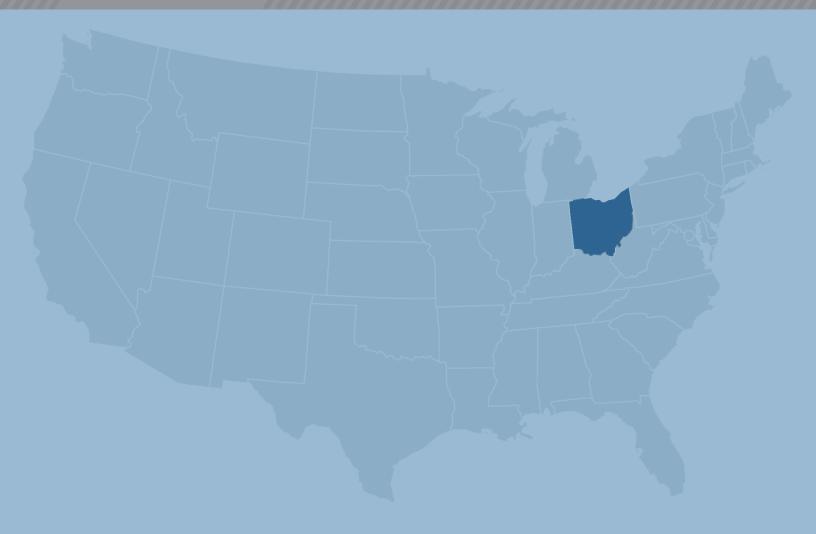
# HEALTH VALUE DASHBOARD

2024



health policy institute of ohi

# Inside

#### Snapshot: Policy priorities to improve health value

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# What is the Health Value Dashboard?

The Health Policy Institute of Ohio's Health Value Dashboard™ is a data-rich tool to track Ohio's progress towards health value — a composite measure of Ohio's performance on population health outcomes and healthcare spending.

The Dashboard relies upon the most-recent publicly available data from 69 distinct sources to provide a picture of Ohio's performance compared to other states.

In most cases (84% of metrics), the most-recent data presented in the domain profiles is from 2020 or later, meaning that it captured the pandemic or post-pandemic time period.

#### For more information

Visit the **2024 Health Value Dashboard web page** to access the following materials that provide additional detail about the Dashboard methodology and data:

- Process and methodology
- Frequently Asked Questions (FAQ)
- Ranked metric appendix with descriptions, years, sources and Ohio data
- Equity profile metric appendix with descriptions, years, sources and Ohio data

## 2024 HEALTH VALUE DASHBOARD SNAPSHC



#### Where does Ohio rank, and what can we do about it?

Ohio ranks 44th on health value (a combination of population health and healthcare spending metrics) out of 50 states and D.C. This means that Ohioans live less healthy lives and spend more on health care than people in most other states. This snapshot describes four policy priorities to improve health value, based on 2024 Dashboard findings.

#### Policy priorities to improve health value

# Mental well-being

Data shows that mental health challenges are common among Ohioans of all ages.

#### Adult depression

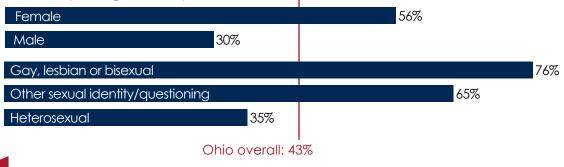
The rate of depression increased from 2011 to 2022, with a quarter of Ohio adults now reporting this condition. Additionally, in 2018 and 2019, one in every four Ohio adults who needed mental health treatment did not receive it.



#### Mental health challenges among high school students source: Behavioral Risk Factor Surveillance System

Significant disparities in mental well-being exist among Ohio teens, especially for female students and students who are members of the LGBTQ+ community.





Note: Question asked "During the past 12 months did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?" Source: Youth

Surveillance System

- Improve access to telemental health services and reduce existing barriers for patients, such as gaps in insurance coverage and lack of broadband availability.
- Fund programs with evidence of mental health benefits, such as mental health first aid, cross-age youth peer mentoring and trauma-informed schools.
- Improve the behavioral health crisis system, including the 988 lifeline and mobile crisis response, ensuring that these services are adequately funded and available across the state.

#### Policy priorities to improve health value

## Tobacco and cannabis prevention

#### Use of tobacco products

Nicotine dependence and tobacco are leading drivers of poor health outcomes, such as cancer, heart disease and stroke, and contribute to higher healthcare spending.



#### Youth e-cigarette use

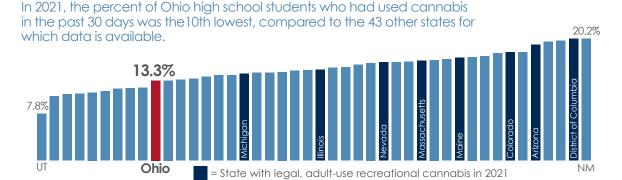


In 2021, one in five Ohio high school students reported using an electronic vapor product at least once in the past 30 days. High rates of tobacco use continue for Ohioans into adulthood; Ohio ranks 46th on adult smoking.<sup>2</sup>

Source: Youth Risk Behavior Surveillance System

#### Cannabis use

Cannabis use among Ohio teens was relatively low in 2021, but with the recent legalization of recreational use for adults, policymakers will have to consider strategies to ensure that use does not increase among teens. Policymakers will need to weigh public health, public safety and equity considerations, and draw upon **lessons learned** from decades of tobacco control policy as they create recreational cannabis regulations.



Note: Data is not available for Alaska, California, Georgia, Minnesota, Oregon, Washington and Wyoming. Adult-use recreational cannabis was legal in Washington, Alaska, California and Oregon in 2021.

Source: Youth Risk Behavior Surveillance System



- Establish state-level tobacco retailer licensing and fund robust public health enforcement of "Tobacco 21" age restrictions.
- Implement marketing restrictions on tobacco and cannabis products and prohibit product types that are attractive to children and adolescents (including flavors and products that look like candy).
- Ensure that Ohio's new cannabis regulatory framework balances important policy goals such as
  protecting youth health and promoting equity.

#### Policy priorities to improve health value

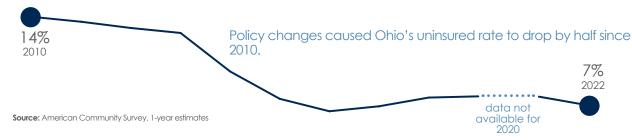
# Healthcare affordability

Though Ohio's uninsured rate has dropped significantly over the past decade and is lower than most other states, access to affordable care is still out of reach for many Ohioans.



#### Uninsured rate

Over the past decade, there have been major policy changes to improve access to care, including Ohio's expansion of Medicaid eligibility in 2014. Policymakers should monitor Ohio's uninsured rate as the state continues **unwinding** COVID-related policy changes to Medicaid eligibility.



#### Healthcare access and affordability

Many Ohioans are facing substantial out-of-pocket healthcare expenses, and Ohioans are more likely to seek care in emergency department (ED) settings than people in most other states, which can increase costs.



#### Total out-of-pocket spending

In 2021, nearly one in five Ohioans — over **2,159,000 people** — lived in families with high out-of-pocket healthcare spending, paying more than 10% of their annual household income for health care.



**Source:** State Health Access Data Assistance Center analysis of Current Population Survey Annual Social and Economic Supplement microdata

## Potentially avoidable emergency department visits for employer-insured enrollees

Receiving care in the ED is very costly, and some ED visits could be prevented if affordable care was accessible earlier in a lower-intensity setting.



Source: Merative MarketScan, as compiled by The Commonwealth Fund



- Establish a healthcare cost study commission to examine the key contributors to high healthcare spending, as well as ways to lower costs for consumers and employers, such as those created in Indiana and other states.
- Ensure timely access to primary care, mental health, substance use disorder and dental services by strengthening provider network accuracy and adequacy and increasing provider workforce capacity.
- Monitor the results of the new federal All-Payer Health Equity Approaches and Development (AHEAD)
  model, through which the federal government will collaborate with selected states to improve health,
  advance health equity and reduce healthcare cost growth.

