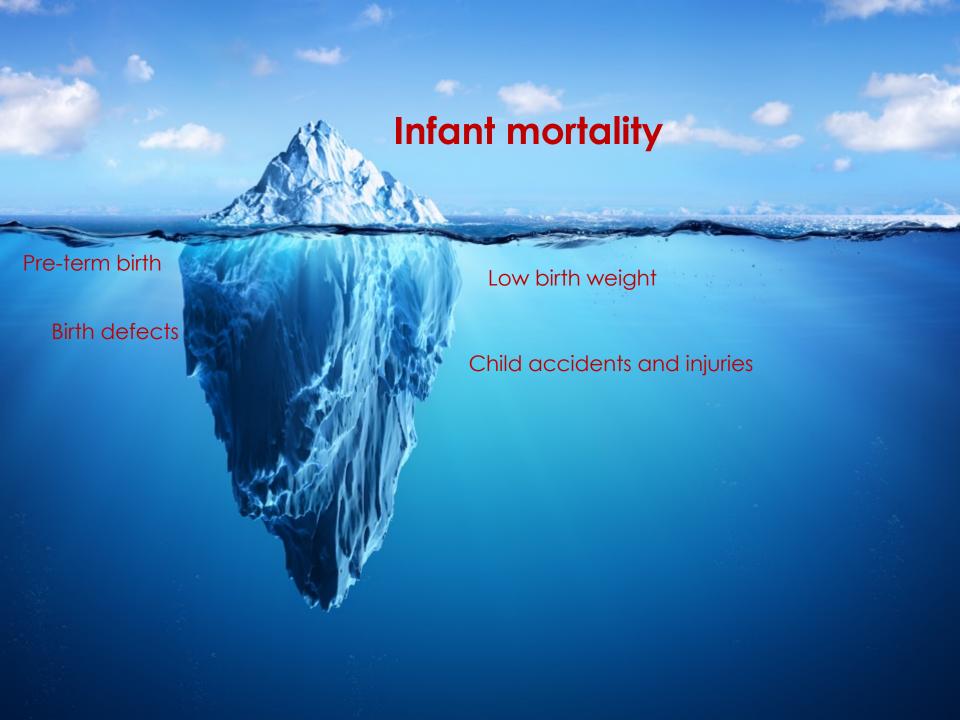


Inclusionary zoning

# Today

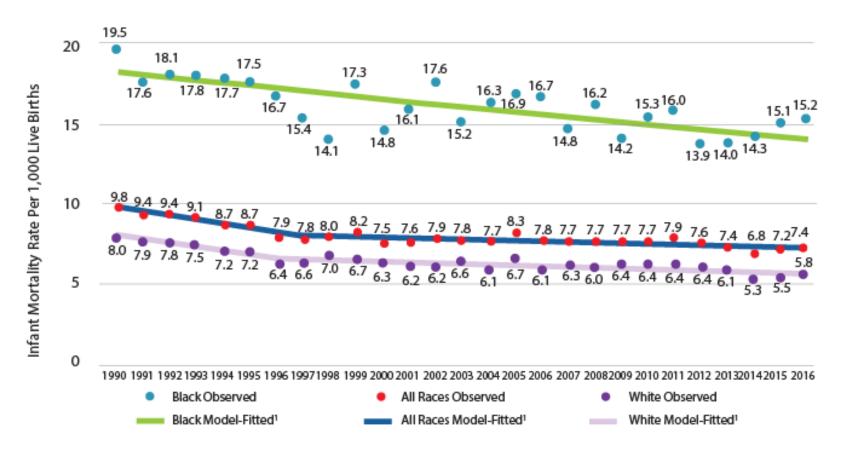
- Why is this important?
- Background and purpose
- Key findings
- Recommendations
- Next steps

# Improvement is possible.





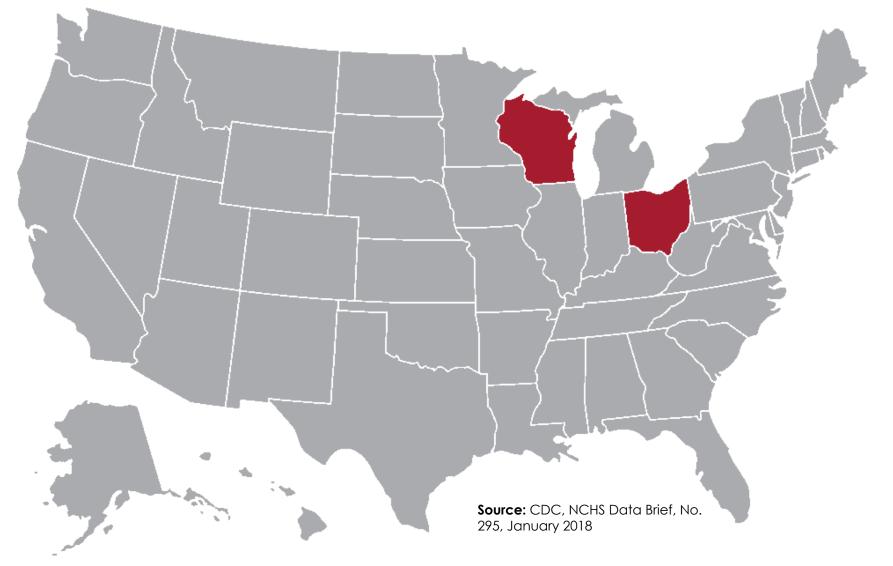
# Trends in Ohio infant mortality rates, by race (1990-2016)



Source: Ohio Department Of Health, Bureau Of Vital Statistics.

