



Health Initiatives with the Potential to Impact Education

HPIO Forum

Director Rick Hodges

September 15, 2016

Overview of Ohio Department of Health (ODH)

ODH's mission: Protect and improve the health of all Ohioans by preventing disease, promoting good health and assuring access to quality care.

Pillars of Public Health:

- Infectious Diseases
- Preparedness
- Health Equity & Access
- Environmental Health
- Regulatory Compliance
- Health Improvement & Wellness

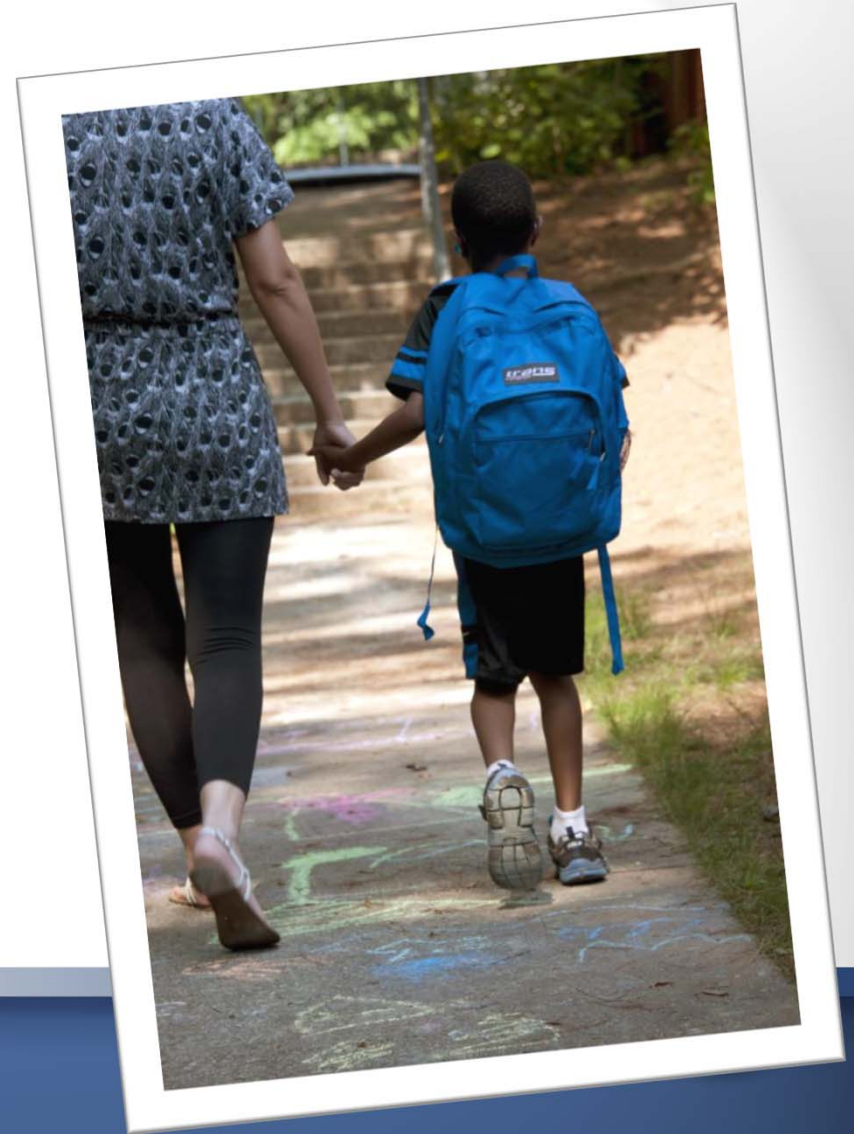


Public Health
Prevent. Promote. Protect.



Health and education are mutual

Students need **healthy foods**, the opportunity for **physical activity**, **clean air**, a **safe learning environment** and access to **quality health services** to succeed academically.



How ODH can help:

- Assess strengths and weaknesses related to health and wellness.
- Identify best practice strategies that will support the learning process.
- Provide training and technical assistance.
- Provide resources and information related to regulatory compliance.



School Nursing Program

School nurse consultants are available as resource experts to school nurses, school administrators, local health departments and other interested individuals, organizations and agencies.



School Nutrition Environment Assessments



Comprehensive School Physical Activity Training and Resources

Our strategies focus on before and after school programming, activities for moving in the classroom, walking or biking to school, and quality, fitness-based physical education.



