

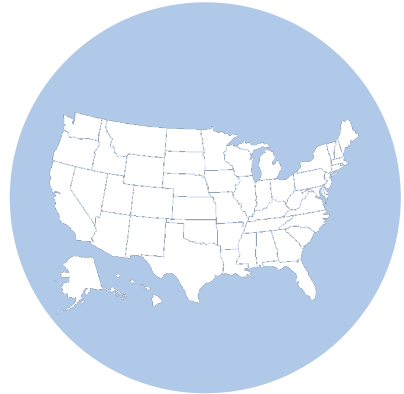


August 26 • Lewis Center, Ohio



2026 HEALTH VALUE DASHBOARD™

Informed policy decisions



Data in
context



Concise key
findings

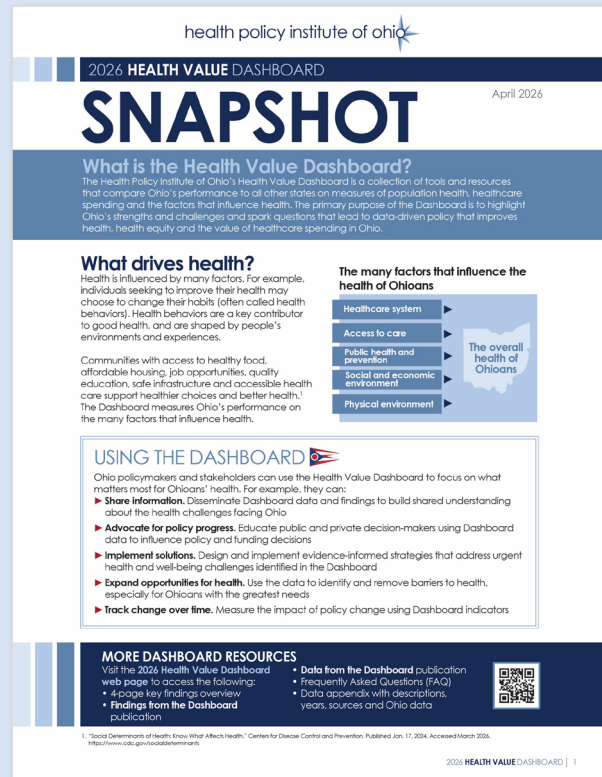


Highlight
what works



Spark
questions

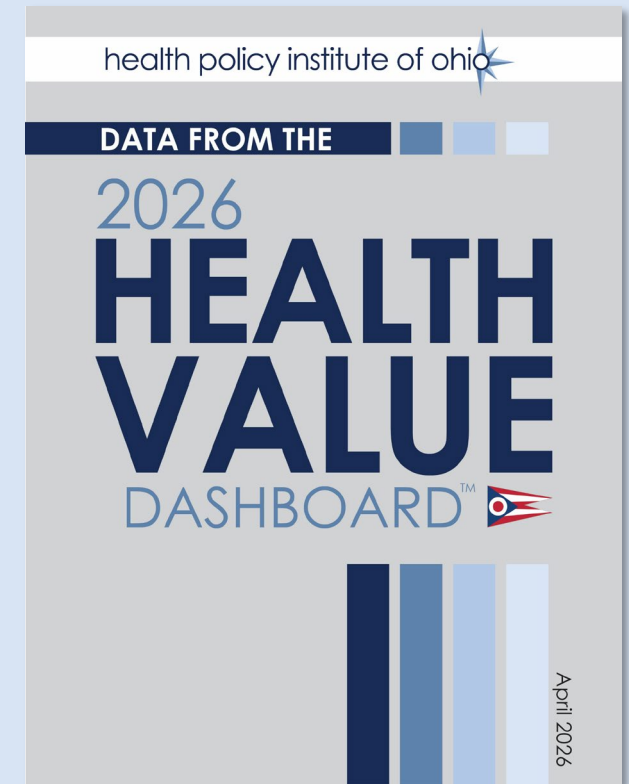
2026 HEALTH VALUE DASHBOARD



Snapshot



Findings book



Data book

The many factors that influence the health of Ohioans

Healthcare system