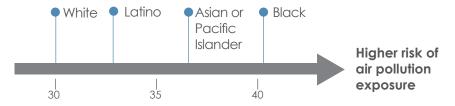
#### Policy priorities to improve health value

# Creating opportunities to thrive

Not all communities in Ohio have access to the resources, experiences and environments needed to thrive. Many Ohioans, including Ohioans of color, Ohioans with disabilities, Ohioans with low incomes, Ohioans with less education, Ohioans living in rural and Appalachian areas, and LGBTQ+ Ohioans, continue to face barriers to health where they live, work and play.

### 41 Outdoor air quality

Discriminatory policies and practices have shaped where Ohioans of color live and whether they have access to safe neighborhoods free from harmful conditions, such as air pollution. Historical practices like **redlining** resulted in disinvestment, concentrated poverty and depleted property values in neighborhoods where Ohioans of color lived. Those areas then became vulnerable to highway and industry development, resulting in exposure to greater levels of air pollution that continue today.<sup>3</sup>



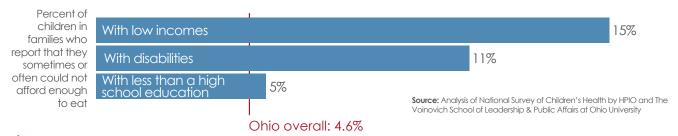
Ohioans of color were more likely to experience exposure to air pollutants (based on a national scale of 1 to 100) than white Ohioans in 2020.

Source: U.S. Environmental Protection Agency data compiled by the National Equity Atlas

#### Food insecurity among children

Factors like discrimination and poverty can cause barriers to opportunity, such as an inability to access healthy foods, stable housing and meaningful employment, for groups of Ohioans.

Children with disabilities, from families with low incomes and from families with low educational attainment were more likely to be food insecure than Ohioans overall in 2019-2022.

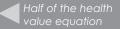




- Increase the presence and accessibility of green spaces and parks that provide environmental and health benefits to communities, prioritizing areas that have historically lacked access to green spaces.
- Increase food access for Ohioans most at-risk of food insecurity through initiatives such as the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) and Senior Farmers' Market Nutrition Programs.
- Use **health equity impact assessments** to identify the potential health impacts of proposed policies, programs and services on systematically disadvantaged groups.

# JLATION HEALTH

Ohio rank





Ohio's **population health** ranking 40 43 43 43 43 and previous Dashboard editions: 40 2014 2017 2019 2021 2023

Ohio's rank	Metric	Most recent data	Trend*
45	Health behaviors		
34	<b>Excessive drinking.</b> Percent of adults that report either binge drinking, defined as consuming more than four (women) or five (men) alcoholic beverages on a single occasion in the past 30 days, or heavy drinking, defined as having seven or more (women) or 14 or more (men) drinks per week (2021). Rank out of 50.		No change
36	<b>Physical inactivity.</b> Percent of adults, ages 18 and older, reporting no leisure time physical activity during the past 30 days (2022). Rank out of 51.	25.1%	No change
33	Youth e-cigarette use. Percent of youth, grades 9-12, who used electronic vapor products on at least one day in the past 30 days (2021). Rank out of 43.	20%	Greatly improved
46	<b>Adult smoking.</b> Percent of adults, ages 18 and older, who currently smoke (2022). Rank out of 51.	17.1%	Moderately improved
43	Conditions and diseases		
20	<b>Suicide deaths.</b> Number of deaths due to suicide, per 100,000 population (age adjusted) (2020). Rank out of 51.	13.8	No change
39	<b>Poor oral health.</b> Percent of adults, ages 18-64, who have lost six or more teeth because of tooth decay, infection or gum disease (2020). Rank out of 51.	10.8%	Moderately improved
41	<b>Adult depression.</b> Percent of adults who have ever been told by a health professional that they have depression (2022). Rank out of 51.	25%	Moderately worsened
41	<b>Adult diabetes.</b> Percent of adults who have ever been told by a health professional that they have diabetes (2022). Rank out of 51.	13.1%	No change
41	<b>Heart disease mortality.</b> Number of deaths due to heart diseases, per 100,000 population (age adjusted) (2020). Rank out of 51.	196.9	No change
42	<b>COVID-19 mortality.</b> Number of deaths from COVID-19 per 100,000 population (ageadjusted) from January 1, 2020 to November 4, 2023. Rank out of 51.	337.3	N/A
47	<b>Drug overdose deaths.</b> Number of deaths due to drug overdose, per 100,000 population (age adjusted) (2020). Rank out of 51.	47.2	Moderately worsened
43	Overall health and well-being		
38	Overall health status. Percent of adults who report excellent, very good or good health (2022). Rank out of 51.	81.3%	Moderately worsened
38	<b>Premature death.</b> Average number of years of potential life lost before age 75, per 100,000 population (2020). Rank out of 51.	9,187	Moderately worsened
39	<b>Life expectancy at birth.</b> Life expectancy at birth based on current mortality data and population estimates (2020). Rank out of 50.	75.3	Moderately worsened
42	<b>Infant mortality.</b> Number of infant deaths, per 1,000 live births (within one year) (2021). Rank out of 49.	7.1	No change
47	<b>Limited activity due to health problems.</b> Average number of days in the previous 30 days when a person reports limited activity due to physical or mental health difficulties, ages 18 and older (2022). Rank out of 51.	2.2	Greatly worsened

Third quartile Top quartile Second quartile Bottom quartile

Of the 50 states and D.C.

N/A Data not available for trend

Data sources are available in data appendices posted on the 2024 Health Value Dashboard web page.

<sup>\*</sup> Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the 2024 Health Value Dashboard web page.

# HEALTHCARE SPENDING

Half of the heals value equation



Ohio's **healthcare spending** ranking in previous *Dashboard* editions:

40 31 28 37 40 2014 2017 2019 2021 2023

Objeta		Most	
Ohio's rank	Metric	recent data	Trend*
35	Out-of-pocket spending		
31	<b>Employer-sponsored health insurance out-of-pocket spending, per enrollee.</b> Out-of-pocket spending, such as co-payments, co-insurance and deductibles, per enrollee under age 65, in major employer-sponsored health insurance plans (2021). Rank out of 50.	\$923.44	No change
35	<b>Total out-of-pocket spending.</b> Percent of individuals who are in families where out-of-pocket spending on health care, including premiums, accounts for more than 10 percent of annual income (2021). Rank out of 51.	18.6%	No change
35	Healthcare service area spending		
19	<b>Nursing home average daily cost, per capita.</b> Average cost for an individual to pay the full, private pay cost for a shared room in a nursing home (i.e., without insurance contribution) (October 2021). Rank out of 51.	\$240	No change
31	<b>Employer-sponsored health insurance prescription drug spending, per enrollee.</b> Spending on pharmacy claims for prescription drugs and devices, per enrollee under age 65, in major employer-sponsored health insurance plans (2021). Rank out of 50.	\$1,395.02	Moderately increased
38	<b>Employer-sponsored health insurance outpatient spending, per enrollee.</b> Spending on outpatient services, per enrollee under age 65, in major employer-sponsored health insurance plans (2021). Rank out of 50.	\$2,305.11	No change
39	<b>Hospital adjusted expenses per inpatient day.</b> Adjusted expenses per inpatient day for community hospitals (2021). Rank out of 51.	\$3,162	No change
37	Private health insurance spending		
27	Private health insurance spending  Employee contributions to employer-sponsored insurance premiums. Employee contributions to employer-sponsored health insurance premiums as a percent of state median income (2021). Rank out of 51.	6.8%	Moderately increased
	Employee contributions to employer-sponsored insurance premiums. Employee contributions to employer-sponsored health insurance premiums as a percent of state	6.8%	
27	Employee contributions to employer-sponsored insurance premiums. Employee contributions to employer-sponsored health insurance premiums as a percent of state median income (2021). Rank out of 51.  Total employer-sponsored health insurance spending, per enrollee. Total spending on medical and pharmacy claims, per enrollee under age 65, in major employer-		increased Moderately
27	Employee contributions to employer-sponsored insurance premiums. Employee contributions to employer-sponsored health insurance premiums as a percent of state median income (2021). Rank out of 51.  Total employer-sponsored health insurance spending, per enrollee. Total spending on medical and pharmacy claims, per enrollee under age 65, in major employer-sponsored health insurance plans (2021). Rank out of 50.  Average monthly marketplace premium. Average monthly premium for enrollees in the federal Affordable Care Act Health Insurance Marketplace or state-based exchanges after application of an advanced premium tax credit (2023). Rank out of 51.	\$6,721.65	Moderately increased  Moderately
27 35 36	Employee contributions to employer-sponsored insurance premiums. Employee contributions to employer-sponsored health insurance premiums as a percent of state median income (2021). Rank out of 51.  Total employer-sponsored health insurance spending, per enrollee. Total spending on medical and pharmacy claims, per enrollee under age 65, in major employer-sponsored health insurance plans (2021). Rank out of 50.  Average monthly marketplace premium. Average monthly premium for enrollees in the federal Affordable Care Act Health Insurance Marketplace or state-based exchanges	\$6,721.65	Moderately increased  Moderately
27 35 36 <b>24</b>	Employee contributions to employer-sponsored insurance premiums. Employee contributions to employer-sponsored health insurance premiums as a percent of state median income (2021). Rank out of 51.  Total employer-sponsored health insurance spending, per enrollee. Total spending on medical and pharmacy claims, per enrollee under age 65, in major employer-sponsored health insurance plans (2021). Rank out of 50.  Average monthly marketplace premium. Average monthly premium for enrollees in the federal Affordable Care Act Health Insurance Marketplace or state-based exchanges after application of an advanced premium tax credit (2023). Rank out of 51.  Medicare spending  Average total cost, per Medicare beneficiary without chronic conditions. Average total	\$6,721.65 \$196	Moderately increased  Moderately decreased
27 35 36 <b>24</b> 15	Employee contributions to employer-sponsored insurance premiums. Employee contributions to employer-sponsored health insurance premiums as a percent of state median income (2021). Rank out of 51.  Total employer-sponsored health insurance spending, per enrollee. Total spending on medical and pharmacy claims, per enrollee under age 65, in major employer-sponsored health insurance plans (2021). Rank out of 50.  Average monthly marketplace premium. Average monthly premium for enrollees in the federal Affordable Care Act Health Insurance Marketplace or state-based exchanges after application of an advanced premium tax credit (2023). Rank out of 51.  Medicare spending  Average total cost, per Medicare beneficiary without chronic conditions. Average total cost per Medicare beneficiary without chronic condition. Average total	\$6,721.65 \$196 \$3,936	Moderately increased  Moderately decreased  No change
27 35 36 <b>24</b> 15	Employee contributions to employer-sponsored insurance premiums. Employee contributions to employer-sponsored health insurance premiums as a percent of state median income (2021). Rank out of 51.  Total employer-sponsored health insurance spending, per enrollee. Total spending on medical and pharmacy claims, per enrollee under age 65, in major employer-sponsored health insurance plans (2021). Rank out of 50.  Average monthly marketplace premium. Average monthly premium for enrollees in the federal Affordable Care Act Health Insurance Marketplace or state-based exchanges after application of an advanced premium tax credit (2023). Rank out of 51.  Medicare spending  Average total cost, per Medicare beneficiary without chronic conditions. Average total cost per Medicare beneficiary without chronic condition. Average total cost per Medicare beneficiary with one chronic condition. Average total cost per Medicare beneficiary with one chronic conditions. Average total cost per Medicare beneficiary with one chronic conditions. Average total cost per Medicare beneficiary with one chronic conditions. Average total cost per Medicare beneficiary with one chronic conditions. Average total	\$6,721.65 \$196 \$3,936 \$5,269	increased  Moderately increased  Moderately decreased  No change  No change

Top quartile Second quartile Third quartile Bottom quartile

Of the 50 states and D.C.

Data sources are available in data appendices posted on the 2024 Health Value Dashboard web page.

<sup>\*</sup> Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the 2024 Health Value Dashboard web page.

# CCESS TO CARE



Ohio's rank	Metric			Most recent data	Trend*
23	Coverage and affordability				
16	<b>Uninsured, non-elderly.</b> Percent of population ages 64 and under who are uninsured (2022). Rank out of 51.				No change
22		<b>due to cost.</b> Percent of adults wh (2022). Rank out of 51.	no went without care because of	9.8%	No change
30		health insurance coverage. Perc health insurance to its employee		84.6%	Moderately worsened
7	Primary care	e access			
4		rcent of adults, ages 65 and olde utine checkup in the past 12 mor		95.6%	No change
15			es 18 and older, who do not have ealthcare provider (2022). Rank	14.6%	Greatly improved
20	Medical home, children. Percent of children, ages 0-17, who have a personal doctor or		S 50.1%	Moderately worsened	
9	Behavioral h	ealth			
11	Received mental health treatment in past year, children. Percent of children, ages 3-17, who received treatment or counseling from a mental health professional when needed during the past 12 months (2020-2021). Rank out of 51.		84.5%	Moderately improved	
12	<b>Medication for Opioid Use Disorder.</b> Percent of outpatient substance use treatment facilities that offer methadone/buprenorphine maintenance or naltrexone treatment (2020). Rank out of 51.		nt 56%	Moderately improved	
23	any mental iliness who had a need for mental health treatment or counseling and ald not 1 25% 1		Greatly worsened		
48	Oral health				
30		ar, adults. Percent of adults, ages or dental specialist within the past	18 and older, who have visited a tyear (2022). Rank out of 51.	64.4%	No change
50	or other oral health co	are provider for preventive dental	ges 1-17, who have seen a dentist care, such as check-ups, dental oast year (2020-2021). Rank out of 5	69.6%	Greatly worsened
29	Workforce				
20	Underserved, mental health. Percent of need not met by current supply of mental health professionals in designated mental health care professional shortage areas 69.1%		Moderately worsened		
26	primary care physic	r care physicians. Percent of need ians in designated primary care 20, 2023). Rank out of 51.	ed not met by current supply of e health professional shortage	52.1%	Moderately worsened
Underserved, dentists. Percent of need not met by current supply of dentists in designated dental care health professional shortage areas (September 30, 2023). Rank out of 51.		No change			
	Top quartile	Second quartile	Third quartile	Bottom qu	artile

Of the 50 states and D.C.

<sup>\*</sup> Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the 2024 Health Value Dashboard web page.