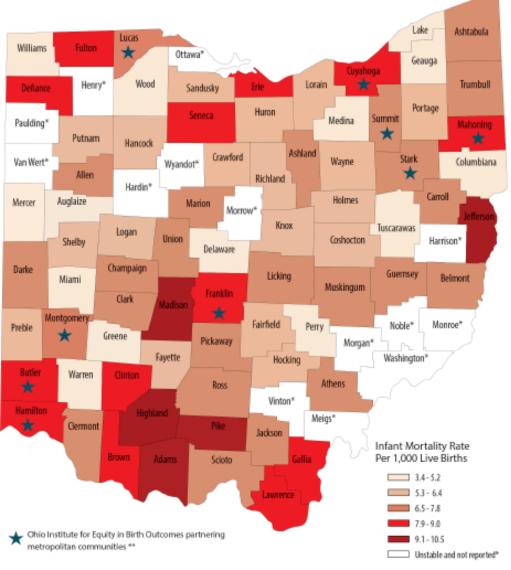
¹ "Model-Fitted" Definition – Joinpoint software models were used to test the statistical significance of changes in trends. For each group the best fitting trend lines are presented. A change in trend was observed for all races infant mortality in 1996 and for white mortality in 1997. No change in trend was detected for black infant mortality.

# States with highest Non-Hispanic black infant mortality rate, 2013-2015 (pooled)

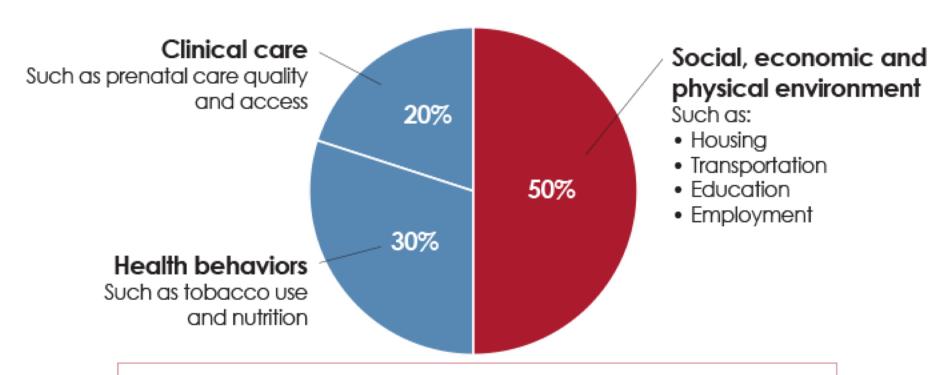


Ohio infant mortality average five-year rate,

by county (2012-2016)



### Modifiable factors that influence health



**Underlying drivers of inequity**: Poverty, racism, discrimination, trauma, violence and toxic stress

Source: County Health Rankings and Roadmaps

# Health inequities, disparities and equity

### Health inequities

Disparities in rates due to differences in the distribution of social, economic, environmental or healthcare resources\*



### **Health disparities**

differences in health status
among segments of the
population such as by race or
ethnicity, education, income or
disability status

## **Health equity**

\*Working definition from the CDC Health Equity Working Group, October 2007

# Priority populations

Groups of Ohioans most at risk for infant mortality:

- African American/black Ohioans
- People with low levels of educational attainment
- People with low incomes
- Residents of infant mortality "hot spot" communities (mostly urban neighborhoods and rural counties with higher rates of infant death)

It is important to note that racism and inequities in the social, economic and physical environment drive the increased risk for African Americans.





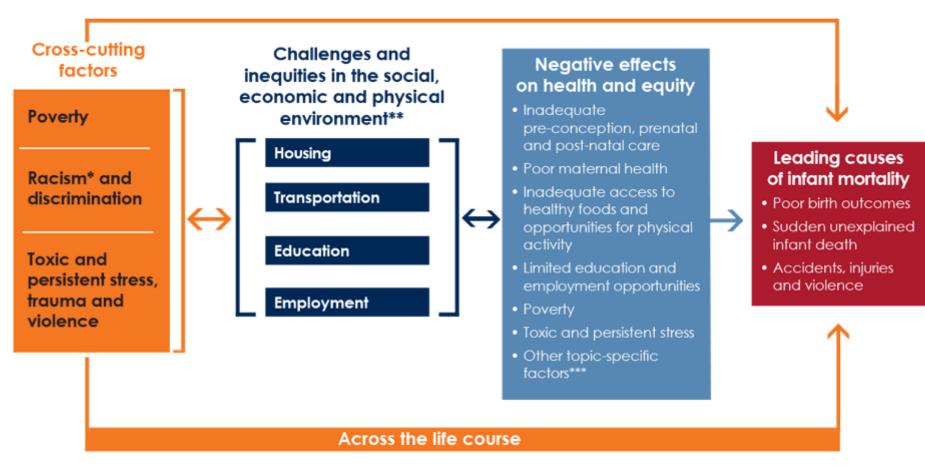
# Senate Bill 332





# SB 332 requirements

- Review of policies and programs: housing, transportation, education, employment
- Identify opportunities to improve policies and programs
- 3. Study impact of state-funded rental assistance program
- Evaluate best practices from other states
- 5. Make policy recommendations