Access to care

Public health and prevention

Social and economic environment

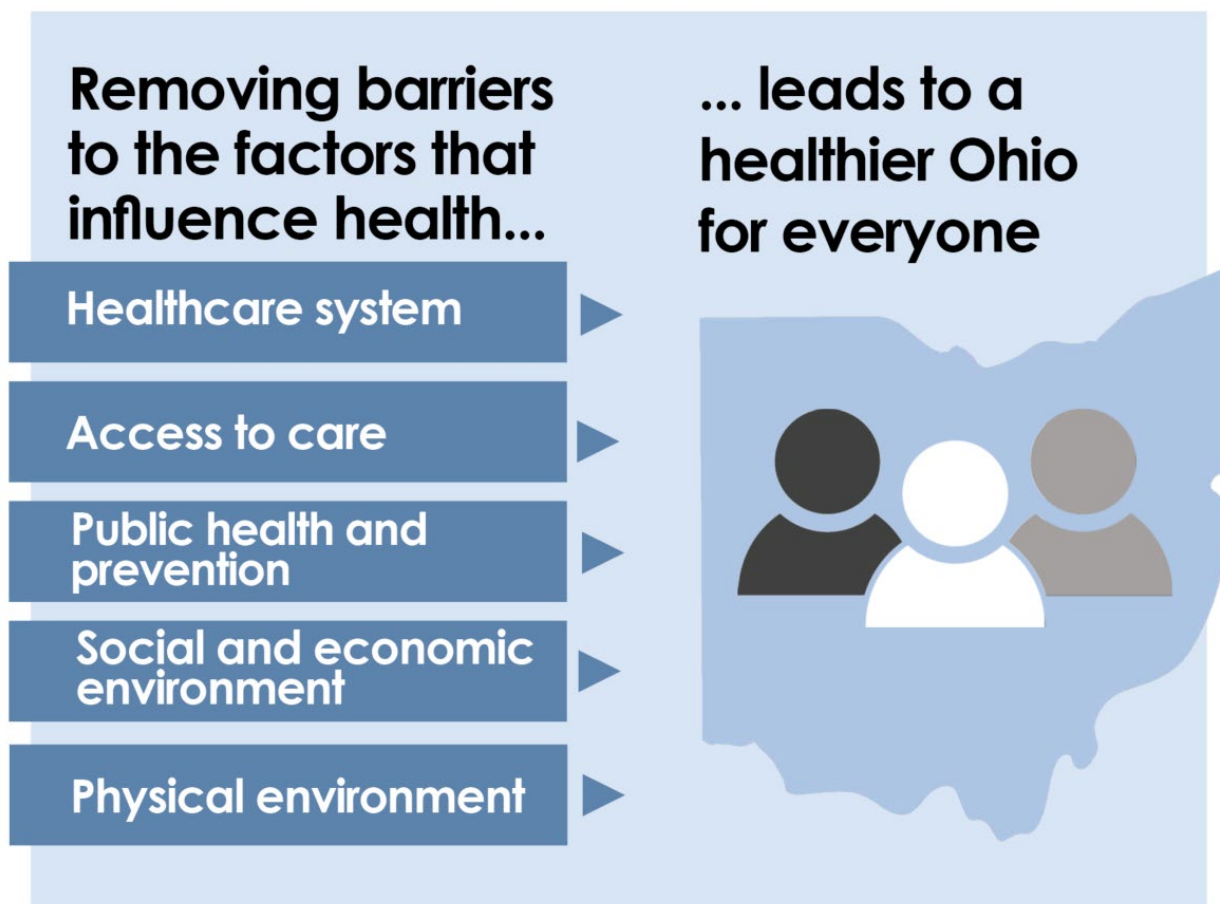
Physical environment

The overall health of Ohioans



Well-resourced neighborhoods and robust healthcare and public health infrastructure support healthy behaviors

Focusing attention on Ohioans with the greatest needs



Ohio's health value rank



Top quartile

Second quartile

Third quartile

Bottom quartile

Of the 50 states and D.C.

