

OAHPERD Model Curriculum Principles, Guidelines, & Terms

Principles & Guidelines

Curriculum Organization

- Standards aligned with the National Health Education Standards (NHES)
- Benchmarks aligned with the knowledge and skill expectations from the Health Education Curriculum Analysis Tool (HECAT).
- Skills-focused versus content or topic focus.
 - Address skills across grade levels and grade bands
 - Facilitate mastery of skills by providing multiple opportunities for students to practice skills in a variety of topics and across multiple grades.
- Time – considered current allocated time for health education and best practice when creating indicators.
 - Expectation is for schools to meet standards and benchmarks
 - Address indicators based on available resources.
- Outcomes provided for each grade K-8 and High School 1 and High School 2
 - High School 1 required course for graduation
 - Aligned more with developmental expectations for Grades 9-10
 - High School 2 could be useful for additional local health education requirements, elective course, or to support other school-based programs/activities.
 - Aligned with developmental expectations for Grades 11-12.
- Topics within Content Frameworks and Indicators are designed to address the ORC requirements as well as current areas of need (e.g. Mental Health).

Topics

- Topics identified in the indicators and content frameworks reflect those present in the HECAT.
- Venereal Disease
 - Reference the term from ORC but use the term sexually transmitted disease.
- Sexual Health

- Can be found in the topic areas of Human Growth & Development (HGD), Personal Health & Wellness (PHW), Violence Prevention (VP), and Healthy Relationships (HR).
- Physical Activity
 - Prioritized in physical education
 - Topic is not addressed as a separate topic but addressed within healthy eating.
- ATOD – Combine tobacco within alcohol and other drugs.
 - Added indicators to reflect new areas such as vaping, synthetic drugs.
 - Includes opioids
- Human Trafficking – found in “Violence Prevention.”
- Anatomical Gifts - found in “Safety” in high school.

Miscellaneous Items

- Importance of ODE reinforcing expectations for health education
 - Prescribed curriculum
 - Graduation Requirements
 - Middle School for High School Credit
 - Online Health Education
 - Credit Flexibility
 - College Credit +

Key Terms

- *Standard* – Overall goal for the K-12 curriculum.
- *Benchmark* – a learning outcome achieved by the end of the grade band.
 - Grade bands = K-2, 3-5, 6-8, 9-12
- *Indicator* – grade level outcome
 - Associated with specific content or topic
- *Content Framework* - Detailed explanation of the knowledge and skills represented in the learning standards.
- *Nomenclature*
 - 3.1.3ATOD1
= Grade 3.Standard 1.Benchmark 3.Alcohol Tobacco Other Drugs Indicator 1.