# HCARE SYSTEM

Ohio's **healthcare system** ranking in previous Dashboard editions: 2014 2017 2019 2021 2023

	previous businouru edinoris. 2014   2017   2021   2022		
Ohio's rank	Metric	Most recent data	Trend*
27	Preventive services		
16	<b>Breastfeeding and infant care supports in hospitals.</b> Composite Maternity Practice in Infant Nutrition and Care (mPINC) score of breastfeeding and infant care supports provided at hospitals and birthing facilities (2022). Rank out of 49.	84	Greatly improved
26	<b>Prenatal care.</b> Percent of women who completed a pregnancy in the last 12 months and who received prenatal care in the first trimester (2022). Rank out of 51.	77.1%	No change
28	Female breast cancer early stage diagnosis. Percent of female breast cancer cases diagnosed at an early stage (2015-2019). Rank out of 51.	72%	Greatly improved
43	Colon and rectal cancer early stage diagnosis. Percent of colon and rectal cancer cases diagnosed at an early stage (2015-2019). Rank out of 51.	34.4%	Greatly worsened
NR	Behavioral health		
NR	<b>Substance use disorder treatment retention.</b> Percent of Medicaid enrollees, ages 12 and older, with an intake assessment who received one outpatient service within a week and two additional outpatient clinical services within 30 days of intake (SFY 2022).	48.7%	N/A
49	Hospital utilization		
31	<b>Diabetes with long-term complications.</b> Number of admissions with a principal diagnosis of diabetes with long-term complications for Medicare fee-for-service Part A beneficiaries, ages 18 and older, per 100,000 beneficiaries (2022). Rank out of 51.	221	No change
39	<b>Heart failure admissions for Medicare beneficiaries.</b> Number of admissions with a principal diagnosis of heart failure for Medicare fee-for-service Part A beneficiaries, ages 18 and older, per 100,000 beneficiaries (2022). Rank out of 51.	1,250	No change
45	Potentially avoidable emergency department visits for employer-insured enrollees. Number of potentially avoidable emergency department visits for people, ages 18-64, with employer-sponsored insurance, per 1,000 enrollees (2021). Rank out of 49.	143.2	Greatly improved
47	<b>30-day hospital readmissions for employer-insured enrollees.</b> Number of readmissions for people, ages 18-64, with employer-sponsored insurance within 30 days of an acute hospital stay for any cause, per 1,000 enrollees (2021). Rank out of 48.	3.3	No change
24	Timeliness, effectiveness and quality of care		
17	<b>Back pain recommended treatment.</b> Percent of outpatients with low back pain who had an MRI without trying recommended treatments first, such as physical therapy (FY 2022). Rank out of 51.	35.3%	No change
18	Hospitals with better-than-average patient experience ratings. Percent of hospitals in the state with overall patient experience ratings higher than the national average (2021). Rank out of 50.	52%	No change
20	<b>Nursing home pressure ulcers.</b> Percent of long-stay, high-risk nursing home residents with pressure ulcers (Q1-Q4 2022). Rank out of 51.	7.4%	No change
28	Central line-associated bloodstream infections. Standardized infection ratio for central line-associated bloodstream infections in acute care hospitals (2021). Rank out of 51.	0.9	Moderately worsened
37	Mortality amenable to healthcare. Number of deaths before age 75 that resulted from causes considered at least partially treatable or preventable with timely and appropriate medical care, per 100,000 population (2019-2020). Rank out of 51.	96.3	No change
34	Healthcare system structure		
11	Large group insurance market competition. Herfindahl-Hirschman Index (HHI) score, a measure of how evenly market share is distributed across insurers in the large group insurance market (2019). Rank out of 51.	2,811	No change
32	<b>Private insurance reimbursement rates.</b> Relative price ratio, a measure of how much more private insurers pay for hospital services than Medicare (2020). Rank out of 50.	2.68	Moderately worsened
35	Hospital beds, per capita. Number of hospital beds, per 1,000 population (2021). Rank out of 51.	2.8	No change
44	<b>Primary care physicians.</b> Ratio comparing the number of specialist physicians to the number of primary care physicians (September 2023). Rank out of 51.	1.185	No change

Of the 50 states and D.C.



Second quartile

N/A Data not available for trend

Top quartile

Bottom quartile

# HEALTH AND PREVENTION

					l Most	
Ohio's					Most recent	
rank	Metric				data	Trend*
7	Public health system and workforce			G. G G.		
,		<u> </u>				Greatly
2	Accreditation of local health departments. Percent of local health departments that have achieved accreditation or reaccreditation (October 2023). Rank out of 50.		77.5%	improved		
34	<b>State public health fund</b> (2021). Rank out of 46.	<b>State public health funding, per capita.</b> State public health funding during the fiscal year, per capita (2021). Rank out of 46.			\$24	No change
48		<b>dorce.</b> Number of state public health population (2019). Rank out of 51.	th agency full-time equivalent (FTE)		8.9	No change
NR	Local public health work population (2019).	kforce. Median number of local hed	alth department FTE employees, pe	r 100,000	42.96	N/A
NR	Local public health dep capita (FY 2020).	artment spending, per capita. Med	lian annual local health expenditure	es, per	\$39.60	N/A
36	Communicable	disease control and envir	onmental health			
25	Chlamydia. Number of	reported cases of chlamydia, per 1	00,000 population (2021). Rank out (	of 50.	479.8	Moderately improved
26	Child immunization. Per (2021). Rank out of 51.	cent of children, ages 19-35 months	s, who received recommended vac	ccines	72%	Moderately improved
35		Percent of the total population that (As of October 23, 2023). Rank out c	at has received the primary series of of 51.	the	60.7%	N/A
41	Environmental and occupational health. Composite score of the Environmental and Occupational Health domain of the National Health Security Preparedness Index, which measures actions to		6.3	Moderately improved		
31	Health promo	otion and prevention	1			
10	<b>Youth marijuana use.</b> Pe Rank out of 44.	ercent of high school students who i	used marijuana in the past 30 days (	2021).	13.3%	Moderately improved
20	Motor vehicle crash dec 100,000 population (202		c accidents involving a motor vehic	ile, per	12.8	No change
22	Falls among older adult months (2020). Rank ou	<b>s.</b> Percent of adults ages 65 and old t of 51.	der who reported falling in the past 1	2	28%	No change
29	Cigarette tax. State exc	ise tax per pack of cigarettes (as of	March 31, 2023). Rank out of 51.		\$1.60	No change
30	Low birth weight. Percer (2022). Rank out of 51.	nt of live births where the infant weig	ghed less than 2,500 grams (5.5 pour	nds)	8.7%	No change
32	Teen birth. Number of bi	ths to females, ages 15-19, per 1,000	) females, ages 15-19 (2022). Rank ou	t of 51.	15.4	No change
34		ending. Percent of the Centers for Defending for tobacco prevention an	Disease Control and Preventional and control spending (FY 2023). Rank (	out	13.1%	No change
43	Seat belt use. Percent o	f front seat occupants observed usi	ing a seat belt (2021). Rank out of 51		84.1%	No change
NR	Overdose reversals. Nur	mber of known overdose reversals u	using naloxone (2022).		18,244	N/A
51	Emergency p	reparedness and su	ırveillance			
29	_ , ,	full-time equivalent epidemiologist	in state public health agencies, per	100,000	0.82	No change
44		ess funding, per capita. State public rive agreement funding, per capita	health agency Public Health Emerg (FY 2022). Rank out of 51.	gency	\$1.55	No change
51	Health security surveillance. Composite score of the Health Security Surveillance domain of the		6.8	No change		
	Top quartile	Second quartile	Third quartile		Bottom quo	artile

Of the 50 states and D.C.

NR Not ranked N/A

Data not available for trend

# SOCIAL AND ECONOMIC ENVIRONMENT

Ohio's social and economic environment ranking in previous Dashboard editions: 29