FINDINGS FROM THE

2026

HEALTH VALUE

DASHBOARD™ 

KEY FINDING

**Mental health
outcomes are trending
in the wrong direction**

KEY FINDING: MENTAL HEALTH

Ohio performs worse than most other states on metrics related to mental health

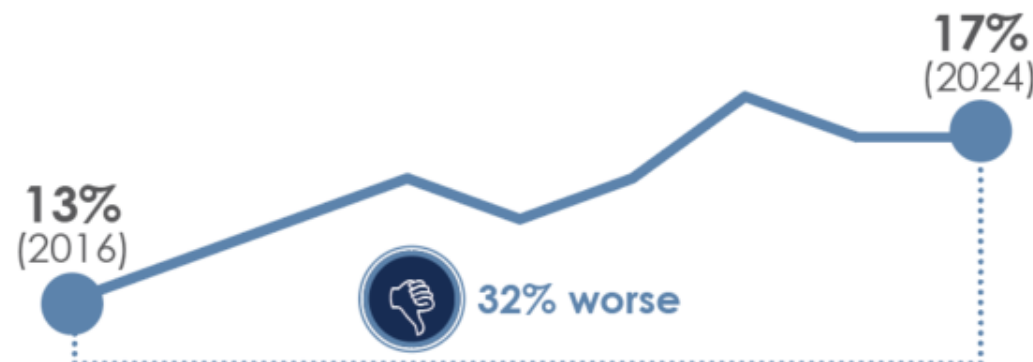
Current
Ohio rank
45

Depression. Percent of adults, ages 18 and older, who have ever been told by a health professional that they have depression (2015-2024)



Current
Ohio rank
38

Frequent mental distress. Percent of adults, ages 18 and older, who report 14 or more days of poor mental health in a month (2016-2024)



Source: Health Policy Institute of Ohio, 2026 Health Value Dashboard, April 2026.

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KEY FINDING: MENTAL HEALTH



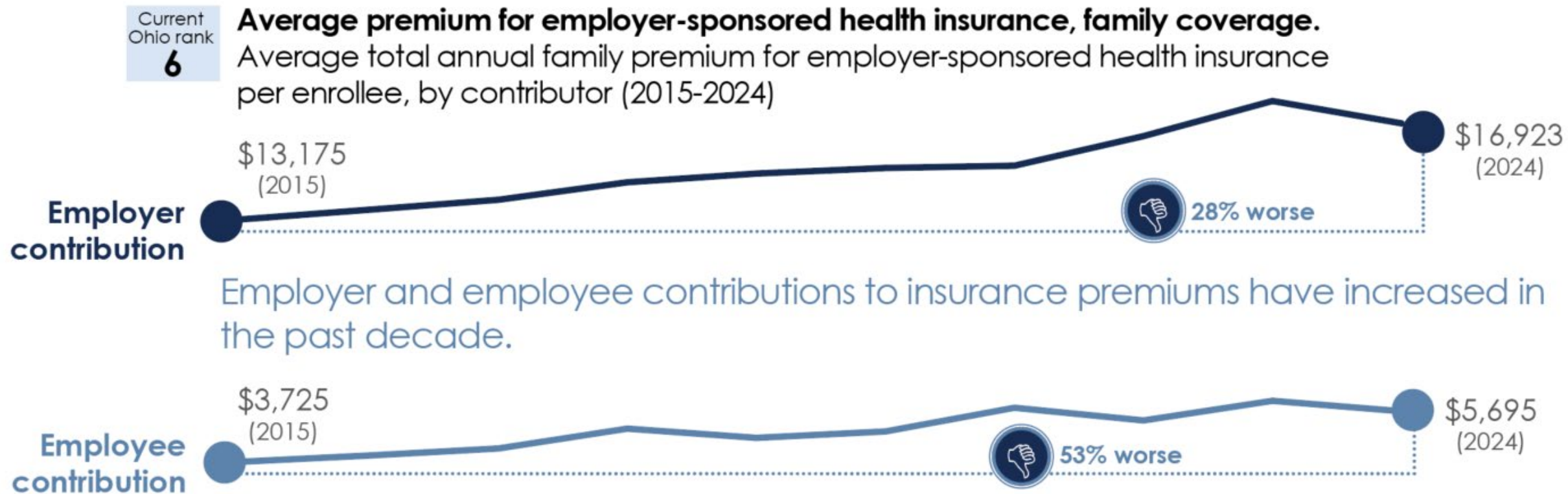
Source: Health Policy Institute of Ohio. 2026 Health Value Dashboard. April 2026.