- \* Structural, institutional, interpersonal and internalized racism
- \*\* Topics specified for study by SB 332
- \*\*\* See figures 4.1, 5.1, 6.1 and 7.1 in the full report for details

# Policy goals and recommendations

- Housing
- Transportation
- Education
- Employment



# Long-term outcomes

- Healthy mothers and babies
- Improved birth outcomes
- Health equity

Across the life course



# Key findings

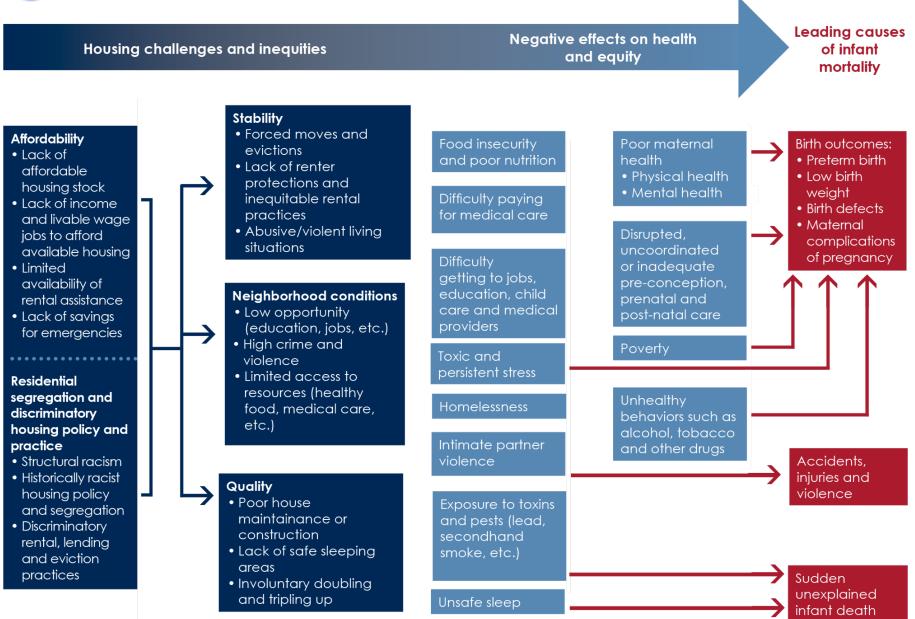
- 1. Troubling trends
- 2. Troubling disparities
- 3. Access to care is necessary, but not sufficient
- 4. Community conditions are challenging for risk groups
- 5. Policymakers have many options

## Recommendation themes

- Prioritize housing and employment
- Connect the disconnected
- Ensure all children have the opportunity to thrive
- Acknowledge and address the roles of racism, discrimination, violence and toxic stress
- Innovate, leverage public-private partnerships and join forces across sectors
- Coordinate, collaborate, monitor and evaluate
- Balance short-term fixes with longer-term change



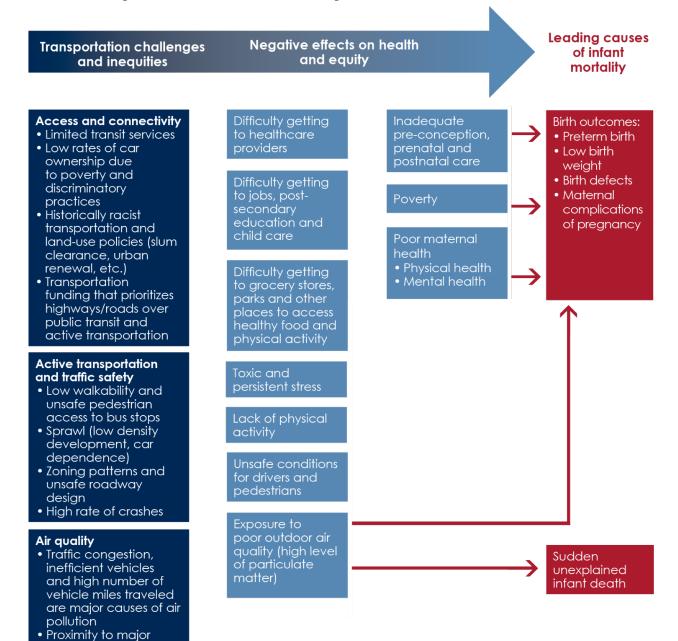
#### Relationship between housing and infant mortality





roadways

Relationship between Transportation and infant mortality





#### Relationship between education and infant mortality

Leading causes **Education challenges and inequities** Negative effects on health and equity of infant mortality Poverty Birth outcomes: • Preterm birth • Low birth weight Poor maternal Birth defects access to healthy Income and health Maternal foods and employment Physical health complications Mental health Limited opportunities for of pregnancy **Educational** physical activity employment opportunities attainment Low earnings Grade-level readina potential Toxic and High school persistent stress graduation Unplanned • Post-Literacy and health Disrupted. secondary literacy including teen uncoordinated education Limited access pregnancies and and inadeauate to credible inadequate birth Education pre-conception, and culturally spacina system quality prenatal and appropriate health post-natal care, Early information including access childhood • Difficulty to contraception • K-12 naviaatina the • Posthealthcare system secondary Unhealthy Racial Social capital and discrimination behaviors such as social support alcohol, tobacco Sudden Low rank in society and other drug use unexplained Unsafe sleepina Social network infant death norms Lack of breastfeedina Accidents, injuries and relationships, violence abuse and violence