 29
 29
 32
 34
 31

 2014
 2017
 2019
 2021
 2021

Ohio's rank	Metric	Most recent data	Trend*
30	Education		
8	<b>Fourth-grade reading</b> . Percent of fourth grade public school students proficient in reading by a national assessment (National Assessment of Educational Progress) (2022). Rank out of 51.	35%	Moderately worsened
26	<b>Preschool enrollment.</b> Percent of 3- and 4-year-olds enrolled in preschool (2017-2021). Rank out of 51.	43%	No change
28	<b>High school graduation.</b> Percent of incoming ninth graders who graduate in four years from a public high school with a regular degree (2019-2020 school year). Rank out of 49.	84.4%	Moderately improved
32	<b>Some college.</b> Percent of adults, ages 25-44, with some post-secondary education, such as enrollment in vocational/technical schools, junior colleges or four-year colleges, including individuals who pursued education following high school but did not receive a degree (2017-2021). Rank out of 51.	65.8%	No change
37	Employment and poverty		
29	<b>Income inequality.</b> Ratio of median household income at the 80th percentile to that at the 20th percentile (2017-2021). Rank out of 51.	4.6	No change
32	<b>Labor force participation.</b> Percent of people, ages 16 and older, who are in the labor force (2022). Rank out of 51.	61.5%	No change
38	<b>Unemployment.</b> Percent of people, ages 16 and older, who are jobless, looking for a job and available for work (2022). Rank out of 51.	4%	Greatly improved
39	<b>Adult poverty.</b> Percent of people, ages 18 and older, in households with incomes below the federal poverty level in the past 12 months (2022). Rank out of 51.	12.2%	No change
39	<b>Child poverty.</b> Percent of people under age 18, in households with incomes below the federal poverty level in the past 12 months (2022). Rank out of 51.	17.7%	No change
37	Family and social support		
28	<b>Disconnected youth.</b> Percent of youth, ages 16-24, who are not working or in school (2022). Rank out of 50.	10.8%	No change
38	<b>Children in single-parent households.</b> Percent of children, ages 0-17, who live in a household headed by a single parent (2017-2021). Rank out of 51.	26.8%	Greatly improved
39	<b>Incarceration.</b> Number of people sentenced and imprisoned under the jurisdiction of state or federal correctional authorities, per 100,000 population (2021). Rank out of 50.	382	No change
20	Trauma, toxic stress and violence		
18	<b>Violent crime.</b> Number of violent crimes (murder, rape, robbery and aggravated assault), per 100,000 population (2021). Rank out of 51.	309	No change
24	<b>Adverse childhood experiences.</b> Percent of children who have experienced two or more adverse experiences (2022). Rank out of 51.	23.6%	No change
28	<b>Child abuse and neglect.</b> Number of reported and substantiated child maltreatment victims, per 1,000 children (FY 2019). Rank out of 51.	9.9	No change
13	Civic engagement		
11	<b>Voter registration.</b> Percent of citizens of voting age who reported being registered to vote in presidential election years (2020). Rank out of 51.	77%	Greatly improved
16	<b>Voting rates.</b> Percent of citizens of voting age who reported voting in presidential election years (2020). Rank out of 51.	70.1%	Greatly improved

Top quartile Second quartile Third quartile Bottom quartile

Of the 50 states and D.C.

NR Not ranked N/A Data not available for trend

# PHYSICAL ENVIRONMENT

Ohio's **physical environment** ranking in previous Dashboard editions: 34 35 40 38 38 2014 2017 2019 2021 2023

Ohio's rank	Metric	Most recent data	Trend*
49	Air, water and toxic substances		
41	<b>Outdoor air pollution.</b> Average exposure of the general public to particulate matter of 2.5 microns or less in size (PM2.5), measured in micrograms per cubic meter (2019-2021). Rank out of 51.	8.7	Moderately improved
47	<b>Child in a household with a person who smokes</b> . Percent of children, ages 0-17, who live in households where someone smokes (cigarettes, cigars or pipe tobacco) (2020-2021). Rank out of 51.	20.6%	Moderately improved
48	<b>Toxic pollutants (Risk-Screening Environmental Indicators score).</b> Unitless value that accounts for the size of the chemical release, the fate and transport of chemicals through the environment, the size and location of the exposed population and the chemical's toxicity (2021). Rank out of 51.	21,554,865	N/A
NR	<b>Lead poisoning</b> . Percent of children, ages 0-5, who received a blood lead test and had elevated blood lead levels (BLL > 5 ug/dL) (2022).	1.9%	N/A
34	Food access and food insecurity		
29	Healthy food access. Percent of population with limited access to healthy food, defined as the percent of low-income individuals (<200% federal poverty guideline) living more than 10 miles from a grocery store in rural areas and more than one mile in non-rural areas (2019). Rank out of 51.	6.9%	No change
40	Food insecurity. Percent of inhabitants who are food insecure (2021). Rank out of 51.	11.8%	Moderately improved
18	Housing, built environment and access to physica	l activit	У
12	Severe housing problems. Composite measure of the percent of households that have one or more of the following problems: 1) housing unit lacks complete kitchen facilities, 2) housing unit lacks complete plumbing facilities, 3) household is severely overcrowded, 4) monthly housing costs, including utilities, exceed 50 percent of monthly income (2016-2020). Rank out of 51.	12.8%	No change
17	<b>Long commute, driving alone</b> . Percent of commuters, among those who commute to work by car, truck, or van, alone, who drive 30 minutes or longer to work each day (2022). Rank out of 51.	30.2%	No change
17	<b>Neighborhood resources</b> . Composite measure of the percent of children living in a neighborhood that contains each of the following amenities: sidewalks or walking paths; parks or playgrounds; recreation centers, community center, or boys' and girls' club; and libraries or bookmobiles (2020-2021). Rank out of 51.	37%	No change
22	Access to exercise opportunities. Percent of population who live reasonably close to locations for physical activity (2020 and 2022). Rank out of 51.	83.8%	No change
30	Alternative commute modes. Percent of trips to work via bicycle, walking or public transportation (combined) (2022). Rank out of 51.	3.2%	No change
37	<b>Neighborhood safety</b> . Percent of children living in a safe neighborhood as reported by a parent or guardian (2020-2021). Rank out of 51.	94.9%	No change

Top quartile Second quartile Bottom quartile Of the 50 states and D.C. NR Not ranked N/A Data not available for trend

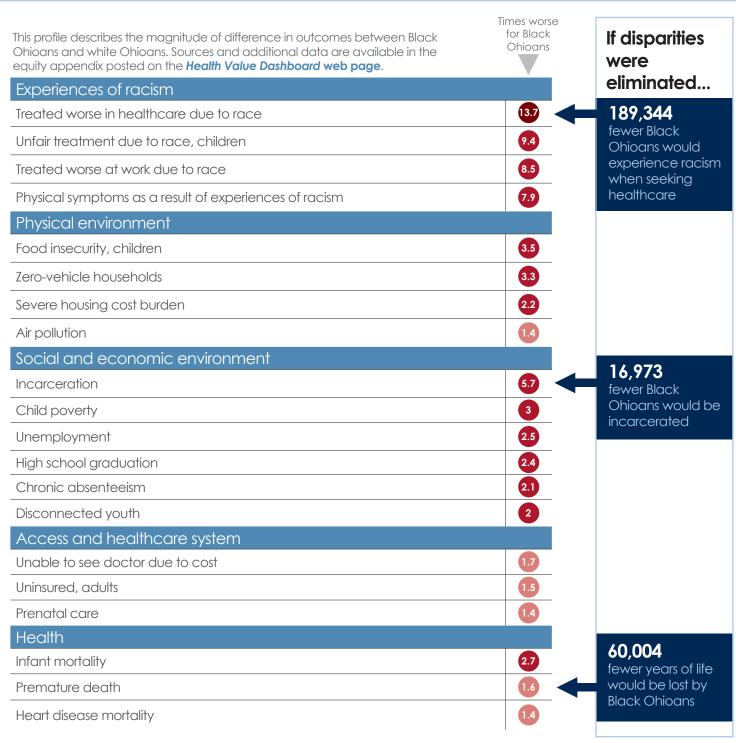
Data sources are available in data appendices posted on the 2024 Health Value Dashboard web page.

<sup>\*</sup> Worsened or improved compares Ohio's change from baseline to most recent year relative to other states' performance on the metric. For more details, see the methodology section on the 2024 Health Value Dashboard web page.

# EQUITY PROFILES BLACK OHIOANS

Racism is a primary driver of poor outcomes experienced by Black Ohioans.<sup>4</sup> Racism is a system, built from policies, practices and beliefs, that unfairly distributes resources, power and opportunity. Consequently, **Black Ohioans often experience worse outcomes than white Ohioans** across measures of health, healthcare access and the social, economic and physical environment.

