RE-FRAMING FOR THE (NEAR) FUTURE: POLICY OPTIONS TO IMPROVE HEALTH AND IMPACT SPENDING GROWTH

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“Care Economy”

“A wide range of public policies can influence the supply of care, from social protection and provisioning, including education and health services, to employment policies, public transport, housing, water and sanitation, and other infrastructure investment.”

Social Drivers of Sustainable Development, United Nations, February 2014
Altarum is a nonprofit health systems research and consulting organization with the aim of leveraging independent research and work to solve underlying issues that cause the health care system to be inefficient, ineffective, or unsustainable.

And in fact there is no single “system,” since health and health care depend on a complex set of factors that are constantly interacting and changing.

The Program to Improve Eldercare is dedicated to the proposition of identifying, testing and implementing different strategies to assure that we can all live comfortably and meaningfully through a period of disabilities toward the end of life, at an affordable cost.
HOPE FOR THE POOR
ACHIEVEMENT FOR YOURSELF
GREATNESS FOR YOUR NATION
**Healthy People 2020: Examples of Social Determinants of Health**

- Availability of resources to meet daily needs (e.g., safe housing and local food markets)
- Access to education, economic and job opportunities
- Access to health care services
- Quality of education and job training
- Availability of community-based resources
- Transportation options
- Public safety
- Social support
- Social norms and attitudes (e.g., discrimination, racism, distrust of government)
- Socioeconomic conditions (e.g., concentrated poverty)
- Culture, language and literacy
Time Out of Mind
Health Care Town Halls, 2017
Universal Declaration of Human Rights (1948)

“Everyone has the right to life, liberty, and security of person.”
Payment Model and Policy Developments That Recognize Social Determinants of Health

▲ CHRONIC Care Act, and MA regulation/Independence At Home
▲ Aging Network Business Acumen Developments
▲ Program of All-Inclusive Care for the Elderly (PACE)
▲ MediCaring Communities
Trends in Spending and Growth: OAA Funding vs. Medicare Expenditures and Steady Increase in 65+ Population
A Population “Age Wave” Model: Core Elements of MediCaring Communities

▲ Frail older adults identified and offered enrollment in a community-anchored program
▲ Use of longitudinal, goal-driven care plans across all settings
▲ Medical care specifically tailored to frail older adults
▲ More reliable social and supportive services
▲ Monitoring and improvement guided by a community board representing broad interests
▲ Reinvestment of a portion of savings realized from reduction of low-value medical services would bolster provision of underfunded supportive services
Zuni Pueblo Elders
“You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete.”

--Buckminster Fuller