#### Relationship between employment and infant mortality

Employment challenges and inequities

Negative effects on health and equity

Leading causes of infant mortality

#### Income

- Low wages
- Under employment
- Unemployment
- Inadequate savings
- Limited economic mobility
- Wage disparities
- Work disincentives in public benefits programs

#### **Working conditions**

- Occupational hazards
- Physically demanding work
- High demand, low control
- Discriminatory practices
- Multiple part-time jobs
- Irregular scheduling and intermittent employment

#### Workplace leave policies and employment benefits

- Breastfeeding and leave policies (maternal, sick leave, etc.)
- Health insurance coverage

#### Poverty

Difficulty affording necessities such as healthy food, health insurance and healthcare services

Toxic and persistent stress

Disrupted, uncoordinated and inadequate pre-conception, prenatal and post-natal care, including access to contraception

Lack of breastfeeding

#### Birth outcomes:

- Preterm birth
- Low birth weight
- Birth defects
- Maternal complications of pregnancy

Physical healthMental health

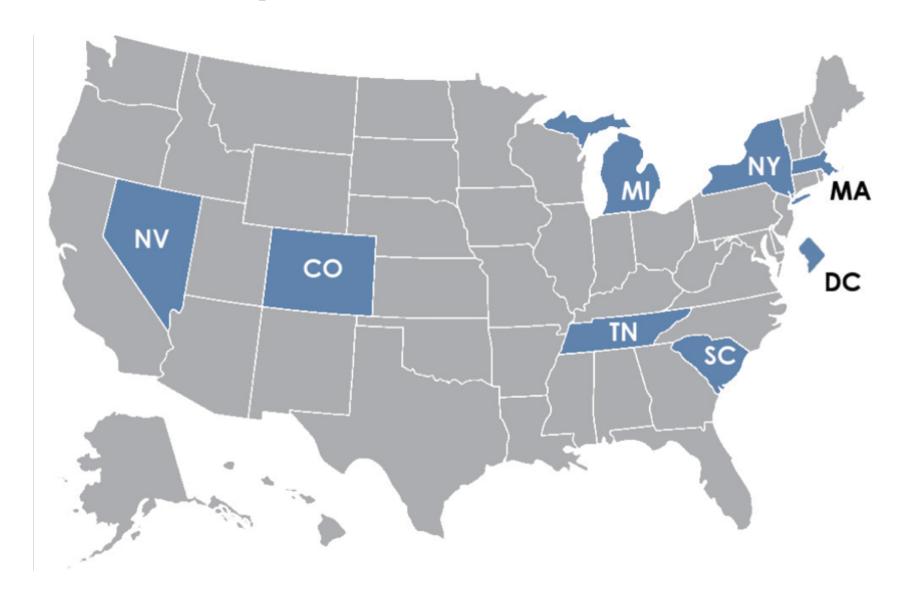
Poor maternal

health

Unhealthy behaviors such as use of alcohol, tobacco and other drugs

> Sudden unexplained infant death

# Case study states



# Most frequently mentioned drivers of improvement

- Home visiting (Nurse-Family Partnership or other models)
- Safe sleep campaigns and programs
- Centering Pregnancy (or other group prenatal care models)
- Medicaid policy changes (including coverage expansions in 2014 or earlier and reimbursement changes)
- Policies and education to reduce early elective deliveries and C-sections
- Tobacco prevention policies and/or smoking cessation programs

# Case study examples



**New York** 



**South Carolina** 

# Selected examples of New York State tax credits for families

Earned Income
Tax Credit
(EITC)

Child Tax Credit (Known as Empire State Child Credit'') Child and
Dependent Care
Tax Credit
(CDCTC)

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Breaking

Remnants of Irma pound Charleston with tropical force winds, spawning squalls and stinging rain

#### Haley expands effort to save infants Nurse-Family Partnership helping poor moms in rural S.C. to get another \$30M

Lauren Sausser Doug Pardue Feb 15, 2016 🗪 (0)



Sydia Alexander, with her then-9-week-old baby Siyana, meets with registered nurse Tammy Richardson. Nurse-Family Partnership sends professionals into the homes of low-income, first-time mothers. The program has been shown to reduce infant mortality and improve the family's health.

> Gov. Nikki Haley will tackle rural South Carolina's historically high infant mortality rate by sending nurses into the homes of thousands more first-time, low-income mothers.