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KEY FINDING

**Rising healthcare costs
strain Ohioans, employers
and the healthcare system**

KEY FINDING: HEALTHCARE COSTS

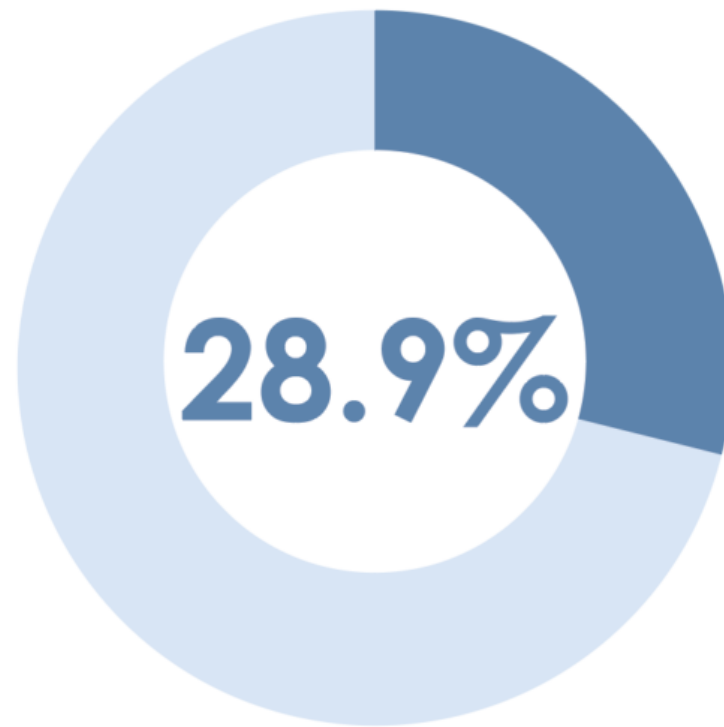


Source: Health Policy Institute of Ohio, 2026 Health Value Dashboard, April 2026.

KEY FINDING: HEALTHCARE COSTS

Ohioans reporting difficulty paying for usual household expenses

More than 1 in 4 Ohioans had trouble paying expenses in 2023



Source: Health Policy Institute of Ohio. 2026 Health Value Dashboard. April 2026. Data from Ohio Medicaid Assessment Survey, 2023

KEY FINDING

Policy action is leading to improvement in child well-being, but challenges remain

KEY FINDING: Child well-being

Current
Ohio rank

25

Adverse childhood experiences. Percent of children, ages 0-17, who have experienced two or more adverse experiences (2016-2023)



34%
improvement
2016 to 2023

Current
Ohio rank

28

High school graduation. Percent of incoming ninth graders who graduate in four years from a public high school with a regular degree (2011-2012 to 2021-2022 school years)



6%
improvement
2011-2012 to
2021-2022

Current
Ohio rank

27

Disconnected youth. Percent of youth, ages 16-24, who are not working or in school (2013-2023)



13%
improvement
2013 to 2023

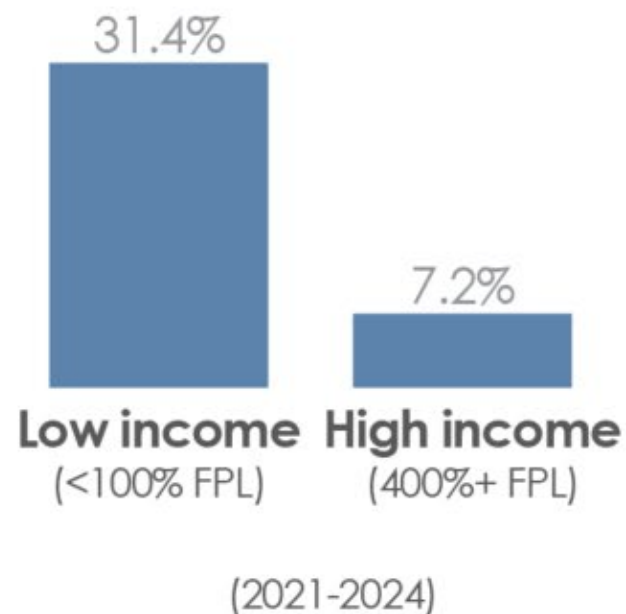
Source: Health Policy Institute of Ohio, 2026 Health Value Dashboard, April 2026.

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KEY FINDING: Child well-being

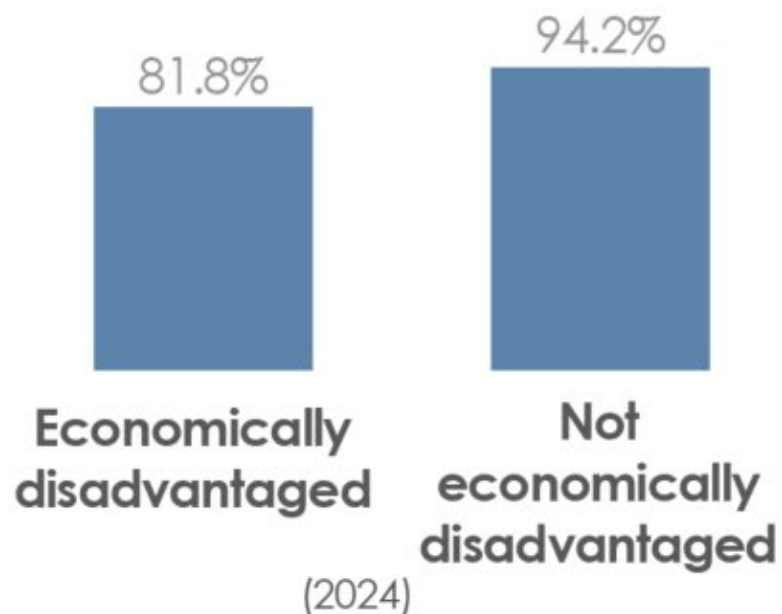
Adverse childhood experiences.