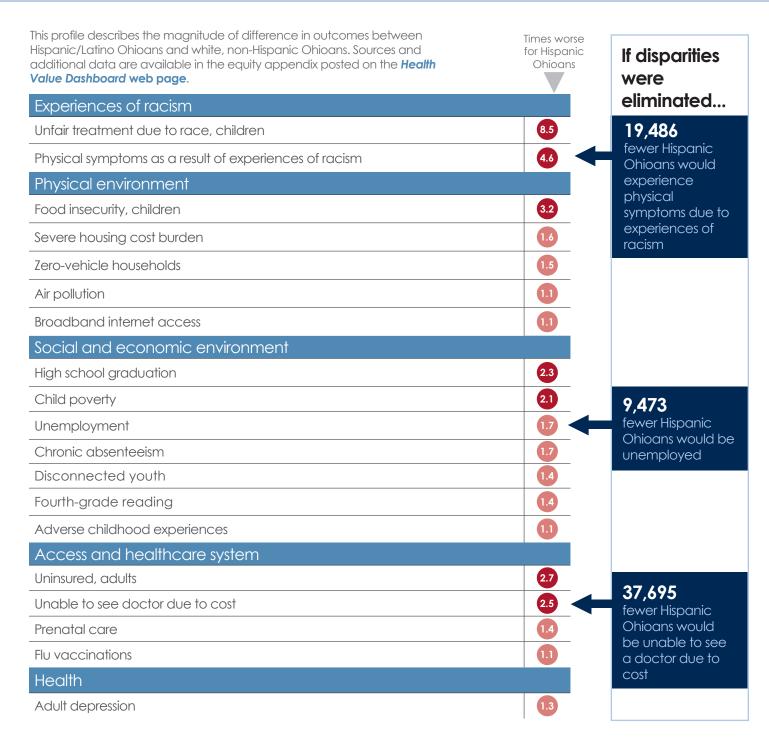
Examples of policies and systems that contribute to gaps in outcomes include discrimination and unfair treatment in employment and lending, disinvestment in public transportation and public education, and the legacy of redlining and zoning policies. Increasing trust and engagement between policymakers and members of Black communities, increasing provider diversity and cultural humility skill development and providing equitable access to financing and employment opportunities can close gaps in outcomes for Black Ohioans.



# EQUITY PROFILES HISPANIC/LATINO OHIOANS

Racism is a primary driver of poor outcomes experienced by Hispanic/Latino Ohioans.<sup>5</sup> Racism is a system, built from policies, practices and beliefs, that unfairly distributes resources, power and opportunity. Consequently, **Hispanic/Latino Ohioans often experience worse outcomes than white, non-Hispanic Ohioans** across measures of healthcare access and the social, economic and physical environment.

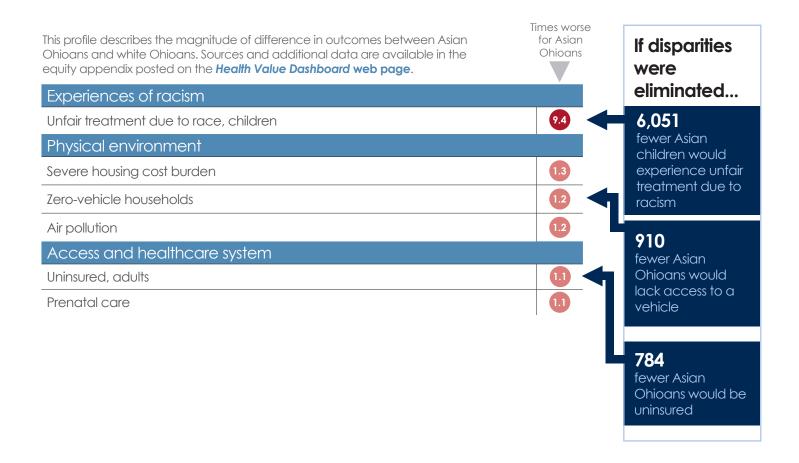
Examples of policies and systems that contribute to gaps in outcomes include discrimination and unfair treatment within the healthcare system and limited access to health insurance and translation and interpretation services to assist with accessing and navigating care. Increasing translation and interpretation services, provider diversity and cultural humility skill development can close gaps in outcomes for Hispanic/Latino Ohioans.



# EQUITY PROFILES ASIAN OHIOANS

Racism is a primary driver of poor outcomes experienced by Asian Ohioans.<sup>6</sup> Racism is a system, built from policies, practices and beliefs, that unfairly distributes resources, power and opportunity. Consequently, **Asian Ohioans experience worse outcomes than white Ohioans** across measures of healthcare access and the physical and social environment.<sup>7</sup>

Examples of policies and systems that contribute to gaps in outcomes include gentrification of historically Asian neighborhoods, which impacts housing affordability, and limited access to translation and interpretation services to assist with accessing and navigating care. Providing comprehensive language supports, increasing housing and community supports and increasing health insurance access can improve outcomes for Asian Ohioans.



#### Better data needed for Asian Ohioans

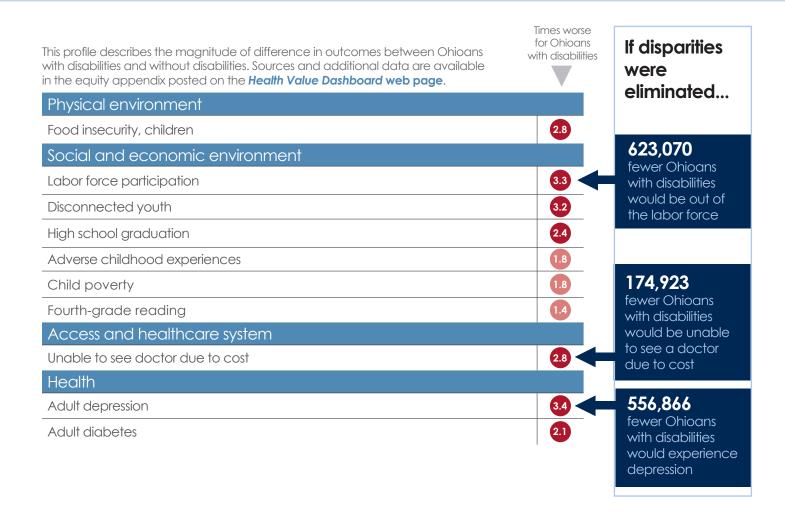
Asian Ohioans represent a diverse group of ethnicities from a large geographic area with different cultural heritage. Collecting and grouping these diverse communities together can mask disparities and the underlying challenges experienced by specific groups. For example, while Asian Americans, as a group, may perform well on certain indicators, existing data on groups from Southeast Asia and Bhutanese and Nepali refugees suggest that these communities experience poorer outcomes.

Oversampling when collecting data can help ensure that data is representative, especially for groups with smaller population sizes, and allow for more meaningful disaggregation.

# EQUITY PROFILES OHIOANS WITH DISABILITIES

Ableism is a primary driver of poor outcomes experienced by Ohioans with disabilities.<sup>8</sup> Ableism is a system of discriminatory policies, practices and beliefs that value people without disabilities over people with disabilities. Consequently, **Ohioans with disabilities often experience worse outcomes than Ohioans without disabilities** across measures of health, healthcare access and the social, economic and physical environment.<sup>9</sup>

Examples of policies and systems that contribute to gaps in outcomes include inaccessible transportation, buildings and programs and employment discrimination. Improving enforcement of civil rights protections for people with disabilities and accessibility and accommodations in employment and healthcare settings can close gaps in outcomes for Ohioans with disabilities.