In a press conference Tuesday at the Statehouse, Haley announced a \$30 million expansion of Nurse-Family Partnership, a program that has demonstrated success in









#### Housing policy goals

#### Policy goals

Policies and programs designed to improve:

- Housing affordability
- Housing stability
- Neighborhood conditions
- Housing quality
- Equitable access to housing

Prioritizing communities most at risk for infant mortality

#### Intermediate outcomes

#### Increased:

- Supply of rental assistance and affordable housing
- Access to good jobs, postsecondary education and child care
- Safe sleep conditions
- Access to pre-conception, prenatal and postnatal care
- Food security and nutrition

#### Decreased:

- Discriminatory housing policies and practices
- Homelessness
- Poverty
- Toxic and persistent stress
- Exposure to domestic violence
- Exposure to toxins and other hazards

#### Long-term outcomes





Health equity



### Recommendation examples: Housing

**Recommendation 2.1.** Delay criminal background checks and other changes to help families get rental housing

**Recommendation 3.2.** Inclusionary zoning

**Recommendation 6.1.** Rapid access to legal representation, landlord-tenant mediation, etc. to prevent evictions



#### Transportation policy goals

#### **Policy goals**

Policies and programs designed to improve:

- Medicaid Non-Emergency Medical Transportation
- Public transportation
- Pedestrian safety
- Air quality
- Equitable access to transportation

Prioritizing communities most at risk for infant mortality

#### Intermediate outcomes

#### Increased:

- Access to pre-conception, prenatal and postnatal care
- Access to jobs, postsecondary education and child care
- Access to healthy food and improved nutrition
- Physical activity

#### Decreased:

- Discriminatory transportation policies and practices
- Poverty
- Toxic and persistent stress
- Exposure to air pollution

#### Long-term outcomes

- Healthy mothers and babies
- Improved birth outcomes
- Health equity



### Recommendation examples: Transportation

**Recommendation 1.4.** Monitor and enforce managed care plan compliance with Non-Emergency Medical Transportation (NEMT) requirements

**Recommendation 2.3.** Bus system improvements

**Recommendation 5.1.** Community service in lieu of driver's license reinstatement fee (SB 160)



#### **Education policy goals**

#### **Policy goals**

Policies and programs designed to increase:

- Educational attainment
- Equitable access to education

Prioritizing communities most at risk for infant mortality

#### Intermediate outcomes

#### Increased:

- Educational attainment
- Income
- Literacy and health literacy
- · Social capital and social support
- Access to healthy food and improved nutrition
- Physical activity
- Access to pre-conception, prenatal and postnatal care
- Breastfeeding
- Birth spacing
- Safe sleep practices

#### Decreased:

- Discriminatory education policies and practices
- Poverty
- Toxic and persistent stress
- · Alcohol, tobacco and other drug use
- Unplanned pregnancies

#### Long-term outcomes

- Healthy mothers and babies
- Improved birth outcomes
- Health equity



### Recommendation examples: Education

**Recommendation 1.2.** Increase number of children served by high-quality early childhood education

**Recommendation 3.1.** Increase capacity for secondary and postsecondary career-technical education (vocational training)

**Recommendation 3.2.** Increase participation of high school students in career-technical education, such as by allowing students attend Ohio Technical Centers through College Credit Plus



### **Employment policy goals**

#### Policy goals

Policies and programs designed to increase:

- Employment and income
- Access to work supports

#### And improve:

- · Working conditions
- Leave policies and employment benefits
- Equitable access to employment

Prioritizing communities most at risk for infant mortality

#### Intermediate outcomes

#### Increased:

- Income and economic mobility
- Access to health insurance coverage
- Access to healthy food and improved nutrition
- Breastfeeding

#### Decreased:

- Discriminatory employment policies and practices
- Poverty
- Toxic and persistent stress

#### Long-term outcomes

- Healthy mothers and babies
- Improved birth outcomes
- Health equity



### Recommendation examples: Employment

**Recommendation 1.1.** Expand Earned Income Tax Credit (EITC)

**Recommendation 2.1.** Occupational licensing reform (SB 129; HB 583)

**Recommendation 5.2.** Consider employer's record with Ohio Civil Rights Commission (OCRC) when determining tax incentives and assess fees on employers with regular complaints to OCRC

### Recommendation examples: Cross-cutting

**Recommendation 2.** Increase local-level leadership and advocacy to address the social determinants of health

**Recommendation 5.** Coordinate, collaborate and evaluate, including data to track disparities and inequities



### Next steps for HPIO

- Commission on Infant Mortality
- Ohio Collaborative to Prevent Infant Mortality
- Memos to legislative committees
- One-on-one meetings with legislators
- Today's webinar!

#### How local communities can use the recommendations





Which topic(s) have the most unmet need for infant mortality priority populations in your community?