Model 100% Tobacco-Free School Policies



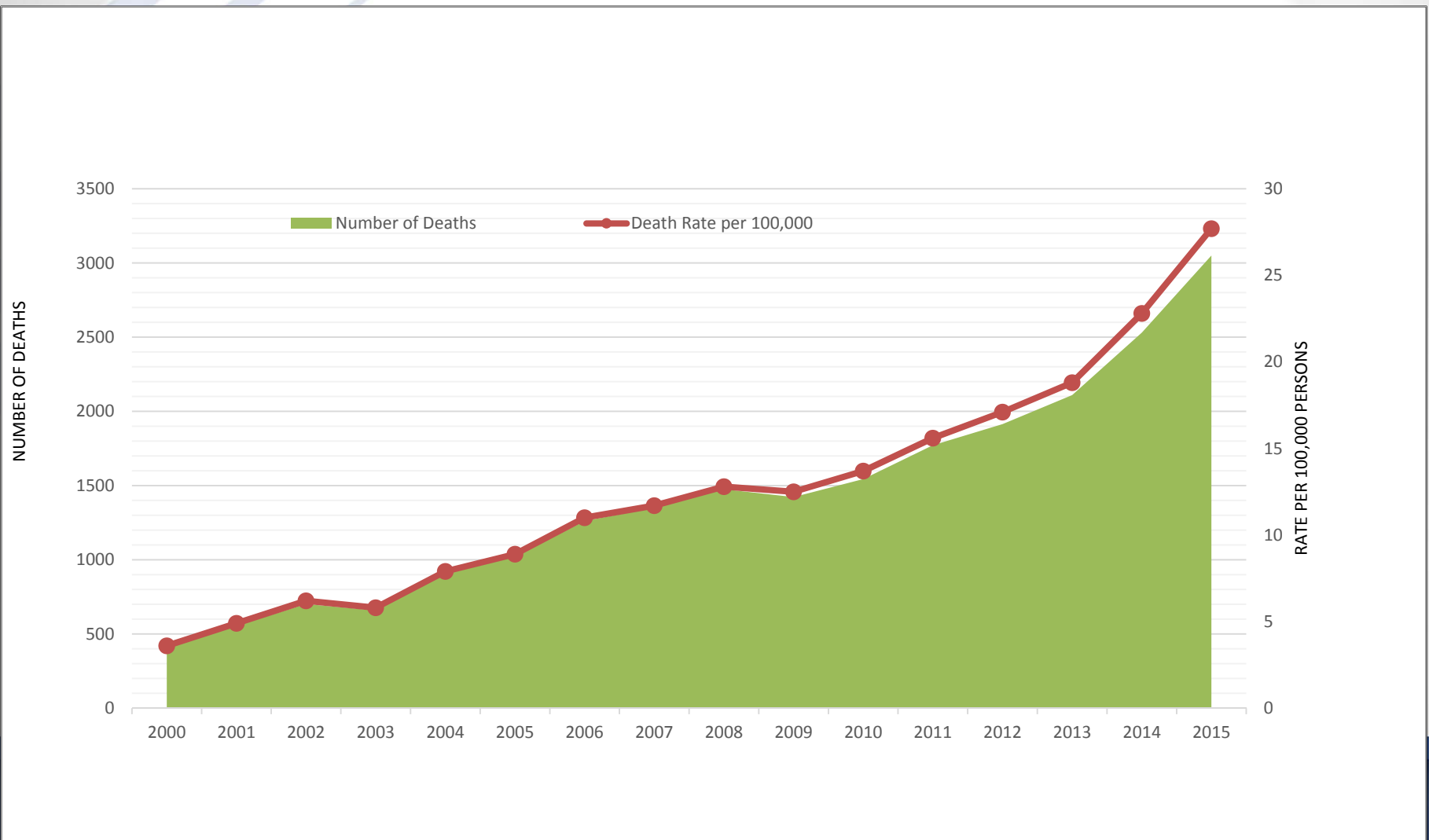
Cigarettes can cause wrinkles.

**Under 18
No Tobacco**

Ohio Tobacco Program



Ohio deaths and death rates per 100,000 due to unintentional drug overdose by year, Ohio Residents, 1999-2014¹



Drug Use Prevention

Know! provides parents, grandparents, caregivers, teachers and other school administrators with information about alcohol, tobacco and other drugs, as well as action steps they can take to help children resist peer pressure to use.

Start Talking! 
Building a Drug-Free Future
starttalking.ohio.gov



TALKING TO YOUR KIDS ABOUT DRUGS
what parents need to know

- 1 Talk frequently
- 2 Show interest
- 3 Be clear
- 4 Be consistent
- 5 Know the facts about drugs/alcohol/tobacco
- 6 Be respectful & genuine
- 7 They talk, you listen
- 8 Scare tactics don't work
- 9 Control your emotions
- 10 Take advantage of teachable moments

Learn more about these 10 tips to help you Start Talking today at starttalking.ohio.gov

Start Talking! 
Building a Drug-Free Future

2:00AM

Drug Prevention Curriculum

ODH is also working with a team of curriculum experts from the Ohio Association of Health, Physical Education, Recreation and Dance to develop a K-12 opiate prevention curriculum.



Safe School Resources and Trainings



In conclusion...

**Let's work together to
improve the health
and well-being of
youth and prepare
them to be successful
adults.**



Thank you!