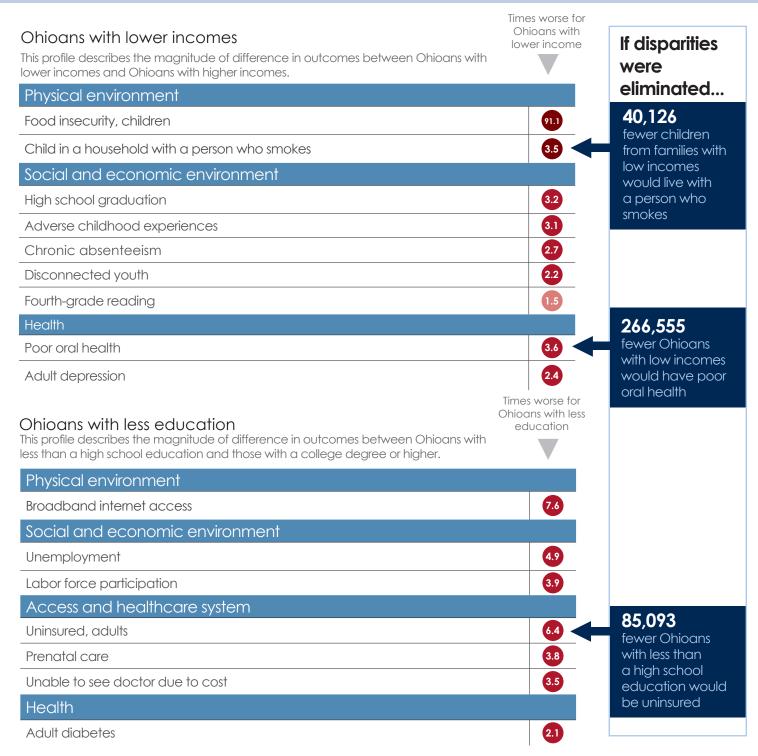


#### **EQUITY PROFILES**

#### OHIOANS WITH LOWER INCOMES AND/OR LESS EDUCATION

Ohioans with less than a high school education and/or lower incomes often experience worse outcomes across measures of health, healthcare access and the social, economic and physical environment than Ohioans with higher educational attainment and/or incomes.

A lack of opportunities to build wealth and the high cost of post-secondary education can prevent people with low incomes from furthering their education, contributing to reduced employment opportunities, high student debt and lower wages. Improving access to education and higher-wage jobs that pay a self-sufficient income can also increase access to resources that are critical for health, such as safe and quality housing, healthy foods and health care.



# EQUITY PROFILES LGBTQ+ OHIOANS

Homophobia and transphobia are primary drivers of poor outcomes experienced by LGBTQ+ Ohioans. <sup>10</sup> Experiencing these forms of discrimination can cause toxic stress, leading to poor health outcomes over time. **LGBTQ+ Ohioans** often experience worse outcomes than heterosexual and/or cisgender Ohioans across measures of health and the social environment.

Policies and practices that limit access to necessary health care and a lack of protections for Ohioans based on sexual orientation and gender identity contribute to worse health outcomes for LGBTQ+ people compared to their heterosexual and/or cisgender peers. By ensuring access to developmentally appropriate care, improving provider education and including sexual orientation and gender identity in anti-discrimination laws, Ohio can close gaps in health outcomes for LGBTQ+ Ohioans.

#### Lesbian, gay and bisexual Ohioans

This profile describes the magnitude of difference in outcomes between lesbian, gay and bisexual Ohioans and heterosexual Ohioans. Sources and additional data are available in the equity appendix posted on the **Health Value Dashboard web page**.

Times worse for lesbian, gay and bisexual Ohioans

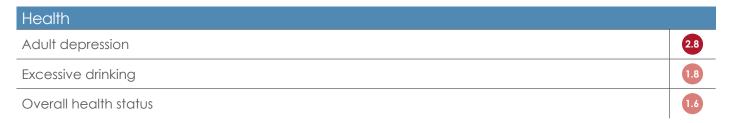


posició di mio realmi valor pasició pa	
Social and economic environment	
Experiences with online bullying	2
Experiences with physical bullying	17
Health	
Youth considering suicide	4.8
Youth suicide attempt	4.3
Youth mental health	2.6
Youth all-tobacco use	1.8
Youth binge drinking	1.6
Adult smoking	1.2

#### Transgender Ohioans

This profile describes the magnitude of difference in outcomes between transgender Ohioans and cisgender Ohioans. Sources and additional data are available in the equity appendix posted on the *Health Value Dashboard web* page.

Times worse for transgender Ohioans



**Note:** Analysis of estimated impact could not be completed for this equity profile because population estimates of LGBTQ+ Ohioans are not available publicly. Intentionally sampling underrepresented groups, like LGBTQ+ people, can improve data quality and reporting.

#### **EQUITY PROFILES**

## Other Ohioans who experience barriers to health

Other groups of Ohioans who often experience barriers to health, or systematic disadvantage, include:

#### Ohioans who are immigrants or refugees

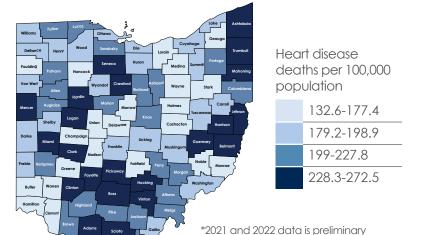
Despite being more likely to have an advanced degree and participate in the labor force, Ohioans who were born outside of the United States were more likely to live in poverty than their U.S. born peers in 2022.<sup>12</sup>

#### Ohioans who live in rural or Appalachian areas

Heart disease death rates among working-age Ohioans were highest in rural and Appalachian counties in 2021-2022.<sup>13</sup>

#### Age-adjusted rate of heart disease deaths

per 100,000 population, for Ohioans ages 15-64, 2021-2022\*



Heart disease death rates vary greatly by county, with the highest rates found in Appalachian (southern and eastern Ohio) and rural counties. Mercer County had the highest rate, at 272.5 per 100,000 population, which is 40% higher than the overall state rate (194.8).

Older Ohioans

There were 36,016 reports of abuse, neglect or exploitation of Ohioans, ages 60 and older, in state fiscal year 2022. <sup>14</sup> This is likely an undercount because many cases are not reported.

Source: Ohio Department of Health, Public Health Data Warehouse

#### Veterans

In 2020, the suicide rate for veterans in Ohio (30.9 per 100,000 veterans) was 1.8 times higher than the suicide rate for non-veteran Ohioans (17.4 per 100,000 non-veterans).<sup>15</sup>

#### Opportunities to improve data collection

Public and private entities can improve the quality and availability of publicly available data by:

- Consistently collecting disaggregated data on race/ethnicity, income, geography, disability status, sexual orientation/gender identity and other factors across data sources and years.
- Oversampling groups with smaller population sizes to ensure that they are represented in the data. This also increases the ability to measure the experiences of Ohioans who are part of more than one systematically disadvantaged group.
- Providing local data at the county, zip code and/or census tract levels, when possible.
- Providing training on how to collect demographic data to reduce non-response and missing data.

HPIO's **equity publications and resources** contain more information on data, resources and evidence-informed strategies to advance equity.

## Impact of COVID-19 on health value

# How does Ohio compare to other states on COVID-19 mortality?

Ohioans continue to die from COVID-19 at a higher rate than people in most other states, as shown below. Ohio's rank worsened considerably from 29 to 42 in this edition of the Dashboard.

# Ohio's rank 2023 Dashboard Dashboard 29 There are likely a variety of contributors to Ohio's high COVID-19 death rate. Some probable factors include higher rates of co-occurring health conditions, as

well as Ohio's relatively high poverty rate<sup>16</sup> and low

COVID-19 vaccination rate. 17

Top quartile Second quartile Third quartile Bottom quartile

Of the 50 states and D.C.

Age-adjusted number of deaths from COVID-19

Source: Centers for Disease Control and Prevention, COVID Data Tracker

# How did COVID-19 and the pandemic response affect other outcomes?

The vast majority (84%) of the metrics in the 2024 Health Value Dashboard are based on data from 2020 or later, so the effects of the COVID-19 pandemic are becoming clearer.

Some COVID-related challenges in the social and economic domain were mitigated by federal policies. However, the impacts of the unwinding of policies, such as enhanced Supplemental Nutrition Assistance Program (SNAP) benefits and continuous Medicaid enrollment beginning in early 2023, are not yet known. Due to the lag in data availability, this edition of the *Dashboard* does not reflect these changes.