#### Policy goals

Select small number of goals within relevant topic(s)



### Specific policy recommendations

- -- State
- -- Local

- Select relevant state-level recommendations and partner with others to advocate for them
- Select relevant local-level recommendations and partner with others to enact and implement

## How to prioritize manageable set of goals and recommendations



### One topic in-depth

Select one topic (housing, transportation, education or employment)

- Select 2-3 policy goals within that topic
- Select 1-2 recommendations within each goals

В

### Multiple topics

Select 2-4 topics (housing, transportation, education or employment)

- Select 1 policy goal within that topic
- Select 1-2 recommendations within each goals

### Prioritization criteria examples

- 1. Relevance to priority populations
- 2. Alignment with other initiatives and opportunities given current landscape and momentum
- 3. Short-term political feasibility (2 years)
- Cost and available revenue sources

federal



state



local



federal



state



local



# Ways to get the word out and motivate action: State level

- Meet with your legislators one-onone to discuss recommendations (Ohio senator and representative)
- Invite your legislators to an event
- Gather and disseminate real-life stories

### 132<sup>nd</sup> General Assembly

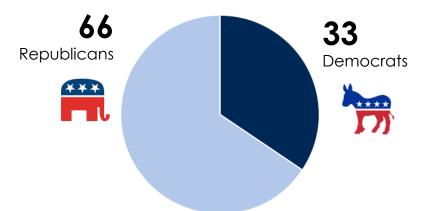
#### House



Rep. Cliff Rosenberger Speaker



Rep. Fred Strahorn Minority Leader



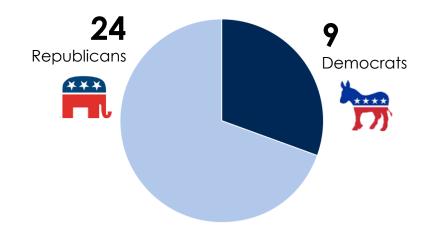
#### Senate



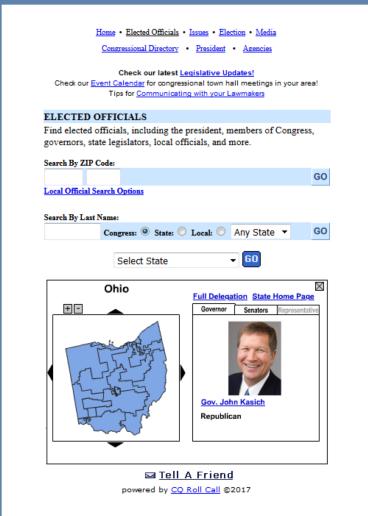
Sen. Larry Obhof Senate President



Sen. Kenny Yuko Minority Leader



### Who represents you?



https://capwiz.com/nra/dbq/officials/

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### Policymaking basics

https://osupublichealth.catalog.instructure.com

federal



state



local



# Ways to get the word out and motivate action: Local level

- Reach out to local housing, transportation, education and employment organizations to find common interests
- Meet with local policymakers one-on-one to discuss recommendations (city council members and county commissioners)
- Write an op-ed or letter to the editor in your local newspaper
- Incorporate recommendations into RFPs or grant proposals
- Gather and disseminate real-life stories

### Local housing partners

- Metropolitan Housing Authorities
- Local Continuums of Care (i.e. Community Shelter Board)
- Local municipalities (counties, cities)
- Legal Aid

### Local transportation partners

- Metropolitan Planning
   Organizations (i.e. MORPC)
- Transit agencies (i.e. GCRTA)
- Local municipalities (counties, cities)
- Legal Aid

### Local education partners

- Local boards of education
- School district leadership (i.e. superintendent, principal)
- College/university leadership (i.e. board of trustees, president, provost)
- Career-technical planning districts
- Ohio Educational Service Center Association
- Local municipalities (counties, cities)
- Legal Aid

### Local employment partners

- Workforce development boards
- OhioMeansJobs centers
- Local municipalities (counties, cities)
- Legal Aid

### CelebrateOne Policy Committee



#### Focus — 2018-2020



#### **Eliminate Preventable Infant Sleep Related Deaths**

- Safe Sleep-Behavior Change
- Safe Sleep Parent Support
- Aggressive Crib distribution & education via ambassador program

#### **Reduce the Number of Premature Births**

- Home Visiting Improvement and Expansion
- Smoking Cessation Expansion
- Teen Life Plan Dissemination and Training

#### **Connect the Disconnected**

- Community Connector (CHW) Sustainability for 2018-2020
  - Pregnancy Support
  - Connectivity to reliable social supports

#### Social Determinants of Health – Pilots to Scale

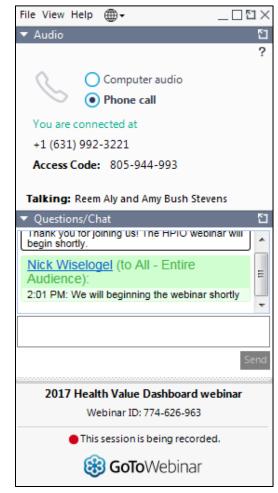
- Housing Healthy Beginning at Home/Care Homes expansion
- Transportation SMRT City PDSA in Linden
- Education Linden HS graduation rate; Reproductive health curriculum

#### **Share Useful Data - Broadly**

- CelebrateOne quarterly reports and newsletters
- Policy Committee to advocate change

### Improvement is possible.

### Please type questions in the question box







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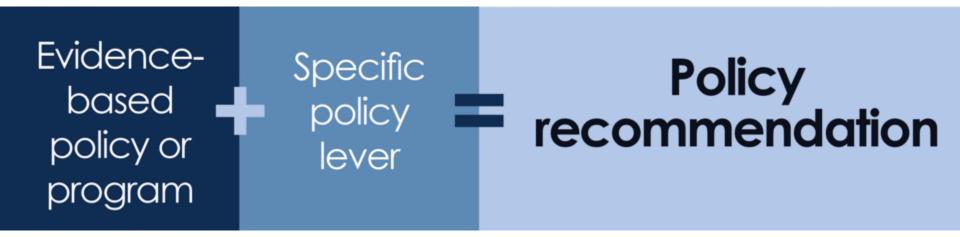
Amy Bush Stevens, MSW, MPH astevens@hpio.net