Percent of children, ages 0-17, who have experienced two or more adverse experiences, by income



High school graduation.

Percent of incoming ninth graders who graduate in four years from a public high school with a regular degree, by income



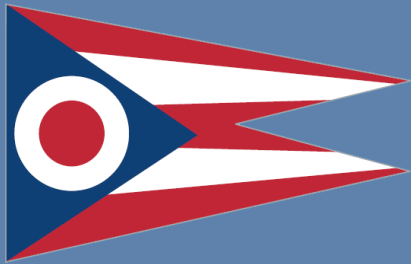
Disconnected youth.

Percent of youth, ages 16-24, who are not working or in school, by income

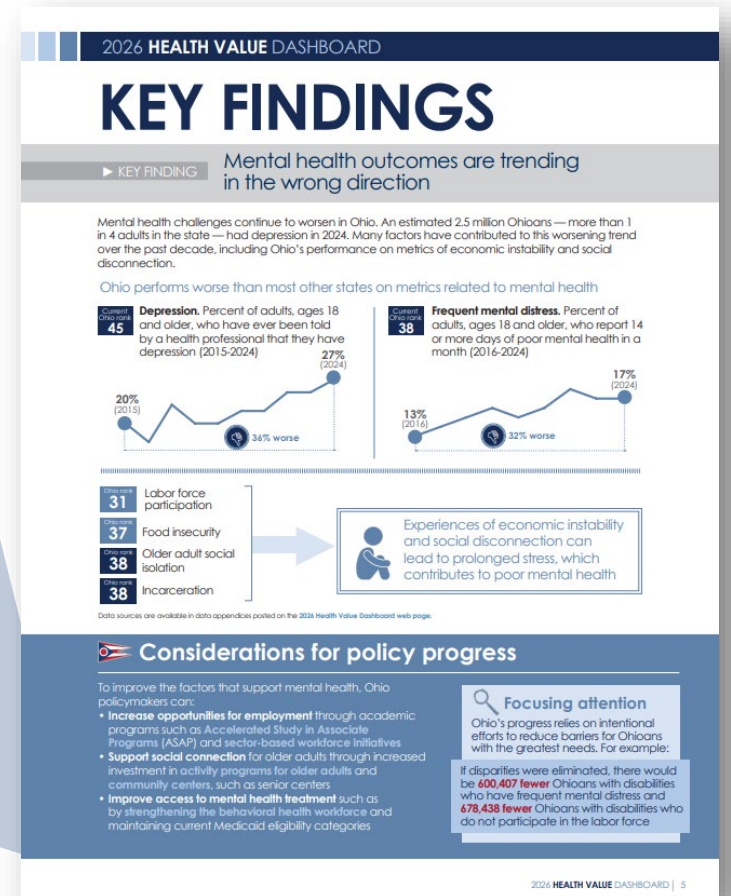


Source: Health Policy Institute of Ohio, 2026 Health Value Dashboard, April 2026.

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Considerations for policy progress



USING THE DASHBOARD

Ohio policymakers and stakeholders can use the Health Value Dashboard to focus on what matters most for Ohioans' health. For example, they can:

- ▶ **Share information.** Disseminate Dashboard data and findings to build shared understanding about the health challenges facing Ohio
- ▶ **Advocate for policy progress.** Educate public and private decision-makers using Dashboard data to influence policy and funding decisions
- ▶ **Implement solutions.** Design and implement evidence-informed strategies that address urgent health and well-being challenges identified in the Dashboard
- ▶ **Expand opportunities for health.** Use the data to identify and remove barriers to health, especially for Ohioans with the greatest needs
- ▶ **Track change over time.** Measure the impact of policy change using Dashboard indicators



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