New research continues to emerge about the impact of COVID-19 school closures and remote learning on educational outcomes:

- Analysis of Dashboard metrics found that the percent of Ohio fourth-graders proficient in reading dropped from 39% in 2017 to 35% in 2022. However, Ohio's rank improved to 8th, meaning other states have seen even larger decreases.
- The rate of chronic absenteeism among economically disadvantaged students in Ohio increased from 26% in the 2018-2019 school year to 39% in the 2022-2023 school year. This was 2.7 times worse than students who were not economically disadvantaged in 2022-2023.

The Dashboard domains in which Ohio's performance worsened on the largest number of metrics were population health and access to care. However, there were also a number of metrics on which Ohio's performance unexpectedly improved across the course of the COVID-19 pandemic. Examples include adult smoking, youth e-cigarette and marijuana use, child immunizations and the percentage of adults with a usual source of health care.

# Ohio's strengths and challenges compared to other states

#### Where Ohio is doing well Metrics in which Ohio ranks in the top quartile

#### Ohio rank

2	Accreditation of local health departments*
4	Routine checkup (out of 50)
8	Fourth-grade reading (out of 51)
10	Youth marijuana use (out of 44)

#### Ohio rank

11	Received mental health treatment in past year, children (out of 51)
11	Large group insurance market competition (out of 51)
11	Voter registration (out of 51)
12	Medication for Opioid Use Disorder (out of 51)

<sup>\*</sup>Ohio is the only state that requires accreditation of local health departments

#### Where Ohio can improve Metrics in which Ohio ranks in the bottom quartile

#### Ohio rank

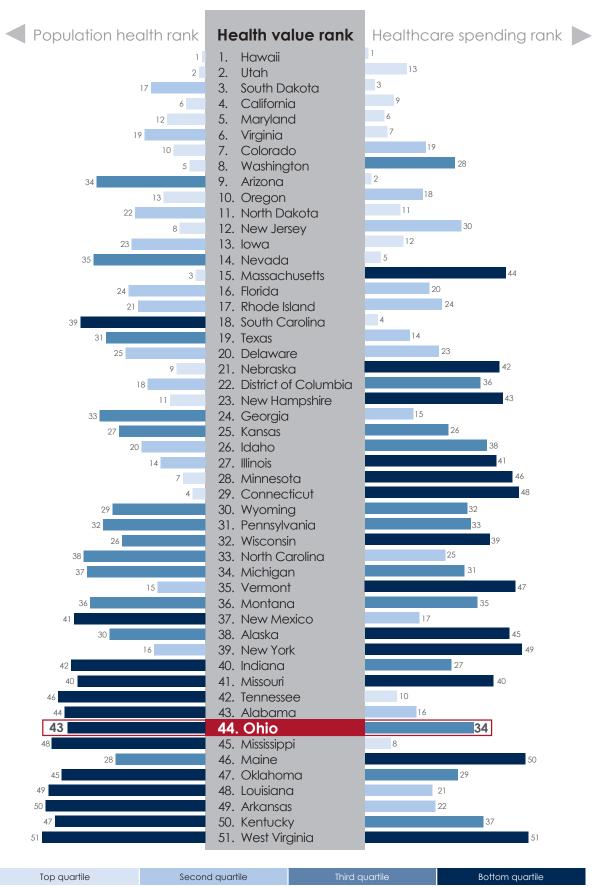
#### Contributing factors •••••• Value factors

#### Ohio rank

Physical environment		
48	Toxic pollutants (Risk-Screening Environmental Indicators score) (out of 51)	
47	Child in a household with a person who smokes (out of 51)	
41	Outdoor air pollution (out of 51)	
40	Food insecurity (out of 51)	
Access	s to care	
50	Preventive dental care, children (out of 51)	
Health	care system	
45	Potentially avoidable emergency department visits for employer-insured enrollees (out of 49)	
44	Primary care physicians (out of 51)	
43	Colon and rectal cancer early-stage diagnosis (out of 51)	
39	Heart failure admissions for Medicare beneficiaries (out of 51)	
Public	health and prevention	
51	Health security surveillance (out of 51)	
48	State public health workforce (out of 51)	
44	Emergency preparedness funding, per capita (out of 51)	
43	Seat belt use (out of 51)	
41	Environmental and occupational health (out of 51)	
Social	and economic environment	
39	Child poverty (out of 51)	
39	Adult poverty (out of 51)	
39	Incarceration (out of 50)	

Onlorank	
Population health	
47	Drug overdose deaths (out of 51)
47	Limited activity due to health problems (out of 51)
46	Adult smoking (out of 51)
42	COVID-19 mortality (out of 51)
42	Infant mortality (out of 49)
41	Adult depression (out of 51)
41	Heart disease mortality (out of 51)
41	Adult diabetes (out of 51)
39	Poor oral health (out of 51)
39	Premature death (out of 51)
38	Life expectancy (out of 50)
33	Youth e-cigarette use (out of 43)
Healthcare spending	
42	Total Medicare spending, per beneficiary (out of 51)
39	Hospital adjusted expenses per inpatient day (out of 51)
38	Employer-sponsored health insurance outpatient spending, per enrollee (out of 50)

# Where other states rank



## 12 policies that drive improvement



#### Where does Ohio rank, and what can we do about it?

Ohio ranks 44th on health value (a combination of population health and healthcare spending metrics) out of 50 states and D.C. This means that Ohioans live less healthy lives and spend more on health care than people in most other states. Below are four policy priorities to improve health value, based on 2024 *Dashboard* findings.

# Mental well-being

- Improve access to **telemental health services** and reduce existing barriers for patients, such as gaps in insurance coverage and lack of broadband availability.
- Fund programs with evidence of mental health benefits, such as mental health first aid, cross-age youth peer mentoring and trauma-informed schools.
- Improve the behavioral health crisis system, including the **988 lifeline** and mobile crisis response, ensuring that these services are adequately funded and available across the state.

## Tobacco and cannabis prevention

- Establish state-level tobacco retailer licensing and fund robust public health enforcement of "Tobacco 21" age restrictions.
- Implement marketing restrictions on tobacco and cannabis products and prohibit product types that are attractive to children and adolescents (including flavors and products that look like candy).
- Ensure that Ohio's new cannabis regulatory framework **balances important policy goals** such as protecting youth health and promoting equity.

# Healthcare affordability

- Establish a healthcare cost study commission to examine the key contributors to high healthcare spending, as well as ways to lower costs for consumers and employers, such as those created in **Indiana** and **other states**.
- Ensure timely access to primary care, mental health, substance use disorder and dental services by strengthening provider network accuracy and adequacy and increasing provider workforce capacity.
- Monitor the results of the new federal All-Payer Health Equity Approaches and Development
   (AHEAD) model, through which the federal government will collaborate with selected states to
   improve health, advance health equity and reduce healthcare cost growth.

# Creating opportunities to thrive

- Increase the presence and accessibility of green spaces and parks that provide environmental
  and health benefits to communities, prioritizing areas that have historically lacked access to green
  spaces.
- Increase food access for Ohioans most at-risk of food insecurity through initiatives such as the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) and Senior Farmers' Market Nutrition Programs.
- Use **health equity impact assessments** to identify the potential health impacts of proposed policies, programs and services on systematically disadvantaged groups.

# Notes

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# Acknowledgments

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#### **HPIO** Dashboard advisory groups

The Health Value Dashboard Advisory Group (Dashboard AG) members contributed expertise to metric revisions, the selection of policy priorities and the layout and design of the *Dashboard*. A complete list of members is posted on the **Dashboard AG web page**.

HPIO's Equity Advisory Group (EAG) members informed development of the equity profiles. A complete list of EAG members is posted on the **EAG web page**.

# Support for the Dashboard

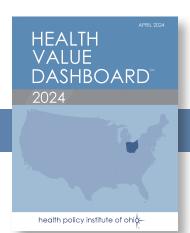
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