Zach Reat, MPA zreat@hpio.net

Hailey Akah, JD, MA hakah@hpio.net

### Additional content

### 4. Provide policy recommendations



### Stakeholder engagement

Steering Committee (~ 10 participants)

## Social Determinants of Infant Mortality Advisory Group

(~100 participants)

### **Housing Subcommittee**

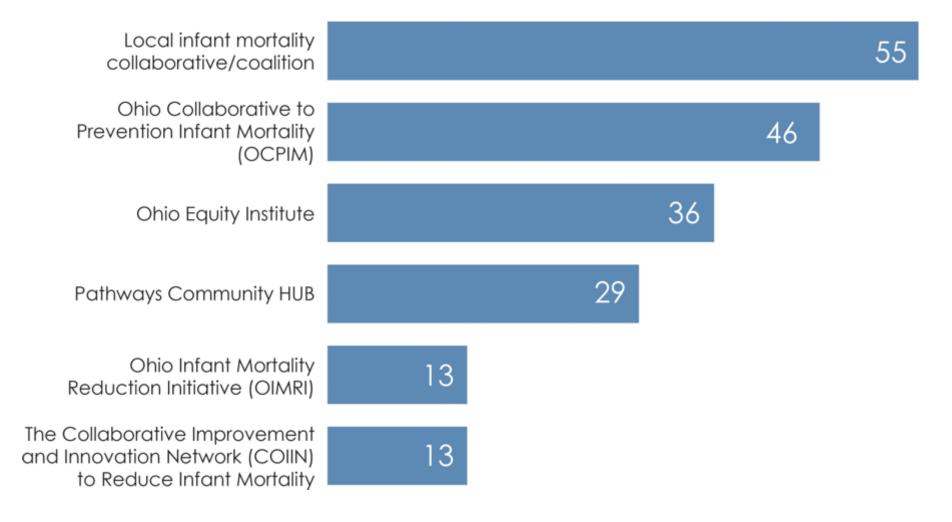
(~ 12 participants)

### **Advisory Group Sectors**

| Advocacy                              | Local health<br>department | State agency               | Health plan/private<br>insurer/managed<br>care |
|---------------------------------------|----------------------------|----------------------------|--|
| Provider/clinician                    | Hospital/health system     | Research/academic          | Grassroots/consumer<br>group                   |
|                                       |                            |                            |  |
| Community/<br>economic<br>development | Housing                    | Social service<br>provider | Transportation/<br>regional planning           |

Red indicates social determinant of health sector

## Advisory Group: Involvement with infant mortality initiatives





### **Meetings:**

- Advisory Group: 4
- HousingSubcommittee: 2
- SteeringCommittee: 3

# Policy recommendations informed by...

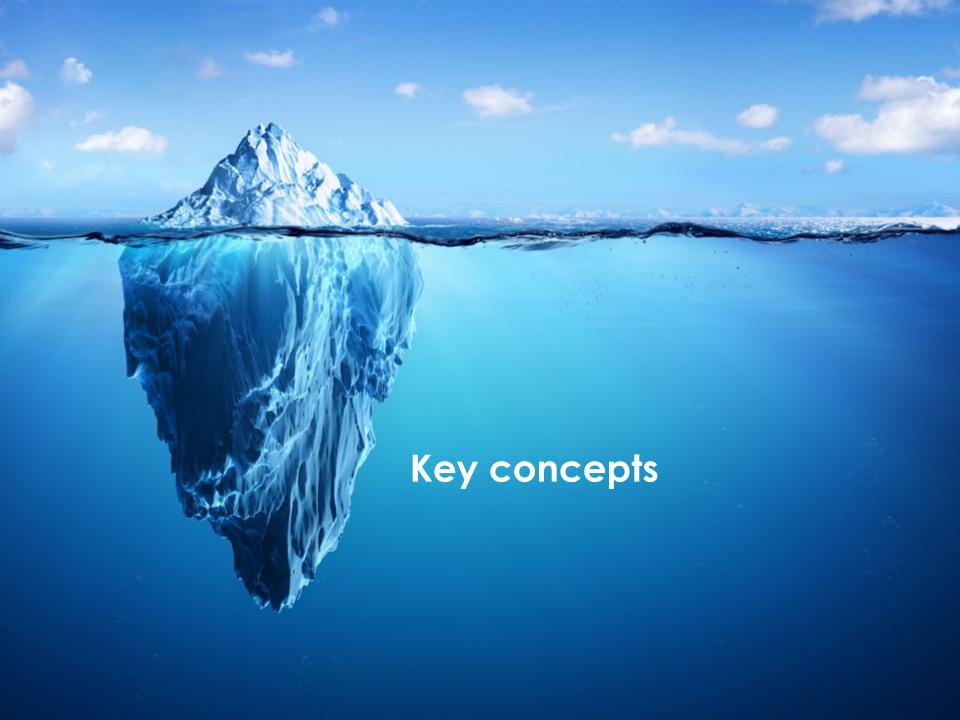
Inventory of evidencebased policies and programs

(from evidence registries and systematic review)

Literature reviews

Most-improved state analysis

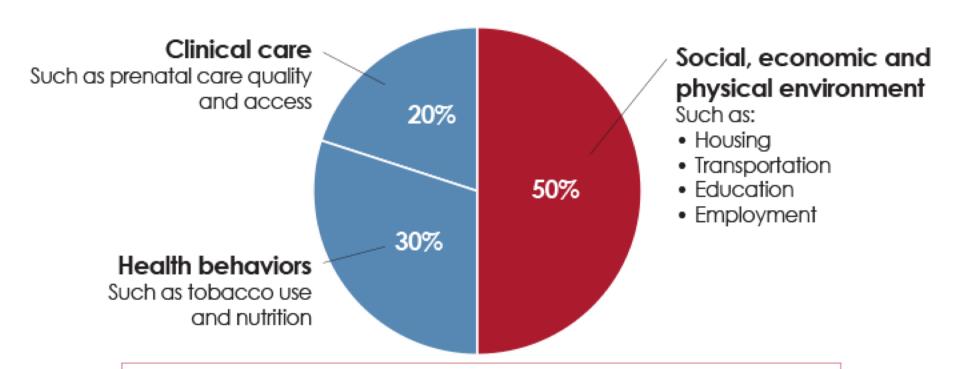
Suggestions and priorities from Advisory Group



### Key concepts

- 1. Beyond medical care
- 2. Health equity
- 3. Life course perspective
- 4. Social ecological model
- 5. Policy relevance

### Modifiable factors that influence health



**Underlying drivers of inequity**: Poverty, racism, discrimination, trauma, violence and toxic stress

**Source:** County Health Rankings and Roadmaps

### Health inequities, disparities and equity

### **Health inequities**

Disparities in rates due to differences in the distribution of social, economic, environmental or healthcare resources\*



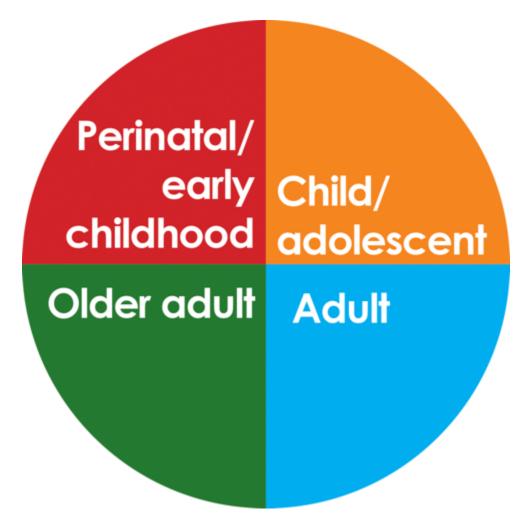
### **Health disparities**

differences in health status
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disability status

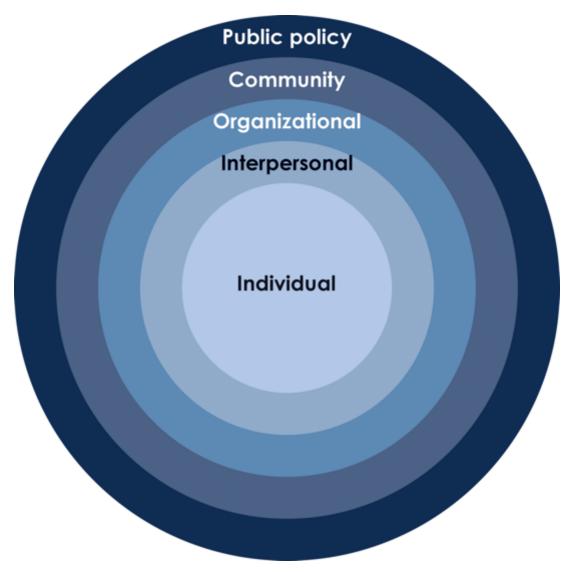
### Health equity

\*Working definition from the CDC Health Equity Working Group, October 2007

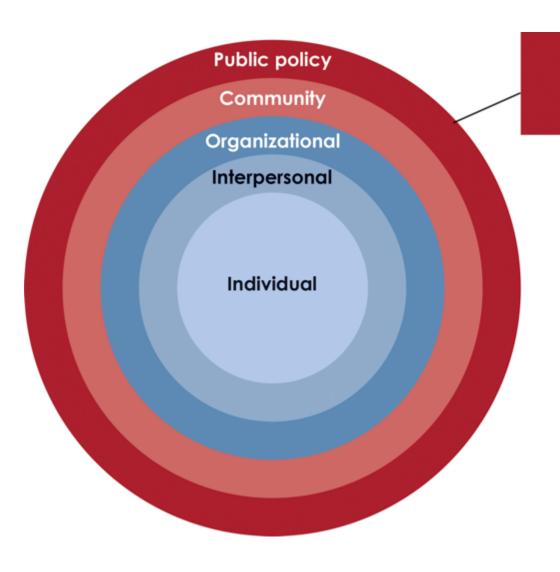
### Life course perspective



### Social ecological model



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## Focus on state-level policy



